



國際聯青社 香港地區  
Y'S MEN INTERNATIONAL HONG KONG DISTRICT  
2023 - 2024 聯合就職典禮  
**JOINT INSTALLATION**



**閃耀香港**  
**齊心事成**  
**TOGETHER WE SHINE**  
**TOGETHER WE SUCCEED**

HONG KONG 1932

VICTORIA 1962

BAUHINIA 1979

NEW TERRITORIES 1985

NORTH WEST 1997

MACAU 2005

NEW TSUEN WAN 2015

KOWLOON 1952

PENINSULA 1968

TSIM SHA TSUI 1981

ISLAND SOUTH 1988

ISLAND EAST 2001

NEW TERRITORIES WEST 2010

NEW TERRITORIES EAST 2021

「行其義毋計其利 享其權須致其功」

"To acknowledge the duty that accompanies every right"





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可獲贈港青商店購物優惠券 (價值港幣\$100)

Y Shop Shopping Voucher (Valued at HK\$100)



可獲贈Big Bus Tours優惠券兩張

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# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"

目錄	P. 1
Ys Men' s Club Song	P. 2
國際聯青社簡介	P. 3
Introduction to Y' s Men International	P. 4
The Work of Y' s Men International	P. 5
History of Y' sdom - Southeast Asia Region	P. 6
List of Regional Director of Southeast Asia Region	P. 7
<b>Congratulatory Messages from:</b>	
國際聯青社香港地區總監陳綺雯社友 2023-2024	P. 8
香港特區政府首任律政司司長梁愛詩博士 大紫荊勳章 太平紳士	P. 9
國際聯青社香港地區副總監暨籌委主席鄭凱誠社友 2023-2024	P. 10
Ulrik Lauridsen International President 2023-2024	P. 11
Hong Kong District Council 2023-2024	P. 12 - 13
財政司司長陳茂波, 大紫荊勳賢, GBS, MH, JP	P. 14
保安局局長鄧炳強GBS, PDSM, JP	P. 15
民政及青年事務局局長麥美娟SBS, JP	P. 16
商務及經濟發展局局長丘應樺JP	P. 17
商務及經濟發展局副局長陳百里博士 JP	P. 18
九龍城民政事務專員蔡敏君 JP	P. 19
Keiko Tonegawa Asia Pacific Area President 2023-2024	P. 20
Deepak Bhandari Regional Director of Southeast Asia Regional 2023-2024	P. 21
Karl Lau, Chief Executive/General Secretary of Chinese YMCA of Hong Kong	P. 22
Peter Ho, General Secretary of YMCA of Hong Kong	P. 23
Jose Varghese, International Secretary General	P. 24
國際聯青社香港地區副總監暨籌委副主席倪漢順社友 2023-2024	P. 25
各界社會賢達的題辭/賀文/賀稿	P. 26 - 69
Report from Hong Kong District Governor (2022-2023)	P. 70 - 73
全港青年演講比賽報告	P. 74 - 75
<b>Clubs Report for the Year 2022-2023</b>	
Y' s Men' s Club of Hong Kong	P. 76 - 79
Y' s Men' s Club of Kowloon	P. 80 - 83
Y' s Men' s Club of Victoria	P. 84 - 89
Y' s Men' s Club of Peninsula	P. 90 - 95
Y' s Men' s Club of Bauhinia	P. 96 - 99
Y' s Men' s Club of Tsim Sha Tsui	P. 100 - 103
Y' s Men' s Club of New Territories	P. 104 - 107
Y' s Men' s Club of Island South	P. 108 - 111
Y' s Men' s Club of North West	P. 112 - 115
Y' s Men' s Club of Island East	P. 116 - 119
Y' s Men' s Club of Macau	P. 120 - 123
Y' s Men' s Club of New Territories West	P. 124 - 125
Y Service Club of New Tsuen Wan	P. 126 - 129
Y' s Men' s Club of New Territories East	P. 130 - 133
History of Y' sdom - Hong Kong	P. 134 - 140
List of District Governor of Hong Kong District	P. 141
The Inaugural Charge- District	P. 142
Induction Charter	P. 143
Long Service Members List	P. 144 - 145
University of YMCA	P. 146 - 151
Campus of YMCA	P. 152 - 153
Advertisements	P. 154 - 162



## Y's Men's Club Song

(1) Midst the bustling Hong Kong Town,  
There's a club of great renown,  
For it stands for everything that's good and true,  
Every member full of pep,  
Every member keeping step,  
That's the way the Y's Men put their program through.

Chorus For the Y's Men we are marching,  
For the Y's Men on we go,  
For the Y's Men great and grand,  
For the Y's Men are the finest club we know.

(2) Helping all neglecting none,  
One for all and all for one,  
In a unity of fellowship and fun,  
Though the need be great or small,  
You can count on one and all,  
When there's work for social welfare to be done.  
(repeat Chorus once)

## 聯青社 社歌

(一) 在此繁忙的香港，有個社團負聲名，  
因它代表一切善美與純真。  
每個社友富活力，每個社友向前行，  
聯青社友藉它活動真光榮。

(二) 協助他人為己份、互相照顧共樂群，  
是我聯青社友喜樂的原因。  
事無大小都關懷，盡心盡意不後人，  
聯青社友服務社會確認真。

副歌 我們聯青社友前進，我們社友步不停。  
我們社友站得穩，我們社友具精神，  
聯青社友就是最好的公民



## 國際聯青社簡介

國際聯青社的英文全名為The Y's Men's Club 由全世界各地各聯青社組成的國際組織稱為「The International Association of Y's Men's Clubs」, 又叫Y's Men International, 其宗旨為:「聯合各種信仰人士,以耶穌基督教示為基礎,熱誠服務基督教青年會,互尊互愛促進友誼,共同努力熱心服務,以發展鼓勵及培養領導才能,為全人類建立美好社會為宗旨。」  
國際聯青社的社訓:「行其義毋計其利,享其權須致其功。」

## 國際聯青社之目的

- (1) 促進各地聯青社社友及青年會會員之友誼;
- (2) 深切認識市政、經濟、社會及國際問題;
- (3) 積極地服務,支持各種社會福利事業;
- (4) 以不干預政治及宗教與派別之原則而促進公民責任及維護國際正義;
- (5) 陶冶品格,發揚大公無私的精神;及
- (6) 以個人或聯合力量作積極服務,推進青年會各項事業。

## 國際聯青社香港地區分社

香港地區有 14 個分社,會員共 293 人,並得由社友介紹經入社儀式成為會員。

- (1) 香港聯青社成立於1932年,在中環香港會所舉行例會。
- (2) 九龍聯青社成立於1952年,在香港中華基督教青年會灣景國際舉行例會。
- (3) 維多利亞聯青社成立於1962年,在香港中華基督教青年會城景國際舉行例會。
- (4) 半島聯青社成立於1968年,在香港中華基督教青年會城景國際舉行例會。
- (5) 紫荊聯青社成立於1979年,在香港中華基督教青年會灣景國際舉行例會。
- (6) 尖沙咀聯青社成立於1981年,在香港基督教青年會舉行例會。
- (7) 新界聯青社成立於1985年,在屯門黃金海岸遊艇會舉行例會。
- (8) 港南聯青社成立於1988年,在香港鄉村俱樂部舉行例會。
- (9) 西北聯青社成立於1997年,在元朗大會堂舉行例會。
- (10) 東區聯青社成立於2001年,在香港中華基督教青年會灣景國際舉行例會。
- (11) 澳門聯青社成立於2005年,在澳門基督教青年會勵青中心舉行例會。
- (12) 新界西聯青社成立於2010年,在香港中華基督教青年會新界會所舉行例會。
- (13) 新荃灣聯青社成立於2015年,在荃灣青葉海鮮酒家舉行例會。
- (14) 新界東聯青社成立於2021年,在香港半島酒店舉行例會。

國際聯青社香港地區網址: <https://ysmenhk.org>

聯絡電話: (852) 2896 0308 (國際聯青社·香港地區聯絡幹事)



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"

## Introduction to Y's Men International

*Our Motto: "To acknowledge the duty that accompanies every right"*

### Purpose

"The International Association of Y's Men's Clubs is a worldwide fellowship of persons of all faiths working together in mutual respect and affection, based on the teachings of Jesus Christ, and with a common loyalty to the Young Men's Christian Association, striving through active service to develop, encourage and provide leadership to build a better world for all mankind."

The main purpose of a Y's Men's Club is to serve its own YMCA and the local community

### Objectives

"Y's Men International (YMI) is a global service organization consisting of affiliated clubs promoting personal development and unified for enduring and positive change in the communities where they are located and around the world."

YMI clubs:

- To function primarily as service clubs for the YMCA.
- To engage with other worthy organisations.
- To encourage justice in civic and international affairs, while abstaining always from party politics
- To keep members informed on and actively involved in religious, civic, economic, social and international matters.
- To cultivate good fellowship.
- To support International, Area and Regional projects of the Association.



**Y's Men's Club**

**Y's Women's Club**

**Y's Men and Women's Club**

**Y Service Club**

## The History of Y's Men International



*Beginning in 1920 as the Tolymca luncheon club, a group of 15 United States business and YMCA professionals in Toledo, Ohio, led by a young attorney named Paul William Alexander began to explore ways to raise funds for and otherwise support the local YMCA. The concept spread through YMCAs across the United States, and additional clubs rapidly formed over the next two years. In 1922, these clubs unified to become the International Association of Y's Men Clubs, electing Paul William Alexander as the first president.*

### YMCA's and Y's Men in partnership

#### 1. LOCALLY

Through providing leadership to different activities in the local YMCA and community.  
Through providing time and skill for practical work for the YMCA (building, renovating, etc.)

#### 2. INTERNATIONALLY

Through working for International understanding and awareness.  
Through supporting the International activities of the YMCA.  
Through having its own service projects in other countries.

#### 3. INDIVIDUAL

Through providing an International fellowship on a Christian basis.  
Through giving an opportunity to use and train its member's abilities for responsible leadership in the club and on International level.

(all above information is abstracted from the constitution of Y's Men International and a booklet -



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## The Work of Y's Men International

### International Programmes



**Endowment Fund (EF)** – provides financial stability YMI's present and future purposes, objectives, programmes and expansion through a personalized, medium-risk investment portfolio.

**Brotherhood Fund (BF)** – provides a variety of grants in the interest of promoting cultural exchange and development and youth activity.

**Alexander Scholarship Fund (ASF)** – provides educational grants to existing YMCA professionals, those seeking to join its staff or in support of its collective training initiatives, such as the Change Agent Programme.

**Roll Back Malaria (RBM)** – since 2010 the YMI has been participating in the global fight against malaria through the Roll Back Malaria (RMB) Partnership and is now continuing its commitment by working with the Global Fund and the World YMCA to further our engagement, expand our impact and manner of advocacy.

**Time of Fast (TOF)** – provides funds annually for YMI, YMCA or YMCA affiliate development projects, primarily in lesser-developed nations, which align with at least one of the United Nations Sustainable Development Goals (SDGs).

### Other Programmes



**iGo Internship Programme (iGo)** - a novel collaborative programme of Y's Men International and the YMCA providing short term internships to young adults aged 18 to 30 from within both organizations.



**Y's Extension Support (YES)** – giving clubs and individual to contribute towards extension activities

**Christian Emphasis (CE)** – implementing and emphasizing the Christian of YMI.



**Community Service (CS)** – through regular, conscientious volunteerism and targeted fundraising, YMI are committed to making a positive and sustainable difference- not just local level but around the world.

**The Green Team** – the Environment Committee make up the "Green Team"- a group of Y's Members dedicated to reducing the impact of Y's Men International's activities on the environment.

(all above information is abstracted from the booklet - A brief introduction to Y's Men International which was published by Y's Men International in November 2019) and its website.



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## History of Y'sdom – Southeast Asia Region



Following at the end of war with Japan in 1945, internal warfare continued to disrupt the activities of YMCA and Y's Men's Club in China so that by 1949 all official activity of Y'sdom on Mainland China had ceased, even as the other clubs outside of China continue to operate. Thus, the Y's Men Chinese Region eventually became the Southeast Asia Region in 1961 at the Chicago International Convention. The Region is diverse with a spread of over 9 countries with total of with total of 34 active clubs and 578 members nowadays including Hong Kong, Macau, Singapore, Thailand, Malaysia, Indonesia, Cambodia, Nepal and Myanmar countries with different races, languages, religions and cultures.

Hong Kong District (14 active clubs)		SMIT District (16 active clubs)	
Hong Kong   Macau 	Hong Kong Club (1932), Kowloon Club (1950), Victoria Club (1962), Peninsula Club (1968), Bauhinia Club (1979), Tsim Sha Tsui Club (1981), New Territories Club (1985), Island South Club (1988), North West Club (1997), Island East Club (2001), New Territories West Club (2010), New Tsuen Wan Club (2015), New Territories East (2021)  Macau Club (2005)	Singapore   Thailand 	Beta Chapter Club (1958), Alpha Chapter Club (1980)   Bangkok Club (1996), Chiangmai Club (1998), Chiangrai Club (2014), Lanna Chiangmai (2016)
<b>Nepal (4 active clubs)</b> ( A few new clubs are under formation and a District will be established by August 2023)		Malaysia 	Ipoh Club (1966), Kuala Lumpur Berbatki Club (1983), Silver State Club (2000), Johor Eagles Club (2021)
Nepal 	Lumbini Club (2019), Pokhara Club (2022), Rampur Palpa (2022)  Kathmandu Valley Club (2019)  Youth Clubs : Lumbini Club (2021), Samata School Club (2021), Kawasoti Club (2021), Santinikunja Club (2022) , Ramgram Club (2022)	Myanmar  Cambodia 	Yangon Club (1959), Tawwin Myanmar Club (2021) Mandalay Club (2021), Myitkyina Club (2021), Loikaw Club (2021)   Phnom Penh Club (2018)
		Indonesia 	Malang Club (2022)

The 89<sup>th</sup> Southeast Asia Regional Conference was held on May 26 & 27, 2023 at Arize Hotel, Bangkok, Thailand with over 70 participants. (picture below)





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## Y's Men International . Southeast Asia Regional Directors

