



**Y'S MEN INTERNATIONAL**  
*"To acknowledge the duty that accompanies every right"*

# YM News

[www.YsMenIndiaArea.org](http://www.YsMenIndiaArea.org)

**ISSUE #06**

India Area ✦  
**DECEMBER 2025**



**Ym. MHR Adv. Babu George**  
 Area President 2025 - 2026

## Greetings from India Area.

Dear Members,

As we observe the Christian Emphasis Month, it is a meaningful time for each of us to pause and reflect on the spiritual foundation upon which our great movement stands. Y's Men International was not merely formed as an organization, but as a fellowship built on faith—rooted in the desire to support the mission of the YMCA and to live out the teachings of Christ through service. This month reminds us that beyond our programs and activities, it is our Christian commitment that gives direction, purpose, and soul to everything we undertake. In the midst of our busy schedules, demanding responsibilities, and ever-growing initiatives, may we never forget the true essence of our calling: to serve, not to be served. Christ's example teaches us that true leadership flows from humility, sacrifice,

and compassion. Let us allow these values to guide our decisions, shape our relationships, and inspire our actions. As leaders in our clubs, districts, regions, and the India Area, may we strive to lead not only with skill and dedication but also with grace, patience, and a spirit that reflects God's love.

This blessed month invites us to renew our commitment to Christian ideals—integrity, kindness, forgiveness, and selfless service. Let us strengthen our fellowship by uplifting one another, supporting our communities, and ensuring that Y'sdom continues to shine as a channel of God's grace and peace. In doing so, we honor our heritage and keep alive the spiritual heartbeat of our movement. May God bless each of you abundantly.

With warm regards,  
**Ym. MHR. Adv. Babu George**  
 Area President, India Area  
 Y's Men International

**In this newsletter  
 you can expect:**

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Leaders Messages

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IC-2026 Dubai  
 Middle East Region

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Founders Day- Y's  
 Men International.

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Exploring Malaysia

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ELMERCROWE  
 AWARD

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Regional Activities

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## Area Secretary Message

Dear Members

Warm greetings in His name.

As we observe Christian Emphasis Month, it is a wonderful opportunity to remind ourselves of the true spirit that unites us as Y's Men—our faith in Christ and our unwavering commitment to serve others in His love. This special month invites us to pause, reflect, and realign our hearts with the mission that has guided our movement since its beginning.

Christian Emphasis is not limited to a particular time of the year; it is the heartbeat of our movement and the foundation upon which Y'sdom stands. Every project we undertake, every meeting we attend, and every smile we share reflects the living presence of Christ in our midst. When we serve with sincerity and compassion, we embody the very essence of His teachings and carry forward the noble vision entrusted to us.

Let us continue to uphold the ideals of service, humility, and compassion that form the core of Y'sdom. Through our words and deeds, may we be witnesses of His grace, sources of encouragement, and instruments of His peace in our families, clubs, and communities. As we face the challenges of today's world, may our faith guide us to respond with kindness, patience, and courage.

May the spirit of Christian Emphasis inspire us all to work together in unity, faith, and fellowship, strengthening the bond that makes our movement unique and purposeful. Let us journey forward with renewed dedication, trusting that God will lead us and bless our collective efforts in His service.

In His Service,

Ym. Joseph Varghese  
Area Secretary, YMI World - India Area  
India Area Secretary

# Editorial

Greetings from the Editorial Team!

December is a truly special month, enriched with multiple important emphases that remind us of our roots, our mission, and the spirit of fellowship that binds us together.

## **Christian Emphasis Month**

December invites us to reflect deeply on the Christian values of hope, love, peace, and service. Christian Emphasis Month encourages us to strengthen our faith and renew our commitment to compassionate action. It reminds us to carry the light of Christ into our daily lives and to inspire those around us through meaningful service within our communities.

## **Founder's Day**

This month, we also commemorate Paul William Alexander, the visionary founder of Y's Men International. As we observe Founder's Day, we honor his dedication, leadership, and the enduring legacy that continues to guide and shape our movement across the globe. His principles remain a beacon of inspiration for every Y's Man and Y's Woman.

