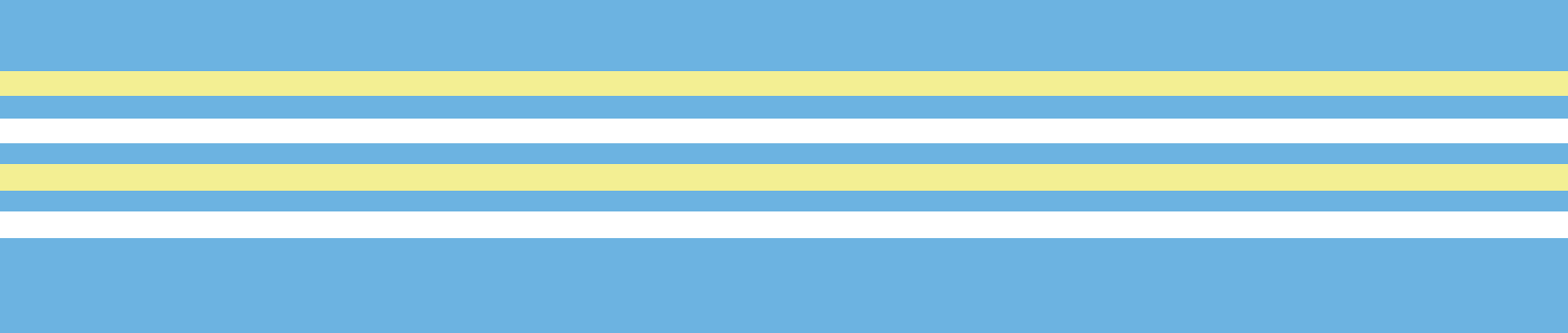




February 2026 - 1<sup>st</sup> Issue

# SEA e-NEWS



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*Cover Designed and illustrated by CP Winson Sequeira, Y's Men's Club of Macau*

## **EDITORIAL BOARD**



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**RD Tony CHAN**



**CHIEF EDITOR**  
**DG HK Cecilia LAW**



**EDITOR-RSD-PR**  
**Sandy KWOK**



**EDITOR-CP**  
**Winson Sequeira**  
**Y's Men's Club of Macau**



**EDITOR-I PCP**  
**Anton POON**  
**Y's Men's Club of Peninsula**



## ***Message from Chief Editor***

Greetings and Happy New Year!

As we welcome 2026, I hope this year brings you new happiness, renewed goals, and a wealth of opportunities. In this edition of SEAE NEWS, we reflect on our shared experiences and the meaningful connections we've forged over the past year. Each moment spent together, whether in workshops, or community activities, has reinforced our commitment to making a difference.

Our collective efforts in social service remind us that every small act can contribute to a much larger impact, uplifting those in need and enriching our own lives. It is essential to remember that our individual actions, no matter how small, can spark positive change within our communities. Let's embrace the power of collective action, recognizing that when we unite our efforts, we amplify our voices and reach.

This year, let us carry forward the spirit of compassion and collaboration. I encourage each of you to find meaningful ways to engage with your communities, whether through volunteering, mentorship, or simply spreading kindness in your daily interactions. By inspiring others to join us in our journey of service, we cultivate a culture of empathy and generosity.

Together, we can create a brighter future filled with hope and possibility. Here's to a year filled with positivity, purpose, and meaningful connections that deepen our bonds and propel us forward in our mission!



Wishing you all an inspiring and fulfilling year ahead!  
Ysly,

***DG Hong Kong District Cecilia LAW***





## ***Message from Regional Director, Southeast Asia Region***

Dear Fellow Y's Men of Southeast Asia,  
Happy New Year 2026! May this new year bring you and your loved ones abundant blessings, good health, joy, and renewed energy for service.

It has been quite a while since we last gathered in person at the memorable Southeast Asia Regional Conference hosted so wonderfully by IPRD Helena and her dedicated team from the Ipoh Club of Malaysia. That event remains a cherished highlight, filled with fellowship, inspiration, and meaningful connections.

I am excited to remind you that the 92nd SEA Regional Conference is fast approaching in May 2026, and we look forward to welcoming you all in Hong Kong! Please mark your calendars and prepare to join us for this uplifting regional gathering.