1932-37	William Yinson Lee	Shanghai	1997-98	John Lim	Malaysia
1937-38	Andrew Koo	Beijing	1998-99	Andy Fu	Hong Kong
1938-41	Lewis Masson	Shanghai	1999-00	Janet Siew	Singapore
1941-42	Anson Wong	Hong Kong	2000-01	Alexander Chan	Hong Kong
1942-48	Maj. Gen. J.L. Huang	Chungking	2001-02	Kenneth Sit	Hong Kong
1948-49	W.T. Yuen	Tientsin	2002-03	Cary Fung	Hong Kong
1949-56	Wellington C. Hsie	Hong Kong	2003-04	Wichian Boonmapajom	Thailand
1956-61	Chik-Suen Lam	Hong Kong	2004-05	David Wong	Hong Kong
1961-63	Dr. TX Li	Hong Kong	2005-06	Andrew Tan	Malaysia
1963-64	D.Y. Lee	Hong Kong	2006-07	Ng Hak Hai	Singapore
1964-67	SY Lam	Hong Kong	2007-08	C.C. Chun	Malaysia
1967-69	Raymond Huang	Singapore	2008-09	Raymond Yeung	Hong Kong
1969-70	Loren E. Noren	Hong Kong	2009-10	Udomchai Sakulvanapom	Bangkok
1970-72	Dr. Yung Fa Chao	Taipei	2010-11	David S T Lua	Singapore
1972-74	Chow Wing Lau	Hong Kong	2011-12	Claudius Chan	Hong Kong
1974-75	Dr. Goh Soon Chye	Singapore	2012-13	Josephine Lim	Malaysia
1975-76	C.L. Kung	Hong Kong	2013-14	Frederick Ng	Hong Kong
1976-78	Sunny Ko Boon Kheng	Malaysia	2014-15	Patricia Lim	Singapore
1978-80	Iu Hon-Leung	Hong Kong	2015-16	James Kong	Hong Kong
1980-82	Goh Soon Hock	Singapore	2016-17	Pat Srisilapanan	Thailand
1982-84	Wong Bing-Lai	Hong Kong	2017-18	Alexander Chan	Hong Kong
1984-86	Shum Yeung-Fui	Hong Kong	2018-19	Tawechai Termkunanon	Thailand
1986-88	Henry Siew	Singapore	2019-20	Mac Chan	Hong Kong
1988-90	Chou Wing-Ping	Hong Kong		Lee Liat Cheng	Singapore
1990-91	Tony Chan	Hong Kong	2020-21	Joan Wong	Hong Kong
1991-93	K. Letchimanan	Malaysia	2021-22	Joan Wong	Hong Kong
1993-95	Edward Ong	Singapore	2022-23	Rachan Maneekarn	Thailand
1995-97	Patrick Tam	Hong Kong	2023-24	Deepak Bhandari	Nepal



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致尊貴的來賓和各位社友

我非常榮幸獲選成為國際聯青社香港地區 2023–2024 年度總監，衷心感謝大家對我的信任和支持。

國際聯青社超過一百年的歷史，在香港也超過 90 年。國際聯青社香港地區的前輩每一位都是精英，理念和做法雖然不一樣，但各有所長，做出成績。珠玉在前，任重道遠。

我將會與我的總監團隊以務實的服務、努力增員、團結一致傳承聯青精神，服務社群。帶領着香港地區做更多社會公益事務，更多人受惠。讓我們的愛傳出去，感動更加多人加入我們的服務，令更多人認識國際聯青社，讓弱勢社群得到更大的幫助。

感謝大家支持和鼓勵，感恩給我和我的團隊人生路上多添一份姿彩。我深信我的團隊在共同努力下，定會創出佳績。再次感謝大家！祝各位身體健康！家庭幸福！

國際聯青社香港地區總監

陳綺雯上

To our esteemed guests and fellow Y' Men and Y' Ladies,

I am honored to be elected as Y's Men International's 2023 – 2024 District Governor of the Hong Kong district. I sincerely thank everyone for their trust and support.

With a history of over a hundred years, Y's Men International has been present in Hong Kong for over 90 years. Despite different ideals and practices, every predecessor in the Hong Kong region has been an outstanding individual, each with their own strengths and accomplishments. They have set shining examples for us to carry their legacy and create a warm community that we all sought for.

As the District Governor, I will work with my team to provide meaningful community services work, strive for membership growth, and unite in upholding the spirit of Y's Men International. We will lead the Hong Kong district in engaging more social welfare activities, and ultimately benefit those who are in need. Let us spread our love, inspire more individuals to join our services, and raise awareness for Y's Men International so that we can provide greater assistance to the vulnerable communities that we all cherish.

I am grateful for your support and encourage, which adds color to my team and my life in walking this wonderful journey. I firmly believe that, through our collective efforts, we will achieve remarkable results. Once again, thank you everyone! I wish you and your family good health and happiness.

Thank you very much.

Selina CHAN  
District Governor 2023–2024  
Hong Kong District  
Y' s Men International



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啟 仁  
聯 青  
導 義  
之 光

國際聯青社香港地區二零二三—二零二四聯合就職典禮誌慶

梁愛詩



敬賀

大紫荊勳章，太平紳士

二〇二三年



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各位嘉賓、社友：

感謝各位社友對我的支持，很榮幸今年能夠連任國際聯青社香港地區副總監一職。光陰似箭，本人於上年度副總監就任期內，在社務策劃上仍感到效果未如理想。

於本年度我會全力配合本屆總監策劃社務，與地區理事共同努力推動會務，實踐社訓的精神，幫助弱勢社群，造福社會。正如總監口號「閃耀香港 齊心事成」把上帝的大愛帶動到香港每一個角落，大家一齊努力，在香港發揚光大國際聯青社精神。讓社群感受到我們的愛，並傳承下去。

我們也會力求促進各社友盡情發揮才能，展現國際聯青社之魅力。從而鼓勵吸引更多生力軍加入團隊，為慈善活動作出更大貢獻。

期待與各社友一起實現這個目標，謝謝大家。

國際聯青社香港地區副總監

鄭凱誠上

Dear honorable guests and Y's Men friends:

Thank you for your support to me. It is a great honor to be re-elected as the deputy district director of the Y's Men International Hong Kong District this year. Time flies, I still felt indebted on the results of district affairs planning which not as good as expected in my last term.

In this year, I will strive to enhance affairs planning with the district director, to drive promoting Y's Men charitable works together with all leaders, to foster the Y's Men spirit, to provide supports to communities in need, overall we aim to embrace the society. We follow our director's slogan in this year " Together we shine, together we succeed". It is Y's Men mission to bring God's love to every corner in Hong Kong. We work together to bring our spirit visible, let our community reach our love and sustain our passion.

Besides, we shall also strive to enrich every Y's member to contribute their talent and reveal the charm of the Y' Men, so as to encourage and attract more new forces to join the team and make greater contributions to charitable works.

I look forward to working with all members to achieve this goal, thank you all.

Deputy Director of the Y's Men International Hong Kong District

Cheng Hoi Shing Harrison  
Deputy District Governor 2023-2024  
Hong Kong District  
Y's Men International



# Y's Men International

121 Rue de Lausanne, CH-1202 Geneva, Switzerland  
Motto: "To Acknowledge the Duty that Accompanies Every Right"

**Ulrik Lauridsen, International President 2023/24**

Theme: Let your light shine. Slogan: "Good communication is the cornerstone for all cooperation."



Dear new leaders of Hong Kong District.

It is a pleasure for me to send a message for your entrance in the leadership the new century of YMI.

In the coming years many clubs will have the opportunity to celebrate 100 years of Y's Men and be proud of the incredible service during the past. My theme is "Let your light shine" and my hope is that with that theme I will ignite a glow in all of you for the next decade of YMI. We all have a glow in our hearts for YMI which physical is shown as an aura outside our body. I'm happy to know your district theme will be ***Together We Shine Together We Succeed***

A previous author and entertainer from Denmark, Victor Borge, had a quote "a smile is the shortest distance between two people". Thinking at my many visits at Ys Men all over the world I remember so many smiling persons and handsome Y's Men giving me a good experience attending Clubs and Districts. The smile means a lot and is the entrance to a good dialogue and cooperation. It means that kindness can bring people together. If you smile at another person, you're no longer just another stranger, but a friend. Let it be characteristic for a Y's Man or woman to meet with a smile and a positive attitude. A smile is a small gesture with a powerful impact. It doesn't cost you anything but has a big value for the receiver.

Our receivers are everyone – present members and the new young members which is our future. We all have a lot of experiences from the past and have to modernize some of the traditions to the future. The young generation is thinking otherwise and we have to accustom but the teaching of Jesus Christ is still our base. His teaching is charity which all faith and all ages can work for. That is the power in YMI that we are all equal and working together in the right spirit.

I wish you all a great and joyful installation and please let your light shine - not only on the members but on the families and the many people outside the club which may be inspired by you and motivated to be member of this unique movement. Welcome all of you in the new century and hopefully the next years will be full of pride being Y's Men and women. Welcome Selina Chan, Harrison Cheng and Henry Ngai. Together you will make success!

Best regards

**International President  
Ulrik Lauridsen**



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"

## 2023–2024 Hong Kong District Council



District Governor (DG)  
Selina Chan 陳綺雯  
(Peninsula)



Immediate Past  
District Governor(IPDG)  
Pinky Seung 商月芬  
(New Territories East)



Deputy District  
Governor (DDG)  
Harrison Cheng 鄭凱誠  
(Island East)



Deputy District  
Governor (DDG)  
Henry Ngai 倪漢順  
(New Territories)



Honorary Treasurer (DHT)  
Sophia Fong 方淑範  
(Bauhinia)



Honorary Secretary (DHS)  
Cecilia Law 羅麗君  
(Peninsula)



Social Service Director  
Jeanny Ng 吳杏楨  
(Peninsula)



Membership Director  
Edith Law 羅潤秀  
(Bauhinia)



Fellowship Director  
Aming Chan 陳偉明  
(New Territories)



Relationship Director  
Mary Wong 黃佩麗  
(Kowloon)



IBC & Extension Director  
Tony Chan 陳得偉  
(Island East)



Bulletin Director  
Benny Chan 陳駿斌  
(New Territories)



IT & Website Director  
Eric Lai 黎偉誠  
(New Territories West)



Programme Director  
Wendy Lau 劉麗斯  
(New Territories West)



YMCA Liaison Director  
Pauline Ng 伍周美蓮  
(Bauhinia)



Youth Director  
Jason Mok 莫嘉豪  
(Island East)



China Liaison Director  
Lam Sok Sum 林淑心  
(Macau)



Deputy Honorary Secretary  
Ronnie Ma 馬裕施  
(Peninsula)



Deputy Social Service  
Director  
Lulu Cheung 張海燕  
(Peninsula)



Deputy Social Service  
Director  
Eugene Yeung 楊俊明  
(Peninsula)



Deputy Membership  
Director  
Teresa Ip 葉媛貽  
(Bauhinia)



Deputy Membership  
Director  
Christina Liu 廖麗心  
(Peninsula)



Deputy Fellowship  
Director  
Sandy Leung 梁冬梅  
(New Territories)



Deputy Fellowship  
Director  
Wing Cheung 張穎  
(Peninsula)



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"



Deputy Relationship Director  
Sonia Sung 宋揚  
(Victoria)



Deputy Bulletin Director  
Patrick Law 羅文祐  
(Peninsula)



Deputy IT & Website Director  
Sandy Kwok 郭秋明  
(Island East)



Deputy Youth Director  
Iris Cheng 鄭敏芝  
(New Territories East)



Related Secretary  
Li To Sang 李道生  
(North West)



Assistant Related Secretary  
Don Mak 麥沛然

## 2023 - 2024 Club President



Patsy Tse  
謝秀薇  
(Hong Kong)



Mary Wong  
黃佩麗  
(Kowloon)



Christopher Chan  
陳為民  
(Victoria)



Anton Poon  
潘星璋  
(Peninsula)



Catherine Chan  
陳淑儀  
(Bauhinia)



Andy Fu  
傅劍非  
(Tsim Sha Tsui)



Leo Chan  
陳文偉  
(New Territories)



Lawrence Ma  
馬忠禮  
(Island South)



Lam Shui Wah  
林瑞華  
(North West)



Nichol Wong  
王裕衡  
(Island East)



Lam Sok Sum  
林淑心  
(Macau)



Alan Siu  
蕭成隆  
(New Territories West)



Philip Chan  
陳法行  
(New Tsuen Wan)



Benson Tse  
謝冰  
(New Territories East)

## 2023 - 2024 District Consultant



Consultant (PRD)  
Alexander Chan  
BBS JP 陳遠華  
(New Territories)



Consultant (PRD)  
James Kong MH  
JP 江子榮  
(Island East)



Consultant (PRD)  
Kenneth Sit 薛海華  
(Hong Kong)



Consultant (PRD)  
Patrick Tam 譚顯忠  
(Kowloon)



Consultant (PDG)  
Jackson Leung 梁景福  
(Victoria)



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"



國際聯青社香港地區  
二零二三至二零二四聯合就職典禮誌慶

廣 聯 後 彥  
溥 惠 社 羣

財政司司長陳茂波





Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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國際聯青社香港地區  
二零二三至二零二四聯合就職誌慶

宏籌碩劃  
卓譽嘉謨

保安局局長鄧炳強





Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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國際聯青社香港地區二零二二至二零二四  
聯合就職典禮誌慶

# 廣納雋彥 合鑄宏圖

民政及青年事務局局長麥美娟





Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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商務及經濟發展局局長丘應樺



INTERNATIONAL

互 聯  
礪 青  
求 協  
新 志

國際聯青社香港地區二零二二至二零二四聯合就職誌慶

閃耀香港

TOGETHER WE SHINE

齊心事成



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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國際聯青社香港地區二零二三至二零二四聯合就職誌慶

聚眾  
賢員  
建社  
匡眾  
展猷

商務及經濟發展局副局長陳百里



閃耀香港

TOGETHER WE SHINE

齊心事成



Y'S MEN INTERNATIONAL

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國際聯青社香港地區二零二二至二零二四  
聯合就職典禮

# 聯青志遠 卓績永延

九龍城民政事務專員蔡敏君





**Y'S MEN INTERNATIONAL**  
**ASIA PACIFIC AREA**  
*AP Theme : Be The Light For Change*  
*AP Slogan : Shine & Empower Through Fellowship*



Dear DG Selina Chan, DDGs Harrison Cheng and Henry Ngai, and leaders and members of the Hong Kong District:

Heartiest greetings and congratulations on the occasion of the Hong Kong District Joint Installation of the elected officers. Though I may not be able to attend such a significant event physically, I will be there, at least in spirit.

The Hong Kong District is one of the most vibrant and energetic in the Asia Pacific Area, with many significant community service programs and steady membership growth. The District demonstrates the strength unified under excellent and capable leadership, taking advantage of diverse cultures. The new leaders headed by DG Selina, under the slogan, "Together We Shine, Together We Succeed," will continue enhancing the strength to lead the District to a higher level. Your slogan resonates with my slogan, "Be the Light for Change." Each of you and your club can be the light to provoke change, resulting in the success you aim at. I look forward to seeing positive results from your efforts in the coming year.

On another note, I want to thank the Hong Kong District for the role it has been and will be taking in conducting the 30th Asia Pacific Area Convention in November 2023. This Convention will be the first face-to-face after two online Area Conventions during the COVID-19 Pandemic period. Members are excited to meet in person in Hong Kong finally. On behalf of the Area, I thank you in advance for your extraordinary effort, dedication, and cooperation in carrying out the Convention. I hope you can use this opportunity to unify and strengthen the District. As Area President, I promise to work with you closely to shine together for a successful convention.

Once again, let me congratulate you all on the occasion of the installation ceremony. I look forward to working with the Hong Kong District to develop and strengthen the Asia Pacific Area to pursue my goal, "Be the light for change," and your goal, "Together We Shine. Together We Succeed."

Regards,  
Keiko Tonegawa  
Area President  
Asia Pacific Area



### ***Southeast Asia Region***

Dear DG Selina Chan and friends of Hong Kong District,  
Namaskar and warm Greetings.

I bring warm greetings from the Southeast Asia Region on the occasion of the Joint Installation of Hong Kong District scheduled to be held on July 22, 2023. It is my honor and great pleasure to have the opportunity to serve as Hong Kong District Governor for 2021-2022 and Southeast Asia Regional Director for 2023-2024. It is my pleasure and honor to write congratulation and best wishes for the Joint Installation of Hong Kong District.