## **International Brother Clubs (IBC)**

The International Brother Clubs (IBC) program embodies the spirit of global unity and fellowship. By fostering meaningful relationships between clubs across nations, the IBC initiative strengthens our sense of international cooperation, mutual support, and cultural understanding. It reminds us that Y'sdom extends far beyond borders, connecting hearts and hands across the world.

As we approach the joyous season of Christmas and the dawn of a new year, we extend our heartfelt wishes to each of you. May your homes be filled with joy, love, and peace.

Wishing you all a Merry Christmas and a happy, blessed, and prosperous New Year.

May God bless you abundantly in the days and years ahead. 🙏❤️

Warm regards,

**Editorial Team**



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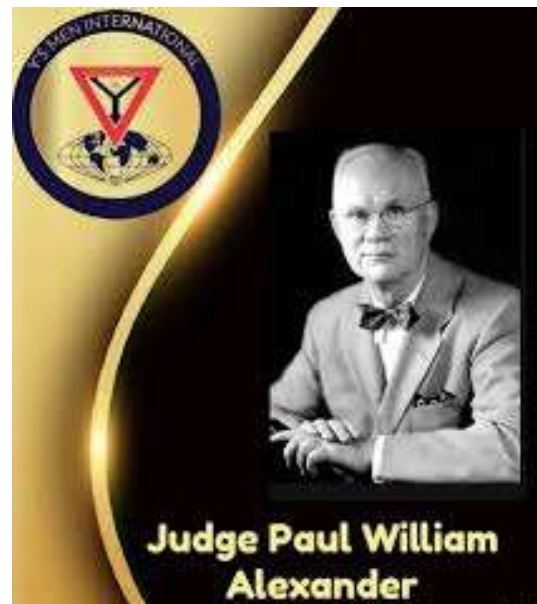
# ***Founders Day- Y's Men International.***

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Paul William Alexander was born on 8 December 1888 in Toledo, Ohio, USA.

Professionally, he served in the U.S. judicial system: he was a judge in the Juvenile and Domestic Relations Courts of Lucas County, Ohio, before retirement.

As a judge, he was considered a pioneer in juvenile justice reform — introducing mentorship, evaluation, and therapy programs for troubled youth rather than relying solely on punitive measures.



## **🔧 His Role in Establishing Y's Men International**

Around 1920, Alexander started the first Y's Men club in Toledo, Ohio, to support the local chapter of YMCA.

In 1922, at the YMCA convention in Atlantic City, the organisation formally became international: Alexander was elected the first International President of YMI.

Under his guidance the movement laid the foundation for global expansion and service-oriented volunteerism under “men of and for the Y.”

## **📖 Philosophy & Values — What He Stood For**

Alexander believed that belonging to Y's Men was not about what a person believed, but what they did. The defining mark of a Y's Man was “unselfish service” and love for fellow human beings.

His vision stressed community service, fellowship, inclusiveness (over time this expanded to include women as full members), and supporting the mission of the YMCA worldwide.

## **🌍 Legacy — What Continues After Him**

To honour him and his ideals, YMI established the Alexander Support Fund (ASF), originally started as a scholarship fund for YMCA staff/trainees. The funds support training and capacity-building for YMCA staff and initiatives globally.

Ahead of YMI's 100-year anniversary (2022), the Paul William Alexander Legacy Project — a set of activities and appeals for contributions to reaffirm commitment to his vision unified future for YMI.

**His birthday — 8 December** — is celebrated by YMI globally as Founder's Day.

**Ym.Jobi Joshua**  
Area Bulletin Editor





## 75th International Convention

Millennium Plaza Downtown Hotel  
Dubai, United Arab Emirates

# Y's Men International 2026 International Convention

10-13 September 2026

## Festival of Dreams

*To dream impossible dreams  
in the world's most futuristic city*

- 4-day, 3-night event programme
- All meals included throughout the Convention
- Venue hotel twin-share rooms (incl. breakfast) from **US\$97/night**
- Flexible excursions – choose from several local experiences

### Super Early Bird

Book between  
15/11/25 - 31/01/2026

**US\$475**

### Early Bird

Book between  
01/02/26 - 30/04/2026

**US\$500**

### Regular

Book between  
01/05/26 - 31/07/2026

**US\$600**



## Super Early Bird Registration opens 15 November 2025

Visit the website for more information  
or to register

**[www.ysmen.org/ic2026](http://www.ysmen.org/ic2026)**

# ***Strengthening Y'sdom Through Growth: A Message from the ASD***

## **Chairman's Desk: ASD – Club Supplies**

Greetings from the India Area Team

**Dear Y's Family Leaders,**

Warm greetings from the India Area!