In Hong Kong, we will enjoy delicious local cuisine, explore fascinating sights, and participate in special activities organized in partnership with the Chinese YMCA. These include a heartwarming paper airplane folding competition for the elderly and a thoughtful symposium to discuss youth development initiatives around the world.

Our conference theme this year is "Leap of Faith," with the slogan "One Heart, One Service." We will also introduce the new theme from RDE Supaluck for the upcoming term: "Dare to Dream," accompanied by the inspiring slogan "Strive to Serve."

This year, we successfully organized two valuable training sessions: one for Regional Service Directors to clarify their roles and responsibilities, and another to equip members with practical skills in using AI to enhance the efficiency and impact of our community service projects.

Within my term, I am committed to organizing a dedicated SEA Regional Forum for our young members, providing a platform for them to share ideas on how Y's Men International can better support them in achieving their dreams of service.

Last but not least, my deepest gratitude goes to all our senior and junior Y's leaders for your unwavering guidance, wisdom, and dedication. Together, you help us navigate challenging paths and make the world a better place for tomorrow.

Looking forward to seeing many of you in Hong Kong!

In service and fellowship,

***Tony Chan  
Regional Director, Southeast Asia Region  
Y's Men International***



## ***Messages from Editors***



***EDITOR-RSD-PR***  
***Sandy KWOK***

This is an exciting year for us in Hong Kong District as we are hosting the Regional Conference in Hong Kong since our RD Tony Chan is based in Hong Kong. There has been some preparation organised by our DG Cecilia Law. In middle of January, there was a talk on Tea Culture. There were two doctors presented in the event who taught us the making of Chinese tea, and how to drink tea with attitude and passion. The audience learned a great deal about tea. With this knowledge, we hope that we will be able to show our long history Chinese culture to our guests during RC.



***EDITOR-CP***  
***Winson Sequeira***  
***Y's Men's Club of Macau***

Wishing everyone a Happy New Year filled with health, happiness, and prosperity! At this hopeful moment, as the editor of the Y's Men's Club International annual publication, I want to express my heartfelt gratitude. It has been a true honor to be part of this publication's creation and editing process, witnessing the fruits of our collective efforts. Here, I hold onto the belief that our mission and values will continue to guide us forward. Each article and every picture is a true reflection of our group's spirit. Through such exchanges, our stories can be passed down and shared, inspiring more people to become positive members of society. Looking ahead, I hope to continue contributing my efforts to the Y's Men's Club on this platform. Let us join hands and push forward the development of our society, creating more opportunities and hopes for our community.

Thank you for your support and encouragement, I look forward to a brighter tomorrow for all of us!



***EDITOR-PCP***  
***Anton POON***  
***Y's Men's Club of Peninsula***

One of the key strengths of the Y's Men is our ability to unite a diverse group of individuals, harnessing their collective strength and compassion. As we look ahead to 2026, it promises to be an exciting year, especially with various community engagements and regional conferences scheduled to take place in Hong Kong in May.

Together, with our unique strengths and shared energy, we can achieve dreams and goals that far surpass what any one individual could accomplish alone. This collaborative effort is one of the most rewarding aspects of being part of the Y's men social services community.

# Youth Involvement



A few young delegates from Bangkok Metropolitan Club participated in the Youth Convocation in Kumamoto, Japan at ASO YMCA Village from July 30 to Aug 3, 2025



As a global service organization and an auxiliary to the Y's Men movement, it must involve youth development and activities so that we can develop new leaders in future, for continuity and ongoing vital sources for membership, in particular we are facing aging problem which results in lack of succession.

Y's Youth Club play an important role in service to YMI and the local and world community. They are intended to facilitate the transition of young people to Y's Men's Clubs. It is open to young people aged between 15 to 30 years of age. Members of youth club do not necessary to pay any dues.

Currently, there are 5 youth clubs in Nepal District, Southeast Asia Region, namely Y's Youth Club of Lumbini, Y's Youth Club of Kawasoti, Y's Youth Club of Ramgram & Y's Youth Club of Shantinikunja with over 100 young members.

In recent years, we were happy to see there were youth engagement. Like in Hong Kong, though there are no Y's youth club but a few adult clubs do have young members who are under 30 years old. In Y's Men's Club of Bangkok Metropolitan, more than half are students and young members with Christianity.