Hong Kong District is one of the most vibrant and energetic District which has been supporting and serving YMI /YMCA, community and needy people since its establishment. The District and Leaders are very dedicated and active with many international awards.

As Regional Director 2023-2024, I look forward to working with you to develop and strengthen the Southeast Asia Region. I hope we together will help to the Region to achieve our goals of new club's extension and development, partnership with YMCA, Integration community service and cultural exchange, leadership training, Promotion of International programs and legacy fund and best uses of Technology.

I am proud to have so with such a dedicated team of Hong Kong District with a deep commitment. I would like to congratulate, best wishes and thanks to Hong Kong District Governor Selina Chan, IPDG Pinky Seung, DDG Ngai Hon Shun, DDG Cheng Hoi Shing Harrison, PDG Joan Wong, all Club Presidents and all leaders of Hong Kong District.

***Together We Shine Together We Succeed***

***Happiness for all!***

With warmest regards,

Deepak Bhandari, Ph.D. Scholar  
Southeast Asia Regional Director 2023-2024



香港中華基督教青年會  
Chinese YMCA of Hong Kong

總辦事處  
Administration Office

香港九龍窩打老道23號  
23 Waterloo Road, Kowloon, Hong Kong  
電話Tel: +852 2771 9111 | 傳真Fax: +852 2771 4096



**CONGRATULATORY MESSAGE TO  
Y'S MEN'S INTERNATIONAL HONG KONG DISTRICT**

On behalf of the Chinese YMCA of Hong Kong, it is my pleasure to send you our warmest congratulations on the Installation of Y's Men's International, Hong Kong District.

Your dedicated services to our community since the 1950's had proven Y's Men's International, Hong Kong District a strong supporter and valued partner of the YMCA. Our close partnership had seen us addressed the changing needs of the Hong Kong community and surfed through many obstacles together with perseverance and our faith in our Almighty Father in Heaven.

During last three years when the pandemic hovered over Hong Kong and threatened people's health and livelihood, Y's Men's International, Hong Kong District stood shoulder to shoulder with Chinese YMCA of Hong Kong in delivering anti-epidemic resources that brought peace of mind to the low-income families who are most vulnerable to sufferings brought by the pandemic.

I hope that our close partnership will continue just as your slogan proclaim - "Together We Shine Together We Succeed". Let us shine and bring lights to serve those in need in our community together.

May God's grace continue to be with Y's Men's International, Hong Kong District in the years to come.

With best wishes,

Karl Lau  
General Secretary  
Chinese YMCA of Hong Kong



## 香港基督教青年會 YMCA OF HONG KONG

九龍尖沙咀梳士巴利道41號 41 Salisbury Road, Tsimshatsui, Kowloon, Hong Kong. 電話 Tel : (852) 2268 7000  
傳真 Fax : 行政 Administration : (852) 2311 5809 訂房 Room Reservations : (852) 2739 9315  
會務 Member & Community Services : (852) 2722 4040 網址 Web Site : www.ymcahk.org.hk

July 22, 2023

District Officers  
Y's Men International  
Hong Kong District

Dear Fellow Y's Men,

Greetings from the YMCA of Hong Kong!



Congratulations to DG Selina Chan, DDG Harrison Cheng and DDG Henry Ngai on your successful election as District Officers on this special day of Joint Installation of the Hong Kong District.

Give thanks to the Lord, for he is good, for his faithful love endures forever. (Psalm 136:1) We are grateful to the Y's Men support of our after-school program in Cheung Sha Wan Center, elderly program in Tung Chung Center and the YMCA of Hong Kong Flag Day in the past year.

We are looking forward to the 30th Asia Pacific Area Convention in November when Y's Men will gather in person once again in Hong Kong to "Empower, Lead and Shine" for the glory of God. We are all ambassadors for Christ - "Together We Shine, Together We Succeed".

May you be filled with the wisdom and strength of the Holy Spirit to continue your good work in the Hong Kong District.

Peace in Christ,

Peter Ho  
General Secretary / Chief Executive Officer



**Y'S MEN INTERNATIONAL**  
"To acknowledge the duty that accompanies every right"



Monday, 12 June 2023

Dear DGE Selina Chan ,

Greetings to you from the International Headquarters of Y's Men International to the joint installation of the Hong Kong District. I wish all the best to the leaders and members joining in this Installation ceremony. I appreciate your decision to publish a directory in connection with the Installation ceremony. Hong Kong district is one the vibrant district in our movement will good leadership, active club services and meaningful fellowship. Please accept our hearty congratulations to as DG and Harrison Cheng & Henry Ngai as deputy DG for the year 2023/24. You have chosen a great slogan - *Together We Shine Together We Succeed*, and I am sure our movement will be stronger together in the new Y's year under your leadership. Looking forward to seeing you all at the Area convention in Hong Kong.

The story of Y's Men International is one of ordinary people coming together to make extraordinary impacts in the world. From a luncheon club in Toledo, we have grown into an international service club built on a unique set of values, vision, and mission that unites people through fellowship and service. The name Y's Men has become synonymous with selfless service and sacrificial giving, touching and lifting the lives of thousands of people across the world for over a century.

As Y's Men and Women, we are strong witnesses of ordinary people's ability to make a difference in their own lives and in the lives of others through volunteer service. We have demonstrated the power of partnership by supporting the YMCA, the world's largest youth service organization, locally and globally for over a century, and have also supported a multitude of community impact projects for the common good.

Looking towards the future, we have defined our vision for Y's Men International and its impact through Strategy 2032. We aspire to be a value-based, inclusive fellowship of members and their families, a thriving association of community-based service clubs embracing diversity, and a strong presence in 100 countries and 2,500 cities/communities. We aim to grow continuously by remaining relevant and attracting younger members, and to have a visible and positive impact in the areas of Health, Environment, and Education. We will continue to be an active partner of the YMCA and its mission worldwide and act for an equitable and sustainable world for all.

Together, we can build our movement and evolve as a thriving organization, attracting new generations to act as global citizens and witness community impacts and unique fellowship to build an equitable and sustainable world.

Best regards,

Jose Varghese  
International Secretary General

**Serving the World with the YMCA since 1922**

International President: Ulrik Lauridsen | International Secretary General: Jose Varghese

Y's Men International • 121 Rue de Lausanne • CH-1202 Geneva • Switzerland T: (+41) 22 809 1530 @: ihq@ysmen.org



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"



各位親愛的社友：

能擔任地區副總監一職(2023-2024)，全賴各社的支持及信任，更高興能跟隨總監陳綺雯、副總監鄭凱誠、各地區理事、社長及社友一齊為香港地區服務，發揚聯青精神，讓社務更加興隆。

環境保護是本人的專業，會將我微薄的能力、全力貢獻給聯青社，加上香港政府即將推出”都市固體廢物收費(俗稱垃圾徵費)“，所以將推出各項環保相關的項目，敬希各社能協助及支持，為香港環保一同出一分力。

國際聯青社香港地區副總監

倪漢順上

Dear all fellow Y's Men and Y's Ladies,

Being able to hold the position of Deputy District Governor (2023-2024) is due to the support and trust of all clubs. I am more happy to follow the District Governor Ms. Selina CHAN, the Deputy District Governor Mr. Harrison CHENG, the district directors, presidents, and all members to serve the Hong Kong district and carry forward the spirit of the Y's Men International, to make social affairs more prosperous.

Environmental protection is my major, and I will contribute my merger ability and full strength to the Y's Men International. In addition, the Hong Kong government will soon launch the "Municipal Solid Waste (MSW) Charging", so various environmental protection related projects will be launched. We sincerely hope that all Clubs can assist and support us and contribute to Hong Kong's environmental protection.

Thank you!

Your sincerely,

Henry NGAI  
Deputy District Governor 2023-2024  
Hong Kong District  
Y's Men International



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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香港中華基督教青年會總幹事劉俊泉 敬賀

# 聯合青年 燃亮生命

國際聯青社香港地區二零二三至二零二四聯合就職誌慶



國際聯青社香港地區二零二三至二零二四聯合就職誌慶

# 百年果子 恩澤社群

香港基督教青年會  
總幹事 何慶濂先生 敬賀



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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國際聯青社香港地區二零二三至二零二四聯合就職誌慶

弘毅施仁  
惠澤民生

全港青年學藝比賽大會

主席陳毅生先生  
BBS

敬賀



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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國際聯青社香港地區二零二二至二零二四聯合就職誌慶

# 身 體 力 行 服 務 社 群

獅子會香港社區服務基金發起人及創會主席  
前總監梁麗琴獅姐 致意



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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國際聯青社香港地區二零二三至二零二四聯合就職誌慶

我們一起服務  
讓愛傳下去

國際獅子總會中國港澳三零三區  
上屆總監冼健岷獅兄

致意



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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國際聯青社香港地區二零二三至二零二四聯合就職誌慶

# 聯青善行 福澤社群

國際獅子總會中國港澳三零三區  
前總監王恭浩獅兄

致意



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"



國際聯青社香港地區二零二三至二零二四聯合就職誌慶

# 匯才籌策 匡社惠群

國際獅子總會中國港澳三零三區  
前總監羅少雄院士 MH

致意



Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

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國際聯青社香港地區二零二三至二零二四聯合就職誌慶

# 青賢志遠 樂羣為社

康頤慈善基金會主席林靄嫻MH

敬賀



Y'S MEN INTERNATIONAL

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SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"



國際聯青社香港地區二零二三至二零二四聯合就職誌慶

# 社光長耀 琦行傳馨

廣東省雲浮市政协常委張玉麟 敬賀



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# 俊彥萃集 社績遠揚

聖約翰馬爾他爵士基金（遠東總會）有限公司  
創會會長陳延邦爵士 MH 敬賀



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# 聯青運動 造福社群

江子榮會計師行全人 敬賀



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國際聯青社香港地區二零二三至二零二四聯合就職誌慶

# 碩德善舉 卓績徽聲

國際獅子會腎病教育中心及研究基金  
二零二二至二零二三年度  
董事局主席李任基獅兄

致意



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# 善行永鏘 福澤社群

同創網絡有限公司

董事總經理黃禹恒

敬賀



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油尖旺工商聯會會長戴德祥博士 敬賀

# 力 聯 獻 青 社 俊 群 彥

國際聯青社香港地區二零二二至二零二四聯合就職誌慶



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# 嘉績顯彰 俊才迭展

國際獅子總會中國港澳三零三區  
港澳青獅基金主席尹荏球獅兄  
敬賀



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新界東商戶協進會主席周偉民先生 敬賀

# 扶青賢志 社羣之福

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國際獅子總會中國港澳三零三區  
哥爾夫球聯誼組主席鄭戈野獅兄

敬賀

集賢襄善  
聚智行仁

國際聯青社香港地區二零二三至二零二四聯合就職誌慶



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# 俊才迭展 社譽遠揚

國際獅子總會中國港澳三零三區  
第十七分域主席江瑩瑩獅姐

敬賀



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# 施仁布德 扶弱惠民

國際獅子總會中國港澳三零三區  
第二十分域主席梁鳳嫦獅姐  
致意



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國際聯青社香港地區二零二二至二零二四聯合就職誌慶

# 繼往開來 百年傳承

前香港地區總監陳得偉 敬賀



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承先啟後  
發揚光大

香港獅子會眼庫會長  
前總監高敏華獅姐

致意



國際獅子總會中國港澳三〇三區  
Lions Clubs International District 303 - Hong Kong & Macao, China



# 熱烈祝賀

## 國際聯青社香港地區 2023-2024年度聯合就職典禮



總監  
陸嘉暉獅兄



第一副總監  
沈 顏獅兄



上屆總監  
冼健岷獅兄



第二副總監  
梁鳳華獅姐

### 致意

傳承創新 成就輝煌  
We Serve We Strive

*for Excellence*

祝賀

國際聯青社香港地區  
2023-2024 聯合就職典禮

和衷協力，精英攜手



陳遠華 BBS, JP 致意  
鴻昌工業中心(第一期)業主立案法團主席

賀國際聯青社成立壹佰零壹周年大慶

國際聯青深厚根基傳百代  
香城會友堅持奮進越期頤

◀ 陳為民社長與藝術大師齊白石一生唯一題署的墨寶牌匾



香港美專，一九五二年教署註冊，是香港首間美術專校，人才輩出，德藝並重，享有『美術少林寺』美譽。

維多利亞社聯青社（一九六二）社長  
香港美術專科學校（一九五二）校長

陳為民敬撰



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## 國際聯青社香港地區 2023 - 2024 年度聯合就職典禮

# 熱烈祝賀



**陳綺雯女士**

**榮任**

國際聯青社香港地區  
2023 - 2024 年度總監



**陳立德獅兄**

國際獅子總會中國港澳 303 區  
2017-2018 年度總監

**敬賀**

# 國際聯青社香港地區 2023-24聯合就職典禮



## 恭賀

### 陳綺雯女士 任香港地區總監

熱心公益



CHARTERED 1968

國際半島聯青社  
The Y's Men's Club of Peninsula

## 國際半島聯青社致意

潘星璋、郭國正、羅靜衍、楊俊明、羅智威、馬裕施、羅麗君、陸婉兒、周婉坤、吳杏楨、劉俊泉、陳子健、徐麗儀、楊子嫻、郭振興、鄧榮林、林志勤、羅周金、張海燕、楊培鈺、羅文佑、葉志偉、廖麗心、張穎、鄭戈野、黎宇、莫凱淇



祝賀

國際聯青社香港地區  
二零二三至二零二四  
聯合就職典禮誌慶

社務興隆



藍地球  
BE GREEN

藍地球有限公司

致意

# 祝賀

## 2023-2024 國際聯青社 香港地區就職典禮



### 新星的士同業聯會

Sun Star Taxi Operators Association

會長	： 陳偉明 梁新權	副主席	： 劉兆航
主席	： 馬珮淇	康樂主任	： 鄭沐欽
秘書主任	： 李麗雅	總務主任	： 傅月娥
財務主任	： 陳偉杰		

新界屯門石排頭路7號德雅工業中心B座位4樓 1 室  
手提電話：9659 1886 傳真：2454 2426  
電郵：sunstartaxi@yahoo.com



### 新星之友社

Sun Star Friendship Association

主席	： 陳偉明	副主席	： 梁冬梅 林淑芬
司庫	： 羅偉英		盧映娜
秘書	： 張焱怡	福利主任	： 李秀娣
		康樂主任	： 廖玉勤
		總務主任	： 羅穎貞

新界屯門石排頭路7號德雅工業中心B座位4樓 1 室  
手提電話：9659 1886 傳真：2454 2426  
電郵：sunstarfriendshipassociation@yahoo.com



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## 2023-2024 年度聯合就職典禮

### 熱烈祝賀



陳綺雯女士

榮任

國際聯青社香港地區  
2023-2024 年度 總監



新界東獅子會

致意



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榮任

國際聯青社香港地區  
2023 - 2024 年度總監

社務興隆

吳英兒、蔣翠瓊、梁鳳華、李淑娟、  
宋寶瑞、廖麗心、張海燕、周秀娥、周靄儀

國際獅子總會中國港澳 303 區  
2019-2020 年度會長 (十全十美)