At the outset, I extend my sincere appreciation for your dedicated efforts in chartering new clubs across the Regions. Your leadership, commitment, and teamwork continue to strengthen the foundation of Y'sdom. As we approach the end of the first half of the Y'sdom year, I encourage each of you to renew your focus on forming and nurturing new clubs in your respective Regions. The India Area Team remains fully committed to offering all necessary support and guidance to help you achieve these goals.

To assist in this mission, the **Club Supplies** Package has been thoughtfully prepared and includes:

1. **Lapel Pins – 15 nos.**
2. **Flag (featuring the combined logos of Y's Men, Y's Menettes & Y's Lings)**
3. **Collars for all sections**
4. **Y's Men Manual for all members**
5. **Gavel**

**Please Note:**

The India Area has **waived the chartering fee for this year**, making it an excellent opportunity for Regions to accelerate their club development efforts. The first set of supplies has already been dispatched, and we encourage you to make full use of this support to expand our movement.

Hearty congratulations to **WIR, NENEIR, and MER** for their outstanding performance and proactive initiatives. Your achievements set a benchmark for others and inspire the entire Y'sdom family.

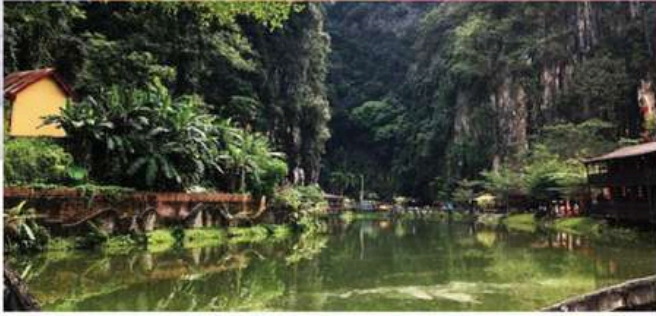
You will continue to receive the full support and cooperation of the India Area Team as we work together to strengthen, grow, and uplift our movement.

Warm regards,

**Ym. MHR Varghese Peter**  
India Area PRO & ASD  
Chairman, Club Supplies



# INTRODUCING TOURIST DESTINATION - IPOH, MALAYSIA - ASIA PACIFIC - AREA Y'S MEN'S CONTACT



Qing Xin Ling Leisure and Cultural Village is a tranquil park located in Ipoh, which allows tourists to enjoy a peace of mind leisure holiday in a nice and serene nature. Natural area combining culture & art displays with recreational activities such as hikes & biking.



As the name suggests, a famous tycoon gifted this lane to one of his concubines over a hundred years ago. While the area used to be rife with vices, today it is teeming with famous Ipoh eateries and coffee shops, cool cafes and dessert houses. It is also famous for its painted wall murals that capture the area's history.



Kek Lok Tong is for many, the favourite of Ipoh's numerous cave temples due to its spacious and airy feel and attractive lake garden. Limestone cave temple on 12 acres with Buddha sculptures & a garden with a reflexology footpath. Activities include riding boats in the river or riding bicycles.



Gunung Lang Recreational Park is a popular natural escape. It features a large lake with a boat ride to an island park surrounded by impressive limestone hills. Once a mining site, it's now a sanctuary for relaxation and eco-tourism.



There are two Y's Men's Clubs currently operating in Malaysia, Y Service Club of Silver State (2000) and Berbakti Kuala Lumpur Club (1983). Silver State Club is very active in community Service and Ipoh has been host to 2 SEA Regional Conferences. We are honoured by AP Joan Wong's visit on 8th April 2025.



Contact:  
IPRD Helena Cheah  
Silver State Y Service Club Ipoh  
aileen143angel@gmail.com

# CHRISTIAN EMPHASIS

Christian emphasis highlights the core beliefs of the faith—love, the divinity of Jesus Christ, the Holy Trinity, prayer, the Bible, and living with compassion and justice. The seven pillars of Christian faith— one body, one spirit, one hope, one Lord, one faith, one baptism, and one God—form the foundation of our spiritual life. Central to Christ’s teaching is the command to “love one another.”