Constant membership growth is the lifeblood of YMI, it can make the association better in service and club development. As such, both the International and the Asia Pacific Area organizes Youth Convocation every year alternatively. Every year, Southeast Asia Region had good attendance and those delegates could gain a lot of exposures and fellowship

To make the youth in Asia Pacific Area more active, effectively & easily involve in Y's Men's Clubs and their service, the Area will review the resources, formulate a more concrete youth policy, build up youth empowerment and offer a great support to youth. What the youth think, what the youth want and what the youth would like to do. We are most welcome any youth members to give a voice to us. I could be reached by e-mail: [joanwonggy@gmail.com](mailto:joanwonggy@gmail.com).

**IPAP Joan Wong**  
**Chairman**  
**Area Youth Development Committee**

## ***Broaden Horizon by Serving as Youth Representative***



**Picture in Dubai International Convocation 2024**



Serving as a club & district & regional youth representative offers a unique opportunity for growth and contribution. I actively participate in both club and district meetings, gaining deeper insights into organizing volunteer activities and learning essential event management skills. This role also provides me a chance to connect with experienced leaders, fostering mentorship and personal development.

Beyond local engagement, I can also attend international youth conventions, where we explore diverse operational models and cultural perspectives with other representatives. These experiences encourage knowledge exchange and collaboration, broadening my horizons and strengthening leadership capabilities. Ultimately, the position is not only about representing my peers but also about learning, sharing, and growing within a global community.

Finally, thank you to my club, district and region to give me these treasurable opportunities.

***Pinky Ho***  
***RSD-YR***

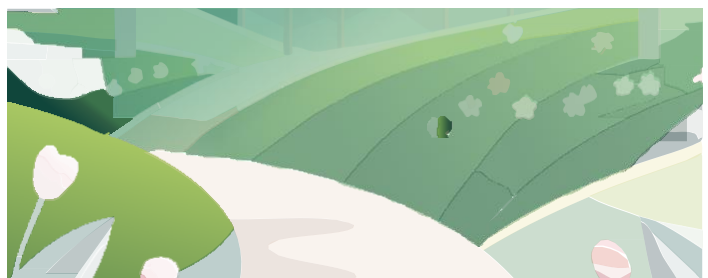
# HONG KONG COMMUNITY SERVICES

Y's Men International Hong Kong District Visits the Elderly in Tai O, Celebrating the Mid-Autumn Festival Together

On September 28, 2025, the Y's Men International Hong Kong District held a warm, fun, and caring event in Tai O Village which is in an outlying island and further away from Hong Kong International Airport visiting over 60 elderly residents. On that day, we celebrated the Mid-Autumn Festival together with the elderly filling the entire fishing village of Tai O with joyful atmosphere.

We prepared a lot of activities including nostalgic games, Cantonese opera singing, cozy afternoon tea, and distribution of gifts. Our club members mingled with the elderly with laughters and love and care. One elderly resident said, "It hasn't been this lively for a long time, I'm so happy and grateful!"

After the community service, the members held a fellowship gathering, which included a lavish dinner and a tour of the famous Tai O Lantern Festival. Under the dazzling sea of lanterns, it brought a perfect end to the meaningful event. This event not only brought warmth and joy to the elderly in Tai O but also allowed the members to deeply experience the joy and satisfaction of doing service.



## A Sports Day

It was a lovely autumn sunny day on October 25, 4 Y's Men clubs – Bauhinia, New Territories West, Tsuen Wan Metro and New Territories North cohosted a Sports Day event with 3 shelter hostels of YMCA at the YMCA Wu Kai Sha Youth Village.

This is the second time we sponsor this event after Covid as last year it was a good success. This year we have more clubs and club members taking part in the games with friends from shelter hostels. Love has no boundaries. When we spread our love, we receive the same from the counterpart. All club members enjoyed the day with laughter and care, and we received souvenir gifts made by the friends of the sheltered homes. Other than games with the hostels members, we also took the chance to walk around the Youth Village at lunch break and enjoyed the beautiful weather of Autumn.



# **2025-2026 Social Service Matching Fund Scheme by Hong Kong District**

Aim: To encourage and support clubs in conducting social services. The total expenditure for the social service of each club (once a year) will be matched up to half of the cost or a maximum of HKD 3,000.