敬賀



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**熱烈祝賀**



**陳綺雯女士**

**榮任**

國際聯青社香港地區  
2023 - 2024 年度總監



**陳柱桓副會長**

香港汽車服務業聯會創會會長會

**敬賀**



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**熱烈祝賀**



**陳綺雯女士**

**榮任**

國際聯青社香港地區  
2023 - 2024 年度總監



**張萬添獅兄**

國際獅子總會中國港澳 303 區  
22 - 23 年度第二分域主席

**敬賀**



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榮任

國際聯青社香港地區  
2023 - 2024 年度總監



陳月明獅兄

國際獅子總會中國港澳 303 區  
21-22 年度第二分區主席

敬賀



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陳綺雯女士

榮任

國際聯青社香港地區  
2023 - 2024 年度總監



尹瑞琴獅姐

國際獅子總會中國港澳 303 區  
第 22 分域主席

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榮任

國際聯青社香港地區  
2023 - 2024 年度總監



冼兆龍獅兄

國際獅子總會中國港澳 303 區  
22-23 年度第五分區主席

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2023 - 2024 年度總監



張俊琴獅姐

國際獅子總會中國港澳 303 區  
姊妹學校計劃主席

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**榮任**

國際聯青社香港地區  
2023 - 2024 年度總監



**張浩威獅兄**

國際獅子總會中國港澳 303 區  
太平山獅子會 19-20 年度會長

**敬賀**



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2023 - 2024 年度總監



彭馥芳獅姐

國際獅子總會中國港澳 303 區  
香港千禧獅子會上屆會長

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# 熱烈祝賀



**陳綺雯女士**

**榮任**

國際聯青社香港地區  
2023 - 2024 年度總監



**關美明獅姐**

國際獅子總會中國港澳 303 區  
綜藝團義務司庫

**敬賀**



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榮任

國際聯青社香港地區  
2023 - 2024 年度總監



張海燕社友

國際聯青社香港地區社區服務副理事  
Deputy Social Service Director

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徐麗儀社友

國際半島聯青社

金威珠寶金行

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倪漢順先生

榮任

國際聯青社香港地區  
2023 - 2024 年度 副總監



新界國際聯青社  
Y's Men's Club of New Territories

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熱烈祝賀  
陳綺雯女士榮任  
國際聯青社香港地區  
2023-2024年度總監



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電話：2321 2259





## Y's Men International Hong Kong District District Governor's Report 2022-2023

Hong Kong District consist of 13 Hong Kong clubs, one Macau clubs and three Nepal clubs, totaling 329 members.

Our slogan for this year is "We are the legends" which perfectly reflects our current situation. Firstly, we have risen from the ashes after the pandemic. Secondly, this is the year of celebrating the 100th anniversary of Y' smen. And thirdly, we are going to witness the establishment of a new district.

The journey has been full of challenges and excitement, but we have emerged as legends." Starting with the severe impact of the epidemic and cancelation of almost all activities in the first half of the year, to cautiously abiding by social distancing orders, and then transitioning to the madness of holding activities in the latter half of the year - Each clubs held various community social Service events, anniversaries, and the usual large-scale projects, which were released one by another & almost out of force!

What I most want to introduce to you is the green project for Centennial Celebration. As Many scientists have warned of irreversible consequences that climate change would bring to the world. The world is getting hotter, and I believe we all feel it. Our habits of clothing, food, housing, transportation, and consumption are closely related to this issue. The theme of environmental protection with a KPI of 100 tons of carbon reduction in response to the hundredth anniversary of Y' sMen International. All clubs were advised to participate through daily living.

In order to develop a green living culture in different contexts. Our strategy is to increase knowledge and awareness about carbon reduction. Therefore, three events were held, including visiting pearl cultivation farms to learn about the natural air purification function of shell, visiting electronic recycling plants, and cycling events. Lastly, we will compare the hours of our daily habits using an automatic calculator to calculate carbon reductions.



## The Joint Installation 2022-2023

The Joint Installation Ceremony for 2022-2023 was successfully held on the evening of July 23. This year marks the 100th anniversary of Y's Men International, and Dr. Chan Pak-li, JP, Deputy Commissioner for Commerce and Economic Development, was invited as the guest of honor for the ceremony. Mr. Karl Lau , Chief Executive/General Secretary Chinese YMCA of Hong Kong , and Mr. Peter Ho , General Secretary /Chief Executive Officer of YMCA of Hong Kong also attended to show their support. During the ceremony, 29 District Officers and 17 Club' s Presidents were installed . 102 long-term service awards (10-60 years) were presented to members in recognition of their contributions to Y' s Men International and its community service spirit.

In 2022, two new clubs were initiated by the Chartered President of Lumbini / DG Deepak Bhandari in Nepal. They are namely Y Service Club of Pokhara and Y Service Club of Rampur Palpa, respectively, with great support from sponsor clubs in Southeast Asia Region. Both new clubs are under the administration of the Hong Kong District.



Internation Donation 2023/HKS							
Club Name	EF	SF	TOF	ASF	RBM	YES	Total
Hong Kong Club	200.00	830.00	9,360.00	200.00	200.00	200.00	10,990.00
Knoboon Club		500.00	1,000.00				1,500.00
Vietnam Club	500.00	500.00	500.00	500.00	500.00	500.00	3,000.00
Persepolis Club			900.00		2,100.00		3,000.00
Bahama Club		780.00	1,000.00				1,780.00
Tsim Sha Tsui Club			1,950.00				1,950.00
New Territories Club	500.00		500.00	1,000.00	500.00	500.00	3,000.00
Island South Club			1,000.00		1,000.00		2,000.00
North West Club				156.00			156.00
Island East Club			500.00	1,000.00		500.00	2,000.00
Makau Club				500.00			500.00
New Territories West Club				780.00			780.00
New Tauxit Wan Club					500.00		500.00
New Territories East Club				500.00			500.00
	1,200.00	2,610.00	16,710.00	4,636.00	4,800.00	1,700.00	31,656.00

EF=Endowment Fund      TOF=Time of Fast      ASF=Alexander Scholarship Fund  
 BF=Brotherhood Fund      YES=Y's Extension      RBM=Roll Black Malaria  
 PWAL=Paul William Alexander Legacy

## The District Joint Meeting in December

Professor Au Wai Kwong ,Elvis,BBS as our guest speaker, he shared the experience of the global warming in Greenland.

The theme is “從格陵蘭到香港-氣候變化與我何干”

It was held in December 2022 in Crystal Ballroom, CityView Hotel



## Leadership Training

The first Leadership Training Workshop 2022-2023 covered the history and mission of Y's Men's Club with sharing by dedicated Club leaders with aims to enhance team spirit :

- History & Growth - by PAP Chou Wing Ping; PRD Alexander Chan; PDG Benjamin Lam
- Emphasis Projects - By Green Project Director Henry Ngan ; DG Pinky Seung; IPRD Joan Wong
- Organisational Structure By CP Edith Law
- Club Leaders' Duties & Responsibilities by James Kong AT/RSD-EMC, Hong Kong District Consultant.

The 2nd Leadership Training was held on 16 Oct 2022 (Sun) in the Cityview Hotel.

The theme was 「聯青與你有個約會 不一樣的服務團體」 by the renounced guest speaker, Mr. Patrick Yuen . To provide incentives for Clubs and Club members in making an effort to boost Club membership



## Community service

Hong Kong District Social Service Launching Ceremony of Caring and Harmony was kicked off at the "Dragon Centre " in Sham Shui Po, thousands of people witnessed this grand event, which is a good promotion to let more people know Y's Men International.

Social Service Director Wendy Lau chaired this kick off event.

The special education needs children of Green Grass Note , a non-profit organisation, volunteer to perform dances and Chinese martial arts on stage. CP Christopher Chan, PCP Sophia Fong, PCP Sally Au and her daughter Patricia Wong together with five calligraphy teachers holding a on-site calligraphy competition and a total of more than 300 sheets of Huichun are distributed.

The Y' sMen International • Hong Kong District and the Islamic Kasim Tuet Memorial Secondary School jointly organized the Cardboard Sculpture Creation on April 1, 2023, caring for students interest in art, promoting environmental protection art, and promoting the Y' sMen International. The theme of the sculpture is on the celebration of the centennial of Y'sMen International.



## EVENTS

Spring dinner with theme "Golden & Red colour in the year of Rabbit" was organised on 20 February 2023 in the Gala Restaurant on One Peking Road.



### The Spring Reception of Y's Men Clubs in Guangzhou

Secretary General Li Jian explained the advantages of the Guangdong-Hong Kong-Macau Greater Bay Area.

With the support of a series of national policies, the relationship between Hong Kong and the Mainland has entered a new stage, especially in terms of closer economic ties. It will become a new trend for Hong Kong youth to work and develop in Mainland China, which is beneficial for promoting youth exchange in all aspects of employment, study, socializing, history, and culture. Through Greater Bay Area development, Hong Kong's young elites can better understand the cultural history of the Chinese nation and the latest economic development in the Mainland. The Hong Kong District will continue to work closely with YMCA to promote and support the YMCA Art Integration Education Project.



### The Centennial Celebration in Taipei in March

17-member delegation attended

#### 89 th Southeast Asia Regional Conference

26-27 May , 2023 in Bangkok

This conference provides a valuable and enjoyable opportunity to showcase the achievements of our clubs, districts, and regions over the past year. It also allows us to enjoy warm fellowship and congratulate one another on the positive change we have fostered through our shared passion for the Y's movement.

Charming Shum AP2022-2023 / IPE 2023-2024 shared the theme "Reform & Openness" and slogan "Simple is the Beauty"



Pinky Y F Seung  
District Governor - Hong Kong District (2022-2023)

## 第48屆全港青年學藝比賽

民政事務總署贊助

全港青年學藝比賽大會 國際聯青社·東南亞地域·香港地區 合辦

全港青年演講比賽(2022-23年度)

全港青年學藝比賽大會及國際聯青社·東南亞地域·香港地區合辦的全港青年演講比賽(2022-23年度)於2023年4月16日(星期日)，假將軍澳唐俊街8號仁濟醫院王華湘中學舉行

主任委員: 商月芬女士

副主任委員: 陳綺雯女士及鄭凱誠先生

委員: 仇永平先生擔任永遠顧問，黃茵茵女士擔任顧問。潘星璋先生、傅劍非先生、莫嘉豪先生、鄭敏芝女士、謝秀薇女士、仇慧潔女士、黃佩麗女士、趙志揚先生、陳淑儀女士、林雅詩女士、陳駿斌先生、陳為民先生及劉麗斯女士

### 演講比賽

本屆比賽共設6個組別，共有177人報名參加比賽，包括粵語初中組60人、粵語高中組40人、普通話中學組38人、英語中學組12人、粵語或普通話公開組12人及即席演講組15人。



### 演講比賽評判姓名

盧青雲博士 林莉女士 劉甘來先生 曾詩紋女士 劉平女士 梁伯鉅先生 陳芷女士 曾繁光先生  
容馬珊兒女士 康一橋老師 葉德霖先生 周華梅女士 黃志聰老師 鍾澤博士 馬小蘭女士 李虹女士  
殷勤女士 張文嫻博士 余真女士 沈惠英博士 楊浩女士 梁惠女士 楊化容女士 薛焯華先生  
李皓蓮女士 宋立揚先生 李詠健博士 尹慶源先生 BBS 葉植興先生 倪秉郎先生 趙葉秀常博士

第 48 屆全港青年學藝比賽  
民政事務總署 全港青年學藝比賽大會  
國際聯青社·東南亞地域·香港地區 合辦  
全港青年演講比賽(2022-23)  
得獎名單  
粵語初中組

名次	編號	姓名	就讀學校
冠軍	1015	曾緯喬	仁濟醫院王華湘中學
亞軍	1060	黃梓澄	衛理中學
季軍	1010	鄧曉恩	九龍真光中學
優異獎	1007	洪詩韻	九龍真光中學
優異獎	1012	方詩晴	仁濟醫院王華湘中學
優異獎	1013	陳朗倫	仁濟醫院王華湘中學
優異獎	1027	潘晞桐	荃灣官立中學
優異獎	1029	周昕榆	順德聯誼總會鄭裕彤中學
優異獎	1033	林恩慈	聖士提反女子中學
優異獎	1036	關沛妍	聖士提反女子中學
優異獎	1038	梁峻源	聖公會林裘謀中學
優異獎	1058	陳穎蕎	趙聿修紀念中學

\*得獎結果以獲獎通知書為準。

第 48 屆全港青年學藝比賽  
民政事務總署 全港青年學藝比賽大會  
國際聯青社·東南亞地域·香港地區 合辦  
全港青年演講比賽(2022-23)  
普通話中學組

名次	編號	姓名	就讀學校
冠軍	3023	馬鳴熾	聖士提反女子中學
亞軍	3005	張宜盈	仁濟醫院王華湘中學
季軍	3020	吳曦辰	培僑中學
優異獎	3001	楊曦遠	香港道教聯合會鄧顯紀念中學
優異獎	3003	余淑怡	仁濟醫院王華湘中學
優異獎	3004	李穎恩	仁濟醫院王華湘中學
優異獎	3006	賴靖琳	仁濟醫院王華湘中學
優異獎	3011	趙一暢	拔萃女書院
優異獎	3012	胡倩熙	保良局百周年李兆忠紀念中學
優異獎	3013	謝宛延	保良局百周年李兆忠紀念中學
優異獎	3014	王苑廷	香港道教聯合會鄧顯紀念中學
優異獎	3026	邵綺悠	聖公會莫壽增會督中學

\*得獎結果以獲獎通知書為準。

第 48 屆全港青年學藝比賽  
民政事務總署 全港青年學藝比賽大會  
國際聯青社·東南亞地域·香港地區 合辦  
全港青年演講比賽(2022-23)  
粵語或普通話公開組

名次	編號	姓名	就讀學校
冠軍	5008	徐苡樺	/
亞軍	5009	馬子慧	香港中文大學
季軍	5011	劉珮蔚	/
優異獎	5007	邱志恒	/

\*得獎結果以獲獎通知書為準。

第 48 屆全港青年學藝比賽  
民政事務總署 全港青年學藝比賽大會  
國際聯青社·東南亞地域·香港地區 合辦  
全港青年演講比賽(2022-23)  
得獎名單  
粵語高中組

名次	編號	姓名	就讀學校
冠軍	2013	葉宋文	培僑中學
亞軍	2039	盧嘉晴	路德會協同中學
季軍	2036	陳蓉蓉	路德會協同中學
優異獎	2002	王子昊	仁濟醫院王華湘中學
優異獎	2003	余子諾	仁濟醫院王華湘中學
優異獎	2004	彭景熙	仁濟醫院王華湘中學
優異獎	2010	梁芷瑜	英華女學校
優異獎	2023	蔡家霖	港澳信義會慕德中學
優異獎	2024	鍾汶均	港澳信義會慕德中學
優異獎	2025	黃子晴	聖士提反女子中學
優異獎	2029	劉曉峯	聖若瑟英文中學
優異獎	2030	司徒穎鋒	路德會協同中學

\*得獎結果以獲獎通知書為準。

第 48 屆全港青年學藝比賽  
民政事務總署 全港青年學藝比賽大會  
國際聯青社·東南亞地域·香港地區 合辦  
全港青年演講比賽(2022-23)  
英語中學組

名次	編號	姓名	就讀學校
冠軍	4006	李沛宜	哈羅香港國際學校
亞軍	4007	李沛欣	哈羅香港國際學校
季軍	4009	陳映霖	培僑中學
優異獎	4008	何花	香港道教聯合會鄧顯紀念中學
優異獎	4012	李晴	德望學校(中學部)

\*得獎結果以獲獎通知書為準。

第 48 屆全港青年學藝比賽  
民政事務總署 全港青年學藝比賽大會  
國際聯青社·東南亞地域·香港地區 合辦  
全港青年演講比賽(2022-23)  
即席演講組

名次	編號	姓名	就讀學校
冠軍	6014	黃銓玉	
亞軍	6010	陳彥行	
季軍	6017	曹倩儀	
優異獎	6003	李子欣	
優異獎	6006	林浩華	
優異獎	6011	陳晞文	瑪利曼中學

\*得獎結果以獲獎通知書為準。



# 香港聯青社

**Y'S MEN'S CLUB OF HONG KONG**

Chartered 1932

## Club President's Report 2022-2023

The club year 2022-2023 was a year of blessings – the threat of Covid-19 and the mandatory social distancing came to an end and the city gradually resumed back to normal. Being the elected Club President of this year, I would like to take this opportunity to express my gratitude to our Officers and Directors who had paid tremendous efforts to make our club programmes smoothly implemented.