## Christian Values

Christian values, rooted in the teachings of Jesus, include love, compassion, integrity, justice, humility, forgiveness, and faithfulness. Christians are called to reflect these through love, joy, peace, kindness, goodness, gentleness, and self-control. The essence of Jesus’ message is the coming of God’s kingdom, and believers are called to trust in God’s providence and live out Christ’s mission.

## Moral Lessons from Jesus Christ

Jesus taught us to love God fully and love our neighbour as ourselves, forgive others, avoid retaliation, and serve with humility and compassion. Christians believe in His suffering, death, resurrection, and promised return. His core teachings—love God, love your neighbour, repent, and believe the gospel—form the basis of Christian life.

## Characteristics of Christianity

Christianity is defined by belief in the Trinity, the divinity of Jesus, the authority of Scripture, faith, and salvation. Service to the less fortunate is central. YMI, working in fellowship with YMCA, upholds values of love, compassion, sacrifice, and selflessness, welcoming all regardless of race, creed, or background.

## Responsibilities of ASDs

ASDs must ensure all activities and communications reflect Christian values and organizational ethics. They should promote dialogue on multifaith harmony, uphold selfless service, and encourage the practice of loving others—even adversaries—reflecting Christ’s teachings.

## Activities by ASDs

ASDs have carried out impactful service initiatives: providing wheelchairs, cleaning hospitals, conducting medical camps, supplying food to inpatients, distributing school materials, supporting savings initiatives, and offering financial aid to kidney patients and older adults. Regions including MWIR, SCIR, SWIR, and WIR have led these efforts, inspiring others to join.



**Ym. Dr. Saju M. Karuthedam**  
IPRD&ISD



# ***International Brother Club: Fostering Global Fellowship and Cooperation***

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As the Chairman of the International Brother Club of Y's Men International, I'm pleased to share our mission and objectives with the global YMI community.

The International Brother Club programme is designed to promote partnership and fellowship between two or more YMI-affiliated clubs in different countries. Through regular communication and exchange, we aim to strengthen bonds and foster cooperation among our members.

Our dedicated team is committed to:

- Promoting the IBC programme and its benefits
- Assisting clubs in finding partnering clubs
- Coordinating IBC certificate issuance and signing
- Facilitating global connections and fellowship

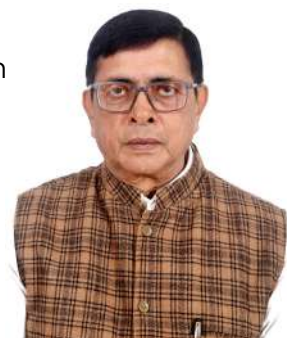
We look forward to working with clubs and members to expand our international network and deepen our friendships.

## **International Brother Club Team**

- - Ym. Roshan John Chirayath, Chairman, NENEIR
- - Ym. John M. George, CTR
- - Ym. Mathews Cheriyan, MER
- - Ym. Abey John, SCIR
- - Ym. C.R. Raghunadhan, SCIR
- - Ym. George Thomas, SCIR
- - Yw. Rajalakshmi C.R., SCIR
- - Ym. Kuriakose T.D., SCIR
- - Ym. Joy Thomas, WIR
- - Ym. Vijaykumar Pudukattil, WIR
- - Ym. Vishwanathan, WIR

Let's build bridges and foster global understanding through the In Club programme!

**Ym. Ym. Roshan John Chirayath,**  
Chairman  
International Brother Club Team





# Congratulations

## ELMER CROWE AWARD WINNERS

Central Travancore - District 01 (CTR) - Mathew M Thomas  
Central Travancore - District 02 (CTR) - Saji Kurian  
Central Travancore - District 03 (CTR) - Sunilkumar  
Central Travancore - District 04 (CTR) - John Thomas  
Central Travancore - District 05 (CTR) - Thomas Zacharia  
Central Travancore - District 06 (CTR) - Sunny V Zacharia