Three clubs (Bauhinia, New Territories and East Kowloon) have applied 2025-2026 Social Service Matching Fund Scheme and conducted their social services successfully.

## **Bauhinia Club**

### **Elderly Service at Dongguan**

On 4th July, 2025, Y's Men's Club of Bauhinia held an elderly service at Dongguan. The event was attended by IPDG Henry Ngai, PDG Selina Chan, RD Tony Chan, Alan Siu, Stella Lam, Y's Men's Club of Island South VP Me Ip, and Social Service Director Timothy Lo, along with our CP Sophia Fong, PP Pauline Chow JP, PP Kathy Leung, PP Edith Law, and four flute volunteer performers.

The service featured flute performances of "The Moon Represents My Heart" and a chorus with flute accompaniment of "Love is Everywhere". Over one hundred blessing bags were distributed to the elderly residents.



This is an over ten years long term social service project. We are lucky that because of this service, Bauhinia Club was the first Club got the Hong Kong District 2025-26 Social Service Matching Fund Scheme.

## New Territories

The "Winter Solstice Christmas Gathering" was a great success, with IPDG Henry NGAI offering guidance and joining New Territories Club members to celebrate with 45 elderly residents. The lively event featured six banquet tables, festive games, gifts, health balls sponsored by the DG Cecilia LAW, and Chinese opera singing performed by Pastor Au. All participants, residents of Tin Ping C & A Home for the Elderly who rarely dine out, cherished the chance to celebrate during the festival. This service also got the Hong Kong District 2025-26 Social Service Matching Fund Scheme. Survey results showed 100% felt cared for and blessed, while over 95% enjoyed the activities, confirming the event's remarkable success.



Mr Jeff Chan of the New Territories Club delivers the welcome speech at the beginning of the event.



IPDG Henry NGAI, along with club members and pastors, handed out gifts in abundance, leaving the elderly delighted and laden with presents.

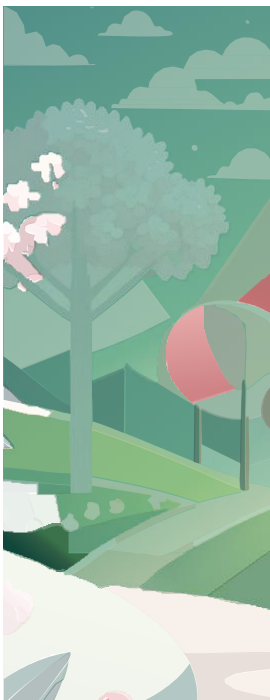
## East Kowloon

The "Knee Joint Pain Management Programme" was initiated and hosted by the Y's Men's Club of East Kowloon, with support from the Y's Men International Hong Kong District Social Service Matching Fund Scheme. This cross-sector collaboration brought together business, medical, social service, health, and education partners to deliver health talks, specialist consultations, physiotherapy, and community activities. Over 300 senior citizens aged 60+ benefited from the initiative, which promoted active ageing and community inclusion.



## Malaysia

**On 14/9/2025** the Silver State Ipoh Club, Malaysia participated in the Family Day Food Fair organised by the Home for the Aged (CWS) Simee Care Centre to help in raising funds for the Kg Simee Old Folks Home Ipoh. Many members turned up to manage the stall and helped to sell a variety of food which were contributed by our Club and friends. With the good teamwork, we managed to sell off all the food and raised about RM2000 for the Old Folks Home.



tony con pix 2025

**On 19/10/25** the Silver State Ipoh Club, Malaysia visited Pusat Jagaan Jed at 11.30am which was situated at No 9 Leboh Ceylon, Greentown, 30450 Ipoh, Perak.

We provided a buffet lunch for 40 mentally challenged residents and helpers of the home. They were very happy with the delicious food and fellowship. Members also contributed some old and new clothes to the residents.



**On 2/11/2025** the Silver State Ipoh Club, Malaysia participated in the Semangat Maju Food Fair. Many members came to help at the food stall at Semangat Maju. It was a successful venture and we raised RM1618 in 2 hours for the mentally and physically disabled children at Semangat Maju.