First Vice -President	Eric Liu
Second Vice-President	Victor Wong
Hon Treasurer	Nathaniel Lam
Hon Secretary	Shirley Yuen
Membership	Eric Liu
House	Charles Sit
Programme	Shirley Yuen
Time of Fast	Jonathan Lee
World Outlook & External Affair	Eric Liu & Victor Wong & David Wong
Recreation & Sports & Fellowship	Nathaniel Lam & Kristine Chung
Attendance	Jane Lam
Fund -raising committee	Eric Liu & Victor WONG
Service committee	Eric Liu
Facebook & Website Management	PL Lau & Alison Lau
Advisors	Kenneth Sit & Cary Fung
90 <sup>th</sup> Anniversary task force	Alison Lau (Convenor) , Kristine Chung Aurelius Fung, Nathaniel Lam





# 香港聯青社

## Y'S MEN'S CLUB OF HONG KONG

Chartered 1932

### 90th Anniversary



Even under the threat of Covid-19, our Club managed to hold a gala dinner celebrating our 90th anniversary on November 5, 2022.



One of the highlights of that evening was the donation of HKD530,000 made by our Club (HKD\$ 100,000 from the Service Fund plus HKD430,000 made by our members personally) to Chinese YMCA's Foundation of Youth Self-Realization Scheme.

### 90 Years of Service & Fellowship in Hong Kong

Y's Man PL Lau paid great effort assembling the important information/data and services of the Club into a resource book - "90 Years of Service & Fellowship in Hong Kong". Y's Men and friends can access or download this book from our Facebook site. Comments are welcome.



### Fund Raising programmes

Commemorating the 90th Anniversary of our club, we have accomplished an Environmental, Social & Governance (ESG) Project in Wong Yi Chau Chinese YMCA Youth Camp by planting 9 trees (representing our 90 Years service) in a designated site known as the "Y's Men's Wonderland". This was also our Fund-Raising programme of the year. Lok Sin Tong Lau Tak Primary School was being invited to participate in this meaningful campaign as well.



### Newborn Y'sling – Trinity Pippa Lee

We are delighted to welcome the arrival of a new lovely Y'sling to HK Club. With God's blessing, may you never stop experiencing happiness and joy.





# 香港聯青社

**Y'S MEN'S CLUB OF HONG KONG**

Chartered 1932

## Services

Club Year 2022 -2023	Projects	
July 2022	Che Lok Kindergarten	11,000
Nov 2022	CYMCA Foundation of Youth Self - Realization Scheme	100,000
Dec 2022	Happy Stories	25,000
Apr 2023	Y's Men's Wonderland - Tree Planting at Wong Yi Chau	24,000
June 2023	ESGProject with Lok Sin Tong Lau Tak Primary School	10,000
June 2023	Visiting families living in sub-divided flats	To be confirmed
2022 - 2023	Donation of used text books / reference books to Lok Sin Tong Lau Tak Primary School	Donated by members and friends
	<b>TOTAL</b>	170,000



## Time of Fast

A Time of Fast gathering was held on Apr 24, 2023 in YMCA "Bridge Street Centre". It is a centre that has lots of fond memories to our Club. A sum of over \$7,000.00 was collected. Special thanks must be given to Y's Man Jonathan Lee who has organized this event in a wonderful manner.



## New members

We were delighted to have 3 new members joining this family this year.



Y's Man Evan Yip



Y's Man Andrew Wong



Y's Man Ronald Yam

## Fellowship

Date	Events
31 July 2022	Boat Trip organized by Y's Man David Wong
9 Sept 2022	Mid -Autumn Festival Fellowship organized by Nathaniel Lam and Benjamin Lam
15 Oct 2022	Boat Trip organized by Y's Man David Wong
22 Dec 2022	Fellowship luncheon meeting for Season's Greetings
26 Dec 2022	Fellowship lunch with under - privileged families organized by Y's Men Eric Liu and Jane Lam
24 Apr 2023	Fellowship lunch and Time of Fast organized by Y's Man Jonathan Lee
29 Apr 2023	Fellowship BBQ at Wong Yi Chau after the tree planting activities organized by Victor Wong





# 香港聯青社

**Y'S MEN'S CLUB OF HONG KONG**

Chartered 1932

## Luncheon

Special thanks to: Y's Man Kenneth SIT for his great effort in securing the prestigious Hong Kong Club as the meeting venue; Y's Men Shirley Yuen, Monica Ng and Cary Fung for inviting prominent speakers for the luncheons.

DATE	GUEST SPEAKE	TOPIC
July 2022	Prof. LAU Chi Pang	The Jumbo Floating Restaurant and the conservation policy in Hong Kong
August 202 2	Ivy Yip, Principal of Man Kiu Association Primary School	疫情下的教育新常態
September 2022	Mr. Harry Chan	Hong Kong's "ghost net hunter "
October 202 2	Mr. Freddie Hai, Director of Rocco Design Architects Associates Limited	Design and Architecture of Hong Kong Palace Museum
November 2022	Ms. Julia Wong, Managing Director of Pension Sales & distribution Investment & Retirement Services Ltd.	The Ordinances to abolish the use of the accrued benefits derived from employers' mandatory contributions under the MPF System to offset severance payment and long service payment
December 2022	N/A	Christmas celebrat ion luncheon
January 2023	Mr. Endy Chung, Canadian Trade Commissioner of Consulate General of Canada	Review of Hong Kong 's Intelligent Transport System
February 2023	Professor Edward Chen Kwan Yiu, Former Principal of Lingnan University	Global Economy Post Cover: Risks AND Opportunities
March 2023	Mr. Gary Soon, Associate Director of Infosys Limited	Metaverse
<b>April 2023</b>	Mr. Tang King Shing, Director (Strategic Planning) of KTSP	Kai Tak Sports Park
<b>May 2023</b>	<b>Mr. Patrick W. L. Leung (Ph. D), Professor, The Chinese University of HK</b>	Autism: Its features underlying deficits, and adult outcomes
<b>June 2023</b>	<b>Mr. Ivan So, Digital Consultant HD Course</b>	CHAT GPT

## Conclusion

We have to thank specifically to members, officers and directors and related secretary of YMCA. Our services projects can't be accomplished without the relentlessly support by them. It is extremely encouraging that the Past President Council has elected me as the Club President for 2023-2024 again. Hopefully, with the experience gained from this year and the helps from our new Board and Officers, we can bring our service and fellowship to the next higher level.

Let's work together for continuous success of our Club and our services to the needy never stop.

Patsy Tse  
Club President 2022-23  
29<sup>th</sup> May 2023



### Club Profile

Kowloon Club is the second oldest club in the Hong Kong District, our Club was chartered with sixteen members under the sponsorship of the Y's Men's Club of Hong Kong on 21st February, 1952. Y's Man K. C. Juan was the first President. Since the Club is affiliated with the International Association of Y's Men's Clubs, Geneva, Switzerland, the Club operates under the objectives of the International Association, which emphasizes "Fellowship, Brotherhood and Service.". We are now a bilingual club with 15 members.

We meet once a month, mainly on the second Wednesday. During the past year, members continued to enjoy good fellowship and worked together to raise substantial funds for supporting various social services projects. Our service targets included the youth, the elderly and the poor both in Hong Kong and the Mainland.

### Meetings and Social Service Projects of Y's Men Club of Kowloon 2022–23

#### 1. Meetings

1.1	23/07/2022	Joint Installation
1.2	14/09/2022	Joint Meeting with Bauhina Club and Victoria Club
1.3	05/10/2022	Board Meeting
1.4	01/11/2022	Board Meeting
1.5	21/11/2021	Board Meeting
1.6	26/11/2022	70th Anniversary and Fund Raising Dinner.
1.7	01/12/2022	Joint District Meeting
1.8	11/01/2023	Regular Meeting
1.9	15/02/2023	Spring Dinner
1.10	20/02/2023	Joint District Spring Dinner
1.11	23/03/2023	Social Gathering
1.12	31/05/2023	Regular Meeting
1.13	14/06/2023	AGM

2. Kowloon Club's 70th Anniversary Celebration and Fund Raising Dinner was accomplished on 26th November 2022. We had an enjoyable time with our guests and Y's men from other clubs. We raised \$110,000 for our social service fund.
3. Y's Men's Club of Kowloon is award the Caring Organisation Logo by The Hong Kong Council of Social Service, in recognition of our commitment in Caring for the Community over the past years.
4. Y's Men Philip Ko, Thomas Kwan, and Patrick Tam got the Ruby Member Award(40–44 years), Y's Lady Alice Lam got Pearl member Award(30–34 years) and Y's Men Philip Mak, Simon Ng and Y's Lady Ada Cheung and Mary Wong got the Lone Service Award(10–29 years) in the Long Service Award Scheme.
5. Due to the COVID–19 pandemic, the program “老友記·身心靈·鬆一Zoom” which sponsored in last financial year by our club had extended the online health promoting Zoom programme to this year. Another part was to provide emergency material support to the elderly who are infected Covid–19 or are quarantined.
6. Kowloon Club continued to sponsor \$36,000 to Chinese YMCA New Territories Centre to organize 6 rounds “熱飯放「餸」 – 愛心飯堂” in order to support New Territories Centre to provide a healthy and delicious meal to the deprived elderly nearby. Due to the pandemic, NT Centre delivered the lunch boxes to the targeted elderly instead of having the meal together in the canteen.
7. Kowloon Club sponsored \$5,500 for the program “「兔」氣揚眉新春派對” which organized by Chinese YMCA Chai Wan Neighbourhood Elderly Centre aiming at enhancing the social support and mental health of elderly after the pandemic.



# 九龍聯青社

## Y's Men's Club of Kowloon

Chartered 1952

### Past Presidents

1952–1953 K. C. Juan	1977–1978 Yu Kwok Chi
1953–1954 T. C. Tseng	1978–1979 Brian van Buuren
1954–1955 Finch Loh	1979–1980 S.T. Tang
1955–1957 Loren E. Noren	1980–1982 Andrew F.S. Yang
1957–1958 Fu Sheing Ling	1982–1984 Daniel Lai
1958–1959 Hubert Cheng	1984–1986 James Wong
1959–1960 Alex C. C. Cheng	1986–1988 Stanley Tam
1960–1961 Chow Wing Lau	1988–1990 Patrick H.C. Tam
1961–1963 Stanley H. Koo	1991–1994 Philip S.W. Ko
1963–1966 C. P. Louie	1994–1995 Thomas T.H. Kwan
1966–1967 K. K. Tsang	1995–1997 Alice L.W. Lam
1967–1968 K. F. Leung	1997–1998 Philip S.W. Ko
1968–1969 Hugh Smith	1998–2001 Alice C.L. Lam
1969–1970 Nelson H. H. Lau	2001–2003 Christopher S. K. Chung
1970–1971 Tames Lai	2003–2006 Philip S.P. Mak
1971–1972 Victor Chugani	2006–2016 Philip S.W. Ko
1972–1973 Robert L. Turnipqssed	2016–2017 Ada Cheung
1973–1974 Henry L. T. Cheung	2017–2019 Simon Ng
1974–1976 Y. F. Shum	2019–2023 Mary Wong
1976–1977 Troy T. Kato	

### Board of Directors (2023–2024)

President :	Mary Wong
Vice President :	Alice LW Lam
Hon. Secretary :	Thomas Kwan
Hon. Treasurer :	Patrick Tam
Related Secretary :	Joanne Chan

### Committee Chairpersons

Programme :	Cinder Yeung
Social Service :	Ada Cheung
House Committee :	Philip Ko
Bulletin :	Joanne Chan
Membership :	Philip Mak
World Outlook :	Iva Lo
Ex-officio :	Simon Ng
Hon. Internal Auditor :	Simon Ng
Hon. External Auditor :	D.Y. Lee
Members:	Peter Li, Sandy Ng, Edward Yu, Soshila Keswani, Winnie Ching



# 九龍聯青社

## Y's Men's Club of Kowloon

Chartered 1952

70th Anniversary and Fund Raising Dinner



Joint Installation-Long Service Award



Joint Installation



Joint Meeting with Bauhinia and Victoria Club



Joint District Meeting



Joint District Spring Dinner



AGM





# 九龍聯青社

## Y's Men's Club of Kowloon

Chartered 1952

Regular Meeting



Social Gathering



愛心飯堂



Joint Installation



「兔」氣揚眉新春對



獲嘉許同「同心展關懷」標誌



老友記。身心靈。鬆一ZOOM





# 維多利亞聯青社

## Y's Men's Club of Victoria

Chartered 1962

### 2023-24 年度職員名單



李嘉騏  
Johnny LEE  
(第一副社長, PCP)



陳為民  
Christopher CHAN  
(社長)



宋揚  
Sonia SONG  
(第二副社長)



尤啟文  
Man YAU  
(義務秘書, IPCP)



梁景福  
Jackson LEUNG  
(義務司庫, PCP, PDG)



仇永平  
Wing Ping, CHOU  
(理事, PCP, PDG, PRD, PAP, ICM)



區金瑤  
Sally AU  
(理事, PCP)



李廣林  
Kwong Lam, LEE  
(理事, PCP)



王碧思  
Patricia Wong  
(理事, PVP)



盧青雲  
Ching Wan, LO  
(理事)



鄭杏儀  
Carol, CHENG  
(理事)

### 歷屆社長

- |               |               |               |
|---------------|---------------|---------------|
| 1962 – 63 羅國城 | 1975 – 76 陳民欣 | 1991 – 93 雷少紅 |
| 1963 – 64 楊顯聲 | 1976 – 77 吳智能 | 1993 – 95 梁景福 |
| 1964 – 65 姚漢樑 | 1977 – 78 洪超仁 | 1995 – 97 馮錦霞 |
| 1965 – 66 仇永平 | 1978 – 79 胡宗維 | 1997 – 98 甄肇麟 |
| 1966 – 67 林珏  | 1979 – 80 余鐵垣 | 1998 – 01 李嘉騏 |
| 1967 – 68 郭永亨 | 1980 – 81 林光如 | 2001 – 07 李廣林 |
| 1968 – 69 林啟華 | 1981 – 82 李國永 | 2007 – 08 江振華 |
| 1969 – 70 梁中力 | 1982 – 84 林和平 | 2008 – 10 潘樹仁 |
| 1970 – 71 楊革非 | 1984 – 85 譚慶生 | 2010 – 13 區金瑤 |
| 1971 – 72 鄭學全 | 1985 – 87 甄肇麟 | 2013 – 16 梁鍵  |
| 1972 – 73 嚴振芳 | 1987 – 89 羅遠權 | 2016 – 21 尤啟文 |
| 1973 – 75 鄭仲河 | 1989 – 91 曹景柏 | 2021 – 23 陳為民 |