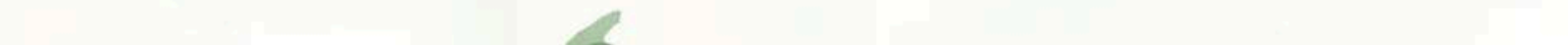
Mid West India - District 01 (MWIR) - Joseph Stanley  
Mid West India - District 02 (MWIR) - Daniel C John  
Mid West India - District 04 (MWIR) - Binoy T Baby  
Mid West India - District 07 (MWIR) - Varghese Peter  
Mid West India - District 09 (MWIR) - Benoy Paulose  
**Mid West India - District 05 (MWIR) - K K Varghese**  
Middle East - District 01 (MER) - Sherring Thekkekara  
Middle East - District 02 (MER) - Reeja Jacob

North, East & Northeast India - District 01 (NENEIR) - Sujit Pani

South India - Madras - J. Prabhu Dhanasekar  
South India - West - Prakash D Antony

South West India - District 01 (SWIR) - Gladis Padma  
South West India - District 02 (SWIR) - Bindya Kurup  
South West India - District 03 (SWIR) - M K Sheeja  
South West India - District 04 (SWIR) - Soma Kumar S  
South West India - District 07 (SWIR) - Rajeev Mampara  
South West India - District 09 (SWIR) - P Thulaseedharan Pillai

West India - District 03 (WIR) - Philip Kurian  
West India - District Thrissur - Babu Manjaly



# ***ELMER CROWE AWARD WINNERS 2024-05***



Ym.H.M Sherring Thekekkara  
MER Distric 1



Yw. HRM Reeja Jacob  
MER, District 2,



Ym Dr Saji Kurian  
CTR DG 2



Ym Mathew M Thomas  
CTR DG 1



Ym Sunil Kumar S  
CTR DG 3



Ym Thomas Zacharia  
CTR DG 5



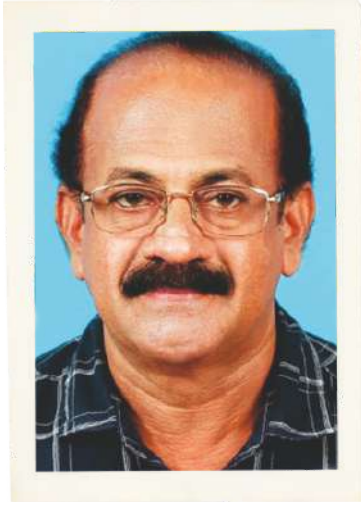
Ym Sunny V Zacharia  
CTR DG 6



Ym John Thomas  
CTR DG 4



Ym. Philip Kurian  
WIR Dist 3



Ym. Babu Manjaly  
WIR Dist.Trissur



Ym. Daniel C John  
dist 2 ,MWIR



Ym Pwaf P. Thulaseedharan Pillai  
SWIR District - 9



Yw Mhr Dr. Gladis Padma  
SWIR District - 1



Yw Mhr Dr. Sheeja M.K  
SWIR District -3



Yw Pwaf Bindya S kurup  
SWIR District - 2



Ym Mhr Somakumar  
SWIR District -4



Ym Pwaf Rajeev Mampra (Late)  
SWIR District -7



Ym Sujit Pani,  
District -1,NENEIR



Ym. Joseph Stanly  
Dist 1, MWIR



Ym. Binoy T Baby  
Dist 4, MWIR



Ym. Binoy Paulose  
Dist 9, MWIR



Ym. Varghese Peter  
Dist 7, MWIR



Ym. K K Varghese  
Dist 5, MWIR



Pwaf. Ym. Prakash D Antony  
West district- SIR



Ym. J Prabhu Dhanasekar  
Madras- SIR

# Congratulations



Heartiest Congratulations 🎉🎊🎈🎁

Dear PRD, SIR Ym. Ayyamuthu and PRD, SWIR Ym. Dr. A.K. Shrihari

On behalf of the India Area, I extend my hearty congratulations to both of you on being unanimously elected to the topmost body of Y's Men International. Your recognition is a matter of great pride for the entire India Area.

May the Almighty continue to shower His blessings upon you and guide you in strengthening and advancing our movement globally.