## ***From Beta Chapter***



### ***Outreach of Foreign Youths and Families (Mainly from Mainland China)***

The outreach to youth and families from St Francis Methodist School (SFMS) is a response to a felt need. SFMS is an international school offering education from primary level to Junior College. A large number of students and families are from Mainland China. Quite a number of such students are here with their mothers only (Peidu Mama). There have been some discipline problems and it was felt that the youth need father figures as a positive influence.

Many of these families do not have connection with locals and only live in their own silos. Many Chinese moms feel very lonely and discouraged and ended up leaving their children with guardians and returning to China. This further aggravates loneliness, separation anxiety, stress and, in general, adversely affected parent-child and family relationships.

In consultation with the Christian ministry staff of the SFMS, our efforts to befriend the youth and their families - extending warm welcome, providing a local community and support to these foreign youths and families were greatly welcomed and appreciated.



We started with a Welcome Tea in June 2025 and have since assigned 10 families to a few local families. The local families meet with their adopted families as often as they can. Big group gatherings (all adopted and local families) are organized on a quarterly basis. Between June and early Nov 2025, there have been 3 big gatherings. The response has been highly encouraging. We have seen many active engagements and meaningful conversations.

***For the rest of Nov and Dec, all the families return to Mainland China for school holidays.***

The next Welcome Tea to befriend more families will be held in Jan 2026.

## ***Bangkok Club***



### ***Bangkok Club Hosts Inspiring Fundraising Piano Recital***

The Bangkok Club is proud to share the success of our special fundraising project, graciously initiated and organized under the leadership of our Club President, Dr. Mongkol Chayasirisobhon. **On 26 October 2025**, the Siam Ratchada Auditorium was transformed into a vibrant center of artistic brilliance and heartfelt generosity for our event, “An Evening of Great Piano Recital.”

The evening featured extraordinary performances by two distinguished pianists—Ms. Sondra Tammam and Mr. Chayapon Chanporn, whose musical artistry captivated everyone in attendance. Their dedication to the craft elevated the atmosphere, filling the auditorium with inspiration and unity.

We were also honored by the presence of our esteemed club member and SMIT District Governor, Dr. Steve Boaz Kok, whose support reflects the strong spirit of fellowship within our community.

This meaningful event not only celebrated musical excellence but also strengthened our shared commitment to service, compassion, and making a positive impact. The Bangkok Club extends heartfelt appreciation to all performers, supporters, and members who helped make the evening both memorable and impactful.



# Cover Design Concept

Three white horses as the main characters. The number three, in Chinese culture, signifies the concepts of "one gives birth to two, two gives birth to three, and three gives birth to all things," representing the flourishing of the International Youth Federation. Additionally:

1. Freedom and Openness: The white horses stroll effortlessly through the forest, symbolizing a carefree attitude towards life, encouraging people to pursue their dreams.

2. Hope and Renewal: The vibrant colors of the spring forest symbolize vitality and energy, and the arrival of the white horses heralds new beginnings and the rebirth of hope.

3. Harmony and Balance: The elegant movements of the horses combined with the natural scenery express the importance of coexisting harmoniously with nature, reminding people to cherish their surroundings.

4. Wisdom and Courage: White horses are often seen as symbols of wisdom, and their graceful strides convey the courage and wisdom to face challenges.

5. Peace and Happiness: The colorful forest enhances a joyful atmosphere, with the white horses calmly enjoying their surroundings, representing happiness and tranquility in life.



## 封面設計理念

三匹白馬作為主角。

三，在中國文化內包含一生二，二生三，三生萬物，生生不息，代表國際聯青社社務昌盛。另外：

- 1.自由與奔放：白馬在樹林中輕鬆行走，象徵著自由無拘束的生活態度，鼓勵人們追求自己的夢想。
- 2.希望與新生：春天的樹林色彩斑斕，象徵著生機與活力，白馬的到來預示著新的開始和希望的重生。
- 3.和諧與平衡：馬的優雅動作與自然美景的結合，表達了與自然和諧共處的重要性，提醒人們珍惜周圍的環境。
- 4.智慧與勇氣：白馬常被視為智慧的象徵，輕鬆地向前邁步傳達出迎接挑戰的勇氣和智慧。
- 5.祥和與快樂：色彩斑斕的樹林增添了愉悅的氛圍，白馬在其中悠然自得，代表著生活中的快樂與平靜。