# 維多利亞聯青社

## Y's Men's Club of Victoria

Chartered 1962

### 2022-2023國際聯青社 香港地區 聯合就職禮



維多利亞聯青社社長陳為民校長，旗開得勝。



四社聯盟 (左起)：維多利亞社長陳為民校長、半島社長郭國正先生、香港地區副總監鄭凱誠先生及新界西社長黎偉誠先生。



商務及經濟發展局副局長陳百里博士JP(中)主禮及監誓，儀式後與眾委員合照



維聯社顧問、眾社長及委員。



香港區總監 商月芬女士(後右三) 與 維聯社社友合照。



服務社區卅五年的資深社友  
伍健新博士獲大會嘉許。



服務社區六十年的資深社友  
仇永平先生獲大會嘉許。



# 維多利亞聯青社

## Y's Men's Club of Victoria

Chartered 1962

### 維聯社六十周年鑽慶活動 -- 少數民族共融交流日



「民族共融交流日」各裔小朋友，獲維聯社資深顧問 仇永平(左三)、梁景福(左二)及伍健新博士(右一)與本社委員頒贈消費禮券。



學習與認知階段。



齊高歌！



社友們準備就緒，活動即將開始。

### 第48屆全港青年學藝演講比賽



第48屆全港青年學藝演講比賽完滿結束，眾籌委與比賽大會主席 陳毅生先生BBS (左七)合照



全港青年學藝比賽結束，顧問及委員與專家評委共進午餐。



全港青年學藝演講比賽，粵語及普通話組評委 康一橋校長(中)與陳為民社長及參賽同學合照。



全港青年學藝演講比賽後，社友 盧青雲博士(右前)與眾評委午餐交流。

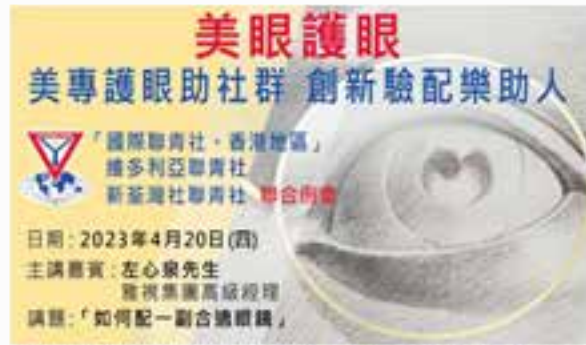


# 維多利亞聯青社

## Y's Men's Club of Victoria

Chartered 1962

維聯社及新荃灣社 與 香港美術專科學校(1952)及雅視集團  
齊推動「美眼護眼」社區驗配服務



獻上愛和服務，聯青社友以「美眼護眼」為香港社群創造福祉。



「美眼護眼」左起：眼鏡設計師謝偉權先生、新荃灣社社長陳法行醫生、雅視集團高級經理左心泉先生、維聯社社長陳為民校長及國際聯青社香港區副總監陳綺雯女士。



主講嘉賓 雅視集團高級經理 左心泉先生(右)與 YMCA香港中華基督教會聯青聾人中心 麥惠芸主任(中)及維聯社社長陳為民校長講座後合照。



「美眼護眼」專業檢眼創新機，社友同為社會謀福祉。



配上眼鏡架，儀容添加美麗健康，信心十足！



聯青聾人中心眾會友手語分享，示意眼鏡架欸美好，大家滿意！



YMCA 聯青聾人中心首批聾啞會友在選擇眼鏡架，樂在其中。



# 維多利亞聯青社

## Y's Men's Club of Victoria

Chartered 1962

### 維多利亞聯青社60周年鑽禧、2023香港地區聯合春茗 及 五社聯合例會



癸卯福兔春茗，宋揚副社長(左)、伍健新博士(中)及社長陳為民校長齊高歌賀歲。



維聯社60周年鑽禧慶典暨慈善晚宴，來賓和眾社友抽得紀念品。



維聯社60周年鑽禧慶典暨慈善晚宴，眾社齊來祝福慶賀。



維聯社60周年鑽禧慶典暨慈善晚宴，眾社齊來祝福慶賀。



六十周年鑽禧慶典，香港中華基督教青年會(YMCA)社務總監李慶偉博士(右)蒞臨致詞勉勵，詞中表達了對維聯社六十周年鑽禧的祝賀，並鼓勵社友繼續為社會做出更多貢獻，氣氛熱烈，掌聲不斷。



五社聯合例會，香港中華基督教青年會(YMCA)執行幹事李道生先生(左)親臨指導，維聯社社長陳為民校長門前親自迎接，彰顯重視。



維多利亞聯青社於12月19日晚上舉行60周年慈善晚宴，逾百名嘉賓與我們共慶鑽禧，氣氛親切有魅力。



五社聯合例會於青年會水晶宮殿。



# 維多利亞聯青社

## Y's Men's Club of Victoria

Chartered 1962

### 香港維多利亞聯青社社友活動的一部分



本年1月17日陳為民社長於修頓中心民政事務署，出席第48屆全港公開青年學藝比賽演講組會議。



社友們出席 仇志德(右一)、仇志中(右二)、仇志正(左一)三人之「紀念哥哥張國榮之攝影聯展」欣賞會。



社友出席維聯社資深社友伍健新博士(前排左四)的「感恩敬親答謝良朋午餐會」。



香港美術專科學校為慶祝創校七十一周年，在亞洲國際博覽館舉辦紀念展覽。國際聯青社2023亞洲大會籌委會主席 陳遠華先生(左二)、維聯社資深社友梁景福先生和仇永平先生一同出席致賀。他們還在齊白石大師、香港美專創校校長陳海鷹，以及「中國油畫第一人李鐵夫」的油畫肖像旁合照，並與香港美專校長陳為民社長深切交流，紀念這特別時刻。



維聯社第一副社長李嘉騏PEP(前排中)創立博藝館推廣粵劇文化，眾社友出席開幕致賀。



社友仇永平(左三)及盧青雲博士(左二)等齊參觀 王碧思社友的篆刻印章展。



右圖：王碧思社友篆刻。



維聯社資深社友李廣林先生(右) PCP，獲OISCA嘉許「熱心服務」紀念狀。資深會友仇永平先生伴隨。



維聯社社長陳為民校長(左三) 出席香港尼泊爾聯會的環球美食節，受到該會會友熱烈歡迎。



# 國際半島聯青社

## THE Y'S MEN'S CLUB OF PENINSULA

(Affiliated with the International Association of Y's Men's Club)  
c/o 23 Waterloo Road, Kowloon. Tel: 2775 6033

國際半島聯青社成立於1968年，由創社社長趙之瑾及一班熱心社友共同努力下成立。主要目的是促進聯青社社友及香港中華基督教青年會之間的友誼，以及積極參與社會服務，回饋社會。

三年疫情終於過去，喜見「雨後陽光」，新一年全球將步入「百廢待興」階段，無論經濟與民生仍需時間復甦！

回顧過去一年半島社堅守崗位，服務全港市民為己任，繼續派發物資予各基層或有需要人士，2023年春天疫情漸露曙光，本社開始主辦及協辦不同服務及活動：關愛共融啟動禮之『春暉迎躍兔』，即場派發揮春，能夠再次與廣大市民親身接觸交流，大家重現笑臉！

其中最令人鼓舞的是，半島社陳綺雯理事當選新一屆國際聯青社香港地區總監，素知陳綺雯理事投入參與服務不遺餘力，今次能夠當選，必定貫徹始終，正如參選口號：閃耀香港，齊心事成！

<郭國正於2023年5月>

### 2023 - 2024 年度 理事及社友



潘星璋社長



郭國正  
當然理事



羅靜衍  
第一副社長



楊俊明  
第二副社長



羅智威  
義務司庫



馬裕施  
義務秘書



羅麗君理事



陳綺雯理事



陸婉兒理事



周婉坤理事



吳杏楨理事



劉俊泉社友



陳子健社友



徐麗儀社友



羅文佑社友



郭振興社友



鄧榮林社友



林志勤社友



羅周金社友



張海燕社友



楊培鈺社友



葉智偉社友



廖麗心社友



張穎社友



鄭戈野社友



黎宇  
聯絡幹事



莫凱淇  
聯絡幹事助理



國際半島聯青社  
The Y's Men's Club of Peninsula

# 國際半島聯青社 THE Y'S MEN'S CLUB OF PENINSULA

(Affiliated with the International Association of Y's Men's Club)  
c/o 23 Waterloo Road, Kowloon. Tel: 2775 6033

2022年7月23日 - 國際聯青社香港地區聯合就職典禮  
陳綺雯理事連任香港地區副總監；郭國正社長連任社長；馬裕施社友任區會的Programme Director  
及獲最佳社友獎；陸婉兒理事、周婉坤理事、吳杏楨理事及劉俊泉社友獲長期服務獎



2022年8月4日 - 例會及理事會



2022年8月27日 - 中秋節愛心月餅派發。國際半島聯青社 及 SDL 動力學習協會 合辦





國際半島聯青社  
The Y's Men's Club of Peninsula

# 國際半島聯青社 THE Y'S MEN'S CLUB OF PENINSULA

(Affiliated with the International Association of Y's Men's Club)  
c/o 23 Waterloo Road, Kowloon. Tel: 2775 6033

2022年8月31日 - 中秋節愛心月餅派發. 國際半島聯青社 及 香港生命力 合辦



2022年9月至11月 - 例會及理事會 (雙軌模式進行)



2022年12月3日 - 國際半島聯青社 54周年社慶



2023年1月5日 - 五社聯合例會暨主題晚宴. 維聯社、半島社、新界社、新界西社、新荃灣社





國際半島聯青社  
The Y's Men's Club of Peninsula

# 國際半島聯青社 THE Y'S MEN'S CLUB OF PENINSULA

(Affiliated with the International Association of Y's Men's Club)  
c/o 23 Waterloo Road, Kowloon. Tel: 2775 6033

2023年1月7日 - 關愛共融之「春暉迎躍兔」. 國際聯青社香港地區及石硤尾會所合辦



2023年1月15日 - 「關愛共融」啟動禮之春暉迎躍兔



2023年2月20日 - 國際聯青社香港地區「癸卯福兔春茗」



2023年3月9-13日 - 國際聯青社100週年紀念慶典. 社友代表前往台灣出席活動



2023年3月15日 - 例會及理事會



2023年3月23日 - 陳綺雯理事獲投選為2023-24年度國際聯青社香港區區總監



2023年4月1日 - 「關愛共融」立體紙皮雕塑藝術創作



2023年4月6日 - 例會暨陳綺雯理事當選總監慶祝會



2023年4月16日 - 全港青年演講比賽  
國際聯青社香港地區 與 全港青年學藝比賽大會 及 民政事務總署 合辦



2023年5月4日 - 例會及理事會



2023年5月25日 - 社友出席於泰國舉辦的國際會議



2023年6月1日 - 例會及理事會





# 紫荊聯青社

## Y's Men's Club of Bauhinia



Chartered 1979

Chartered 1979

### 歷屆主席 (List of Past Club Presidents)



### 2023-2024 年度社職員及理事



社長 President  
陳淑儀 Catherine CHAN





# 紫荊聯青社

## Y's Men's Club of Bauhinia



### 簡史

亞洲區第一個由全女性組成的紫荊聯青社，於1979年在星光行舉行創社典禮，創社成員有20位。本社共有三個結盟社，分別為1987年與日本百年社、夏威夷露亞奴社三角結盟為兄弟社及1995年與台灣百合社結盟為姊妹社。

### 二〇二二年至二〇二三年社務

社友人數：已繳費社友人數共17人(截至2023年6月止)

### 地區活動

2022年7月23日	參加國際聯青社香港地區2022/2023聯合就職典禮，共有10位社友出席。
2022年9月11日	參加國際聯青社香港地區-海上紅酒煙花追月夜，共有1位社友出席。
2022年10月2日	參加國際聯青社香港地區-香港珍珠場保育一天團，共有5位社友出席。
2022年10月16日	參加國際聯青社香港地區-聯青與你有個約會，共有6位社友出席。
2022年12月1日	參加國際聯青社香港地區聯合例會，共有5位社友出席。
2023年1月7日	參加國際聯青社香港地區-關愛共融之「春暉迎躍兔」，共有3位社友出席。
2023年1月15日	參加國際聯青社香港地區-關愛共融「啟動禮」，共有3位社友出席。
2023年2月20日	參加國際聯青社香港地區-癸卯春茗，共有6位社友出席。

### 聯誼活動、社會服務及特別活動

2022年6月14日	紫荊聯青社周年大會。
2022年6月18日	第88屆東南亞區域Zoom會議
2022年8月11日	日本百年聯青社、夏威夷努亞奴社合辦 IBC Zoom音樂會。
2022年9月9日	與新界東社於青年會粉嶺盛愛之家庇護工場舉行賞月團圓賀中秋活動。
2022年9月14日	紫荊社、維多利亞聯青社和九龍聯青社聯合舉辦之三社聯會例會。
2022年9月24日	出席「全港携手共進鏡頭下的香港」攝影比賽頒獎典禮。
2022年10月16日	出席香港中華基督教青年會與香港苗齒協會合辦全方位健康檢查日
2022年11月6日	出席香港聯青社90周年社慶晚宴。
2022年11月24日	出席地區網頁更新研習班
2022年11月26日	出席九龍聯青社70周年慈善晚宴
2022年12月3日	出席國際半島聯青社54周年社慶
2022年12月19日	出席香港維多利亞聯青社60周年鑽禧慶典暨慈善晚宴
2022年12月-2023年4月	兒童桌遊活動、桌遊Fun Fun Fun及老友記桌遊活動
2023年1月17日	出席全港青年學藝比賽演講
2023年1月29日	出席堅農新春慈善籌款市集
2023年4月7日	與日本百年社Tanikawa San共聚晚膳
2023年4月16日	出席全港青年演講比賽(2022-23年度)
2023年4月18日	港南社與紫荊社聯合例會

### 2022-2023年度之地區捐獻

友誼基金《2022-2023》	\$780.00
節食基金《2022-2023》	\$1000.00
本社捐獻總數：	\$1,780.00



# 紫荊聯青社

## Y's Men's Club of Bauhinia



2022年6月14日 – 紫荊聯青社周年大會



2022年7月23日 – 國際聯青社香港地區 – 2022/2023聯合就職典禮



2022年8月11日 – 日本百年聯青社、夏威夷努亞奴社合辦IBC Zoom音樂會



2022年9月9日 – 與新界東社於青年會粉嶺盛愛之家庇護工場舉行賞月團圓賀中秋活動



2022年10月16日 – 出席中華基督教青年會與香港苗圃協會合辦全方位健康檢查日



2022年12月1日 - 國際聯青社香港地區聯合例會



2022年12至2023年4月 - 兒童桌遊活動、桌遊Fun Fun Fun及老友記桌遊活動



2023年1月7日及1月15日 - 關愛共融「啟動禮」之「春暉迎躍兔」



2023年2月20日 - 國際聯青社香港地區癸卯春茗



2023年4月7日 - 與日本百年社Tanikawa San共聚晚膳



2023年4月18日 - 港南社與紫荊社聯合例會 - 主題「疫後旅遊新趨勢」





尖沙咀(國際)聯青社  
**Y's Men's Club of Tsim Sha Tsui**

Chartered on March 19, 1981

(Affiliated with International Association of Y's Men's Clubs)

C/O YMCA of Hong Kong, Salisbury Road, Kowloon, Hong Kong

**"TO ACKNOWLEDGE THE DUTY THAT ACCOMPANIES EVERY RIGHT"**

Chartered on 19th March 1981, the \*Y's Men's Club of Tsim Sha Tsui\* (TST Club) has been serving the community through various social service projects. An array of activities targeting different groups in the local communities such as the youth, the elderly as well as the ethnic minorities have been organized through close collaboration with YMCA of Hong Kong (YHK). The Club also supports the initiatives by the Hong Kong District and members actively participates in the district activities.