With warm regards

Ym. Joseph Varghese  
Area Secretary, India Area

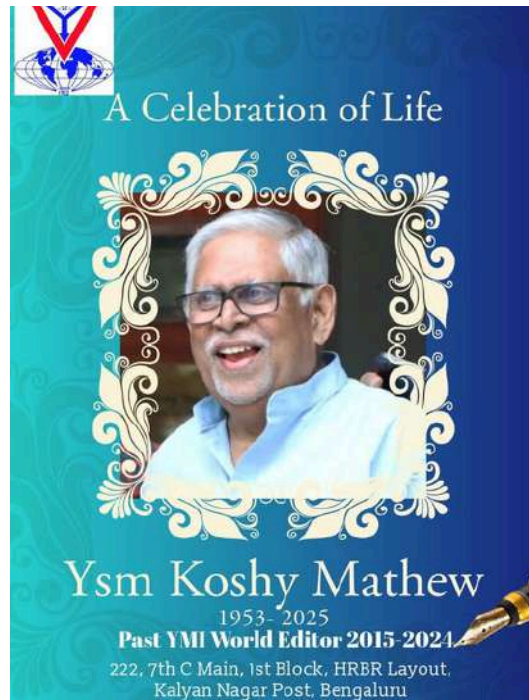
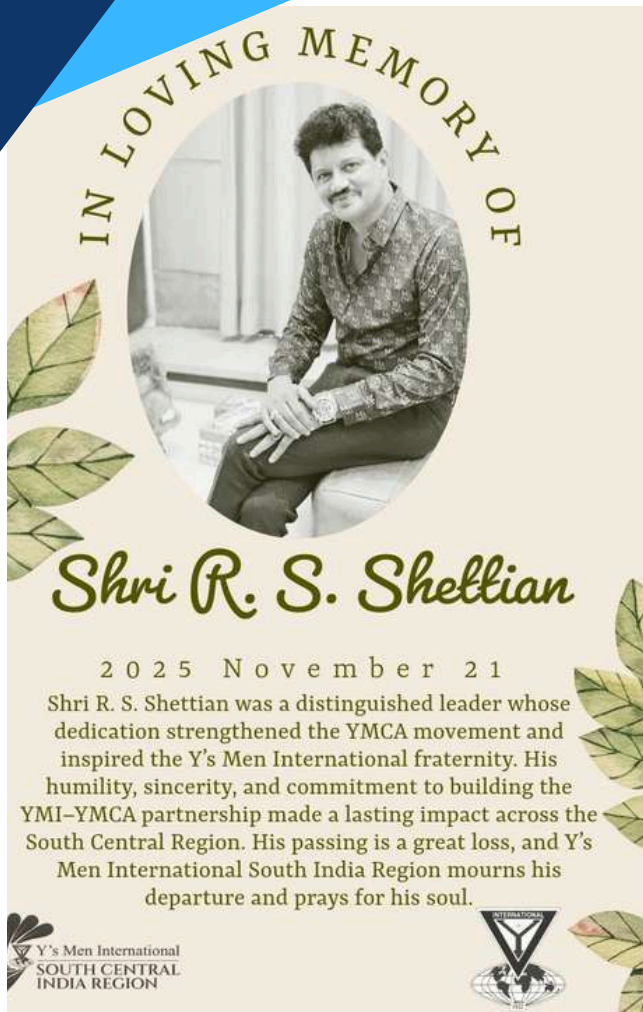
## Y's Men International

INDIA AREA WISHING YOU A

MERRY CHRISTMAS

&

HAPPY NEW YEAR 2026



**We are deeply saddened by the passing of Ym Koshy Mathew.** He was an exceptional professional whose integrity, passion, and editorial vision greatly enriched YMI World. His contributions and sincerity will always be remembered. Our heartfelt condolences to his family. May his gentle soul rest in eternal peace. 🙏🌹

## ***Second Area Council***

## **Editorial Team**

Beloved Area Council Members,  
Greetings from India Area

This is to bring to your kind attention that the **2nd Area Constitutional Council and Extended Council** will be held on **Sunday, December 14th, 2025**, at **YMCA Bangalore**, from **9:30 a.m. to 3.30 pm**

You are requested to kindly book your travel tickets and plan your attendance accordingly.