The Club has its regular meetings, which are open to both Club and non-Club members, on the first Thursday evening of each month. Interested person or group may contact the Club via email (email address: [ysmenhk.tst@gmail.com](mailto:ysmenhk.tst@gmail.com)) for details.

The Directors and Officers (2023/2024) of TST Club:

Club President	Andy FU	IBC Director	Rose YUN
Vice President	Sharon KO	Membership Director	Jorence TSANG
Club Secretary	Gabriel LEE	Programme Director	Tony NG
Club Treasurer	Rose YUN	Social Service Director	Tim WONG
Immediate Past President	Tony NG	Webmaster (Director)	Andy FU
Related Secretary (YHK)	Mavis LAM	Director	Percy CHILDE, David Uen
District Representatives	Andy FU, Rose YUN & Tony NG	Honorary Members	William Fu, Arthur Li , Tony da Silva, Kohei Yamada, Caroline Chu
Bulletin Director	Gabriel LEE		

Donations in Year 2022/2023

1.	Fortune bags to Single Living Elderly at Tung Chung (YHK)	HK\$15,000
2.	Thanksgiving buffet lunch to students (YHK)	HK\$ 7,146
3.	Sponsored articles for disease prevention (Chung Hok Elderly Centre, Western District)	HK\$ 4,000
4.	Sponsored charity flags day (YHK)	HK\$ 3,000
5.	Time of Fast Fund	HK\$ 1,950
TOTAL =		HK\$31,096



Recognition of Members' contribution to the Y's service(s):

- ◇ Ruby Member Award : Percy Childe (41 years)
- ◇ Pearl Member Award : Andy FU (34 years), Tim WONG (31 years), David Uen (31 years), Rose YUN (30 years), Caroline CHU (30 years)
- ◇ Long Service Award : Frederick NG (22 years), Jorence TSANG (15 years), Alvin KAN (11 years)

Heavy participation in YHK events





SMIT District Council Meeting & 89<sup>th</sup> SEA Regional Conference  
 From LHS :  
 2023/24 SMIT DG Clarence LING,  
 SEA IPRD Maneeharn RACHAN,  
 IPE Charming SHEN,  
 RDE Helena CHEAH &  
 PRD Andy FU

Supporting the HK District events





Reaching out and share the happiness of Other YM Clubs in the District



Social Services



Members' Fellowship





# 新界國際聯青社

## Y's Men's Club of New Territories

Chartered 1985

### 2023-2024 年度理事及社友



社長  
陳文偉



第一副社長  
陳秀麟



第二副社長  
梁冬梅



第三副社長  
尹曉暉



直前社長  
陳駿斌



義務書記  
麥錦華



義務司庫  
陳子瑛



社刊編輯  
梁照波



理事  
陳遠華



理事  
陳浩庭



理事  
李洪森



理事  
倪漢順



理事  
陳文華



理事  
陳偉明



理事  
鄧伯光



理事  
蘇偉聯



社友  
陳明生



社友  
王德渭



社友  
曾淑芳



社友  
麥德華



社友  
賴嘉汶



社友  
黃贊



社友  
陳加朗



社友  
陳秀鋒



社友  
鄭子洪



社友  
蕭偉添



聯絡幹事  
陸倩華



聯絡幹事助理  
黃慧欣



# 新界國際聯青社

## Y's Men's Club of New Territories

Chartered 1985

### 2022-2023 社務報告

- 1) 2022年9月7日舉行「耆樂團圓慶中秋」，本社親自選購月餅、水果，送上本會頤康之家，一同與79位長者在佳節前共慶中秋，增添節日氣氛。
- 2) 2022年12月1日參與及出席「香港地區聯合例會」，邀請到環境保護署前副署長區偉光教授，為我們分享講題：「從格陵蘭到香港：氣候變化與我何干？」。
- 3) 2022年12月9日於嶺南大學嶺南樓舉行例會，邀請到新加坡執業物理治療師莊子聰博士，為我們分享講題：「腰酸背痛、頸椎病及呼吸消炎治療」。
- 4) 2022年12月13日由本社協辦，元朗大會堂及西北聯青社主辦《中學辯論比賽2022「馮壽如盃」決賽暨頒獎典禮》，比賽以「香港中青發展及機遇」為主題，最後由宣道會陳瑞芝紀念中學榮獲冠軍。
- 5) 2023年1月5日於城景國際二樓水晶殿舉行「五社聯合例會暨主題晚宴」，邀請到一帶一路發展聯會專家顧問(旅遊) 程詩灝先生為我們分享主題：「可持續旅遊」。
- 6) 2023年1月17日 舉行「年糕送贈賀兔年」服務，向寶石湖長者鄰舍中心長者會友送上39盒質年蘿蔔糕及茶具禮盒，以表達本社的祝福及心意；我們所送贈的蘿蔔糕乃向本會社企青新馱訂購，為長者賀歲的同時，亦支持社企發展。
- 7) 2023年2月20日於尖沙咀嚶薈協助及參與「地區新春聯歡晚宴」。
- 8) 2023年4月1日，國際聯青社•香港地區與伊斯蘭脫維善紀念中學合辦，本社、半島社及尖沙咀社協辦「立體紙皮雕塑藝術創作」，目的為推廣環保藝術，融入社區，關愛年青人藝術興趣。
- 9) 2023年5月2日，本社與西北聯青社及新界東聯青社舉行聯合例會，邀請到陳鳳英醫生（香港中文大學兒科學系名譽臨床副教授及副顧問醫生/兒童體智及行為發展專科）為我們分享主題：「童行有你」。
- 10) 2023年5月28日本社贊助屯門會所舉行「健康Fun Fun Day」。為屯門居民及會友提供體驗新興運動的機會，並前社長倪漢順先生(香港環保科技專業人員總會會長) 分享講題：「垃圾徵費慳錢小貼士」。
- 11) 2023年6月14日本社贊助新界會所「愛心飯堂」，社友化身餐廳侍應，服務120位長者享用「豐富有營」中式小菜三餸一湯配白飯，晚餐前由前社長倪漢順先生分享「垃圾徵費」生活貼士。



# 新界國際聯青社

## Y's Men's Club of New Territories

Chartered 1985

耆樂團圓慶中秋 2022年9月7日

與天平頤康之家合作，為長者籌備活動，一同共慶中秋；本社社友親自選購月餅、水果，送上頤康之家。



新界國際聯青社例會 2022年12月9日

由本社主辦於嶺南大學嶺南樓舉行例會，是次邀請到新加坡執業物理治療師莊子聰博士，為我們分享講題：「腰酸背痛、頸椎病及呼吸系統治療」。



五社聯合例會暨主題晚宴 2023年1月5日

於城景國際二樓水晶殿舉行「五社聯合例會暨主題晚宴」，邀請到一帶一路發展聯會專家顧問(旅遊) 程詩灝先生為我們分享主題：「可持續旅遊」。





# 新界國際聯青社

## Y's Men's Club of New Territories

Chartered 1985

年糕送贈賀兔年 2023年1月17日

向寶石湖長者鄰舍中心長者會友送上賀年糕點及茶具，以表達本社的祝福及心意。



健康Fun Fun Day 2023年5月28日

讓屯門居民及會友可體驗新興運動及製作健康飲品，鼓勵建立運動及培養均衡飲食習慣，提升免疫力。



愛心飯堂 2023年6月14日

本社贊助本會新界會所「愛心飯堂」，當天社友化身餐廳侍應，服務120位長者享用愛心晚餐。





# 港南聯青社

## Y's Men's Club of Island South

Chartered 1988



2022年至2023年度社友及職員



社長 President /  
永遠榮譽社長  
Life Honorary President  
馬忠禮  
Lawrence MA



第一副社長  
1st Vice President  
阮佩嫻  
Candela YUEN



第二副社長  
2nd Vice President  
葉務允  
Me IP



義務司庫  
Hon. Treasurer  
仇慧潔  
Margaret CHUI



社會服務理事  
Social Service  
陳建源  
Claudius CHAN



節目理事 Program  
江潤紅 Helen KONG



會員理事 Membership /  
聯誼理事 Fellowship  
蔡素雯  
Coei CHOI



聯誼理事 Fellowship  
陳偉倫  
Mike CHAN



聯誼理事 Fellowship  
尹國根  
K.K. WAN



理事 Director  
鄭可伯  
Richard CHENG



社友 Member  
(義務核數  
Hon. Auditor)  
陳俊民  
Raymond CHAN



義務秘書  
Related Secretary  
曾愛珊  
O.S. TSANG



社友 Member  
彭顯璋  
Peter PANG



社友 Member  
陳永安  
Ken CHAN



社友 Member  
王紀倫  
Josephine ONG



社友 Member  
龔靖晴  
Selina KUNG



社友 Member  
郭倩萍  
Angel KWOK



社友 Member  
梁可卿  
Catherine LEUNG



社友 Member  
羅天賜  
Timothy LO



名譽社友 Hon. Member  
陳舜凝  
Karen CHAN



創社社長  
Chartered President  
趙云芝  
Y. C. CHAO



名譽社友 Hon. Member  
傅元章  
Alex FU



名譽社友 Hon. Member  
朱嘉楨  
Charles CHU



# 港南聯青社

## Y's Men's Club of Island South

Chartered 1988



### PAST PRESIDENTS

趙云芝 女士 (1988-1989) Y. C. CHAO	陳曼嫻 女士 (1995-1996) Helen CHAN	仇慧潔 女士 (2001-2003) Margaret CHUI	商月芬 女士 (2018-2019) Pinky SEUNG
陳舜凝 女士 (1989-1991) Karen CHAN	彭顯璋 先生 (1996-1997) Peter PANG	秦善文 先生 (2003-2005) Samuel TSUN	江潤紅 女士 (2019-2021) Helen KONG
傅元章 先生 (1991-1992) Alex FU	陳建源 先生 (1997-1998) Claudius CHAN	王國權 先生 (2005-2008) Simon WONG	馬忠禮 先生 (2021-NOW) Lawrence MA
鄭天銘 先生 (1992-1993) Fred CHENG	郭倩萍 女士 (1998-1999) Angel KWOK	馬忠禮 先生 (2008-2014) Lawrence MA	
馬忠禮 先生 (1993-1994) Lawrence MA	喻美倫 女士 (1999-2000) Susan YU	陳建源 先生 (2014-2016) Claudius CHAN	
張麗霞 女士 (1994-1995) Lisa CHEUNG	顏昭義 先生 (2000-2001) Alan NGAN	雷美珠 女士 (2016-2018) Bonnie LUI	

### Officers and Directors

		<u>2022-2023</u>	<u>2023-2024</u>
社長	President	馬忠禮 Lawrence MA	馬忠禮 Lawrence MA
永遠榮譽社長	Life Honorary President	馬忠禮 Lawrence MA	馬忠禮 Lawrence MA
第一副社長	1st Vice President	阮佩嫻 Candela YUEN	阮佩嫻 Candela YUEN
第二副社長	2nd Vice President	葉務允 Me IP	葉務允 Me IP
義務司庫	Hon. Treasurer	仇慧潔 Margaret CHUI	仇慧潔 Margaret CHUI
社會服務理事	Social Service	陳建源 Claudius CHAN	陳建源 Claudius CHAN
節目理事	Program	江潤紅 Helen KONG	江潤紅 Helen KONG
會員理事	Membership	蔡素雯 Coei CHOI	蔡素雯 Coei CHOI
聯誼理事	Fellowship	陳偉倫 Mike CHAN 尹國根 K.K WAN 蔡素雯 Coei CHOI	陳偉倫 Mike CHAN 尹國根 K.K WAN 蔡素雯 Coei CHOI
理事	Director	鄭可伯 Richard CHENG	鄭可伯 Richard CHENG
義務秘書	Related Secretary	曾愛珊 O.S. TSANG	曾愛珊 O.S. TSANG

### Donations Distributed to Y's Men's Funds (2022-2023)

Time of Fast – Global Project Fund (TOF-GPF)	HKD\$ 1,000.-
Roll Back Malaria (RBM)	HKD\$ 1,000.-
<b>Total</b>	<b>HKD\$ 2,000.-</b>



# 港南聯青社

## Y's Men's Club of Island South

Chartered 1988



### 港南聯青社35周年社慶

社慶於17/6/2023假中環馬車會所舉行，本社十分榮幸獲前地域總監黃茵茵女士、候任地區總監陳綺雯女士及候任副地區總監鄭凱誠先生、倪漢順先生蒞臨祝賀。當晚筵開5席，讓社友相聚外，亦藉此良機與各社社長一同歡聚暢飲。



### 社務消息

- 1) 永遠榮譽社長馬忠禮先生獲地區頒發34年長期服務獎，9位社友獲頒10-29年長期服務獎，包括陳建源、仇慧潔、陳永安、葉務允、雷美珠、陳偉倫、陳俊民、江潤紅、鄭可伯。
- 2) 本年度受疫情之影響，每月之例會仍作有限度舉行，並積極參與香港地區之會議，聆聽社會先進賢達親臨分享，一起學習。



演講嘉賓	舉辦日期	講題
1. ----	23-07-2022	2022-2023 年度聯合就職典禮
2. 商務區偉光教授	1-12-2022	聯合例會 「從格陵蘭到香港：氣候變化與我何干？」
3. ----	20-2-2023	春茗晚宴
4. ----	14-3-2023	3 月份例會
5. 捷成旅遊有限公司董事總經理關靄雯女士及麥秀蘭女士	18-4-2023	港南社與紫荊社聯合例會 「疫後旅遊新趨勢」
6. ----	9-5-2023	港南聯青社第 35 屆周年大會

- 3) 會員數字方面，本年度本社友人數共19名社員。



# 港南聯青社

## Y's Men's Club of Island South

Chartered 1988



### 社會服務項目

	本社贊助項目	贊助金額
1.	3/9/2022 舉辦『港南社中秋送暖關懷行動 2022』。社友帶領遊戲、馬社長帶領大合唱，與長者們預早慶祝中秋佳節。為 40 戶劏房家庭及 40 位獨居長者送上超市禮券\$300、抗疫物資及中秋食品等。	\$36,017.-
2.	就上述活動，青年人經探訪後，匯報生活狀況及需要並建議改善方案。港南社接納，增撥資源，為劏房家庭帶來切實的環境改善。	\$3,716.-
3.	11/2/2023 舉辦『躍兔盈福賀新歲』。活動包括雜耍、跳舞、唱歌及進行集體遊戲。港南社更送出 60 份福袋給長者及低收入家庭，除了食物禮品外，每位受助人/家庭獲贈 \$300 超市現金券。	\$41,587.-
共資助金額：		\$81,320.-