Members requiring accommodation may please contact **Mr. Daniel Ratnakar at 98801 59666** Double rooms are available at a discounted rate of Rs. 1786.00 special price for Ys Mens

Further details will be shared soon.

We look forward to your wholehearted participation for the grand success of the Council.

With Best Regards

Ym. Joseph Varghese  
India Area Secretary

## **(CTR) Central Travancore Region**



## **(MER) Middle East Region**



## ***(SIR) South India Region***



## ***(SWIR) South west India Region***



## **(WIR) West India Region**



## **(MWIR) Mid west India Region**



# Service Projects

## 250 Weeks of Free Food Service

For 250 uninterrupted weeks, the Y's Men Club of Coonor has carried out a remarkable mission of feeding the needy—an act of compassion led with unwavering dedication by HM Ysm Dinesh Mathias and Ysmt Anitha Mathias. This sustained service stands as a shining example of Y'sdom in action, proving that consistent kindness can echo through generations and across the hills of Coonor

## Jeevan Jyothi Renal Care Launched.

Jeevan Jyothi Renal Care is a Regional Directors Project 2025-26 initiative designed to support kidney patients through subsidized dialysis and essential medical assistance. Through collective fundraising and compassionate action, the project brings hope, dignity, and relief to those battling renal complications. Through Raffle tickets and other fundraising activities, we plan to collect 10 lakh fund and serve 1000 patients



**250 Weeks of Free Food Service**  
As End of October 2025 marks this milestone, Y'smen International, South Central India Region proudly congratulates Y's Men Club of Coonor and wishes many more weeks of heartfelt service and humanity ahead.

## Endowment Fund Contributions

The South Central India Region proudly contributed CHF 13,100 to the Endowment Fund this Y's Year, through the collective generosity of 2 HM, 4 HRM, 1 DPWAF, and 7 PWAF members. SCIR's united effort stands as a shining example of leadership, fellowship, and enduring commitment to the future of Y'sdom. CHF 13,100 contribution to Ysmen Endowment Fund is worth INR 14.5 Lakhs in Ys Year 2025-26

## Youth Family Fest Celebrations

Spark Camp 2025 and Family Fest at Yelagiri Hills ignited leadership, fellowship, and confidence among young members through refreshing outdoor experiences and value-based sessions. The Family Fest strengthened unity across districts, languages generations, celebrating joy, bonding, and the spirit of togetherness in Y'sdom.



**Meet the Endowment Fund Contributors '25**

**HONORARY MEMBER**

**HONOUR ROLL MEMBER**

**DPWAF MEMBER**

**SOUTH CENTRAL INDIA REGION**

|  |   |   |   |
|--|---|---|---|
| <br>HM YSM DINESH MATHIAS<br>YMC COONOR  | <br>HM YSM SHIJU ABRAHAM VERGHIS<br>YMC BANGALORE |   |   |
| <br>HRM YSM JINU GEORGE<br>YMC BANGALORE | <br>HRM YSM T O JOSE,<br>YMC BOURDILLON           | <br>HRM YSM JOSEPH ANTONEY<br>YMC INDIRANAGAR | <br>HRM YSM ABEY JOHN<br>YMC PEENYA       |
| <br>DPWAF YSM JINU JOHN,<br>YMC PEENYA   | <br>PWAF YSM RAJITH<br>KUMAR YMC<br>INDIRANAGAR   | <br>PWAF YSM SURESH BABU<br>YMC HOSUR         | <br>PWF YM JALU JOSE<br>YMC PICEER        |
| <br>PWF YSM GOPINATH.C<br>YMC HOSUR      | <br>PWF YM SHANMUGANATHAN.C<br>YMC HOSUR          | <br>PWF YM. JERRY JOSE<br>YMC BANGALORE       | <br>PWF YM. MANOJ MATHEW<br>YMC BANGALORE |

# **(NENEIR) North, East, North East India Region**



## ***Y's Menettes Activities***



WELCOME TO

# YMI

FESTIVAL  
of  
DREAMS

To dream  
impossible dreams  
at the world's most  
futuristic city



## Y's MEN International Convention

10-13 September 2026

Venue  
Millennium Plaza Downtown Hotel  
23215 Sheikh Zayed Rd, Dubai - UAE



[www.ysmen.org/ic2026](http://www.ysmen.org/ic2026)