### 聯誼活動

- 1) 24/10/2022於皇仁舊生會舉行『我和秋天有個約會』。
- 2) 12/11/2022於上環江蘇銘悅舉行『大閘蟹宴』，感謝馬忠禮社長宴請。
- 3) 12/12/2022寧波同鄉會舉行聖誕派對。
- 4) 11/2/2023於上環江蘇銘悅舉行港南社兔年新春團拜，感謝馬忠禮社長宴請





# 西北聯青社

## Y's Men's Club of North West

Chartered 1997

### 西北聯青社簡史

西北聯青社由曾馬明創社社長於一九九七年三月十四日創立，至今已達二十五載。本社現共有四十一位社友，包括新界國際聯青社3位創社社友，另有二十位來自不同界別的名譽社友支持本社社務發展。

本社成立初期以服務元朗及屯門區居民為主，及至1998年起把服務延伸至國內，先後在西安及廣西興建西北聯青社小學，為內地學生提供理想的學習環境，並持續地資助內地學生升學，以達扶貧助學的目標。活動項目包括「送暖到大化駕車團」、「廣西愛心之旅」及在2007至2010年舉辦西安助學計劃，透過西安青年會的安排，動員全部社友每年為50名西安有需要學童提供助學金，讓他們可安心學習。2012年，與南山勞動學會的溝通合作，舉辦多次聯合活動。

此外，本社一直與不同社團保持協作關係，包括連續二十一年與嶺南大學及元朗大會堂等團體合辦「元朗屯門區中學辯論比賽」，至今已進行了二十五屆，每屆比賽均會設立辯論主題，旨在倡導區內學生關心社會事務及公共政策，獲得區內中學的熱烈支持，每年均有超過三十間中學參加，至2021年起，比賽擴展為全港性項目，成功招募32隊來自各區中學代表隊參賽，成績斐然；同時，本社與香港中華基督教青年會合辦及贊助不同活動項目包括：國內單車籌款、慈善長跑活動等。

近年，本社開展與香港中文大學眼科中心合作的兒童眼科計劃，及至2018年起獲香港賽馬會撥款與中大眼科中心合力推行「香港中文大學賽馬會瞳心護眼」計劃，讓學童護眼項目擴展至全港推動，惠及18區學童，合共為超過30,000名人士進行驗眼服務；2021年起續獲香港賽馬會再次撥款開展延續項目「瞳心童行」計劃，惠及特殊學習需要學童、少數族裔兒童及基層家庭子女。

西北聯青社定會繼續發揮聯青社的精神，推展社務，繼往開來，服務社群。



西北社成立籌委會



西北聯青社創社典禮



西安建校訪問團



一眾社友出席國際聯青社香港地區



# 西北聯青社

## Y's Men's Club of North West

Chartered 1997

### 2022-2023年度社務報告

1. 2022年7月 西北聯青社、元朗大會堂主辦《中學辯論比賽2022馮壽如盃》於開始接受網上報名，首三天已經有超過50間中學報名，反應踴躍！
2. 2022年8月 社友出席地區2022-2023 年第一次領袖培訓工作坊。
3. 2022年9月 本社贊助的YM Hair社企服務，為低收入家庭學童提供理髮服務。
4. 2022年10月《中學辯論比賽2022馮壽如盃》於東華三院黃笏南中學舉行第一輪賽事，共32支學校隊伍出席比賽。
5. 2022年10月 出版印制西北聯青社25周年紀念特刊，以誌本社成立銀禧之慶。
6. 2022年11月 於元朗區綜合服務大樓舉行「西北聯青社二十五周年社慶暨社友就職典禮」，典禮後於設宴慶祝。
7. 2022年11月 社友於小西灣會所進行「與青年對談」活動，與數十位福建中學學生分享社會服務經驗。
8. 2022年12月 出席香港地區聯合例會活動。
9. 2022年12月《中學辯論比賽2022馮壽如盃》於東華三院黃笏南中學舉行決賽暨頒獎典禮。並在12月20日於明報刊登一版比賽結果及活動報導。
10. 2023年1月 本社於紅爵御宴舉行新春聯合團拜，與新界社、國際奧伊斯嘉及洪水橋居民協會友好共賀新春。
11. 2023年4月 於元朗大會堂舉行《中學辯論比賽2023馮壽如盃》籌備會議，本屆籌委會召集人是葉維基副社長。
12. 2023年4月 於元朗大會堂舉行2023-2024年度社慶暨社友就職典禮籌備會議，本屆籌委會召集人是黃健誠副社長。
13. 2023年5月 於元朗大會堂舉行理事會內閣改選，由林瑞華擔任社長、李月民、葉維基、黃健誠擔任副社長，李子進擔任司庫。
14. 2023年5月 於元朗大會堂舉行西北聯青社/新界國際聯青社/新界東聯青社聯合例會，邀請陳鳳英醫生（香港中文大學兒科學系名譽臨床副教授及副顧問醫生/兒童體智及行為發展專科）進行有關SEN兒童的講座，題目為「童行有你」。超過70人出席講座，講座後進行聚餐聯誼。



全體社友於銀禧社慶典禮合照



出版印制西北聯青社25周年紀念特刊，以誌本社成立銀禧之慶



本社贊助的YM Hair社企服務，為低收入家庭學童提供理髮服務



社友於YMCA小西灣會所進行「與青年對談」活動，與數十位中學生分享社會服務經驗



2023年5月份例會「童行有你」主題分享



# 西北聯青社

## Y's Men's Club of North West

Chartered 1997

### 香港中文大學賽馬會「瞳心童行計劃」

計劃於2021年10月展開，目標為少數族裔、有特殊教育需要，及來自低收入家庭的兒童提供免費及詳盡的眼科檢查，提昇受惠兒童及家長護眼知識外，倡導健康視力的方式，讓香港的下一代有更光明的未來。本社負責統籌來自各大專、高中學生及政府部門組成之義工團隊擔任服務大使，協助參與學童及家長了解計劃內容及跟進安排，充份體現聯青運動精神！



香港海關義工隊協助推行「瞳心童行」驗眼服務



中學義工服務團協助推行驗眼服務

### 中學辯論比賽2022 – 「馮壽如盃」

由元朗大會堂、西北聯青社及嶺南大學於一九九八年聯合發起，每年舉辦原名為「元朗屯門區中學辯論比賽」，旨在使青少年透過辯論方式認識社會時事，擴闊視野，發揮團隊精神，提高中學生之社會意識和參與。

比賽規模自2021年起擴展至全港性項目，三十二支來自全港各區中學辯論隊伍參賽，本屆比賽選定「青年發展與機遇」為辯論主題，鼓勵參賽隊伍以辯論平台反思疫情對社會、經濟及醫療體系的影響及青年發展的願景和期許。經過激烈辯證後，宣道會陳瑞芝紀念中學脫穎而出，分別榮膺本屆比賽冠軍。

本屆比賽特別獲得元朗大會堂管理委員會永遠名譽會長馮壽如先生鼎力贊助，故冠名為「馮壽如盃」，以答謝馮壽如會長對比賽的慷慨支持。大會在今屆比賽設有多個獎項及豐富獎品予勝出隊伍及表現優異的同學，以示鼓勵。

詳情請參閱活動網址：<http://www.ylth.org.hk/sdu/show-65.html>



於明報刊登一版比賽結果及活動報導



一眾主禮嘉賓合照



2022年冠軍隊伍與主禮嘉賓合照



# 西北聯青社

## Y's Men's Club of North West

Chartered 1997

### 2023-2024 年度西北聯青社社友名單



名譽社友 鄧兆棠先生 SBS 太平紳士  
 名譽社友 梁志祥先生 SBS,BBS,MH  
 名譽社友 文祿星先生 MH  
 名譽社友 趙傑子先生  
 名譽社友 鄧坤盛先生  
 名譽社友 陳建業先生 BBS MH  
 名譽社友 張志光院士  
 名譽社友 馮壽如先生  
 名譽社友 鄧宗偉先生  
 名譽社友 陳義光先生



名譽社友 朱淑芬女士  
 名譽社友 任卓昇醫生  
 名譽社友 陳理佳醫生  
 名譽社友 莊金隆醫生  
 名譽社友 甘嘉維醫生  
 名譽社友 吳佩霞女士  
 名譽社友 鄧鎔耀議員  
 名譽社友 梁崑璞先生  
 名譽社友 朱惠芳女士  
 名譽社友 郭浩男先生  
 名譽社友 鄧晉昇先生



前社長 葉皓裘先生  
 前社長 羅定明先生  
 前社長 李盛白先生 BBS  
 前社長 陳少文先生  
 前社長 丁仁傑先生  
 前社長 蔡天文先生  
 前社長 趙志揚先生



社長 林瑞華先生  
 第一副社長 李月民先生 MH  
 第二副社長 葉維基先生  
 第三副社長 黃健誠先生  
 司庫 李子進先生  
 理事 陳遠華先生 BBS 太平紳士  
 理事 麥錦華先生  
 理事 陳子瑛先生



理事 劉梓琛先生  
 理事 曾佩文女士  
 理事 鄧少輝先生  
 理事 陸美琴女士  
 理事 陳樂謙先生  
 理事 陳森榮先生  
 理事 龔文佳先生  
 社友 吳汝欽先生  
 社友 伍美媚女士



社友 許允甜先生  
 社友 黃榮基先生  
 社友 李祉彤女士  
 社友 何國英先生  
 社友 余慶佳先生  
 社友 鄧國豐先生  
 社友 黃敏兒女士  
 社友 陳祖璇先生  
 社友 陳海萍先生



社友 趙志冲先生  
 社友 陳冬怡女士  
 社友 許文宏先生  
 社友 蔡冠封先生  
 社友 葉軍毅先生  
 社友 黎兆偉先生  
 社友 李道生先生  
 聯絡幹事 溫振鵬先生  
 聯絡幹事助理 余家韻女士



# 東區聯青社

Chartered 2001

Y'S MEN'S CLUB OF ISLAND EAST

經過兩年疫情，東區社也開始活躍在地區活動，今年有兩項重點活動，包括是針對 SEN 小朋友家長的《心靈加油站》及東區社22週年午宴，而活動都十分成功。東區社會繼續努力，為YSMEN，為地區努力為大眾服務。

由香港中華基督教青年會及香港苗齒協會合辦的「全方位健康檢查」於2022年10月16日舉行，是次活動由新界東聯青社、紫荊聯青社及東區聯青社為聯合贊助單位。

感謝各位牙醫及義工護士為一班長者及若能人士進行牙齒健康檢查。更邀請了藝人黃建東及歌手小肥為出席嘉賓支持活動。



東區社活動：

2022年12月10日舉行「遊覽香港故宮文化博物館」

由基督教家庭服務中心合辦是次遊覽香港故宮文化博物館的活動，是次活動由基督教家庭服務中心及年青義工一同帶一班智障人士前往西九文化區，先遊覽香港故宮文化博物館；並於西九文化區內進行野餐，享受藝術之餘，亦可感受冬日氣氛。

2023年1月7日於黃傳經學生發展中心舉行1月的「心靈加油站」酒精畫工作坊。活動目的為SEN 小朋友及家長一同上學習興趣班，令她們可在週末放鬆一下。是次我們邀請了酒精畫老師Judy 教一班家長做酒畫，臨近春節、我們安排小朋友在另一房間製作Q版桔仔盆、寫揮春及玩遊戲。家長和小朋友都玩得非常開心。





# 東區聯青社

Chartered 2001

## Y'S MEN'S CLUB OF ISLAND EAST

2023年2月18日於黃傳經學生發展中心舉行2月的「心靈加油站」壓花畫工作坊。活動目的為 SEN 小朋友及家長一同上學習興趣班，令她們可在週末放鬆一下。是次我們邀請了 Zoe Cheung 老師教一班家長做壓花相架。Zoe 是 JPHAA 日本和諧粉彩正指導師，教授成人和階粉彩畫及蟬繞畫。她一向對身心靈健康非常關注，明白 SEN 家長長期生活緊張，她希望幫助舒緩壓力及建立正能量我們。另安排小朋友在另一房間製泥公仔，令家長可以安心 relax 一下。今早家長和小朋友都玩得非常開心。



2023年3月4日於黃傳經學生發展中心舉行3月的「心靈加油站」製作精油萬用膏工作坊。活動目的為 SEN 小朋友及家長一同上學習興趣班，令她們可在週末放鬆一下。

今次我們邀請了英國IFA香薰治療師及國家高級芳香治療師Irene Chan出席今次工作坊，她曾於靈實醫院地區中心協辦精油按摩班。精油不但有香氣作用，更有更多實際用途。所以是次Irene 教一班家長製作香薰精油萬用膏。

2023年3月26日廣州兄弟「羊城社」聯合支持廣州YMCA出席特殊兒童藝術具 賦能融合教項目





# 東區聯青社

Chartered 2001

## Y'S MEN'S CLUB OF ISLAND EAST

2023年4月22日「東區聯青社22週年慈善午宴」

「東區聯青社22週年慈善午宴」於帝國中心 Club ONE 舉行，當日活動非常豐富，首先介紹國際聯青社及東區社歷史及背景，令來賓更加了解Y's Men International 及本社。另回顧及分享SEN年度項目計劃2023未來及展望。

另外為增加當天的娛樂性，我們邀請到曾參加中年好聲音的 Ken Wong 及韋飛雄唱歌表演及 Solong So 的魔術表演呼籲在場嘉賓慷慨解囊捐款。作為未來一年有咁多資源服務社會。



6月23日AGM 大會， 決定了下屆社長Nichol Wong, 東區社在他帶領下， 一定會更壯大， 更可以幫助社區受眾





# 東區聯青社

Chartered 2001

## Y'S MEN'S CLUB OF ISLAND EAST

### 社友名單 2023-2024



社長  
President  
王裕衡 Nichol Wong



副社長  
Vice-President  
鄧潔雯 Kidman Tang



副社長  
Vice-President  
羅卓韻 Cherrian Law



司庫  
Treasurer  
郭秋明 Sandy Kwok



秘書  
Secretary  
陳麗莎 Lisa Chan



前社長及理事  
Past President & Director  
莫嘉豪 Jason Mok



創社社長及理事  
Charter President &  
Director  
傅元章 Alex Fu



前社長及 IBC 理事  
Past President &  
Director  
江子榮 James Kong



前社長及培訓理事  
Past President &  
Training Director  
陳得偉 Tony Chan



前社長及理事  
Past President &  
Director  
黃茵茵 Joan Wong



前社長及理事  
Past President &  
Director  
鄭凱誠 Harrison Cheng



籌款理事  
Fundraising Director  
翁偉誠 Vincent Yung



籌款理事  
Fundraising Director  
陳瑪莉 Mary Chan



社會服務理事  
Social Service Director  
蔡舜英 Winnie Choy



社會服務理事  
Social Service Director  
洪定安 Andy Hung



社友  
Member  
符敏瑩 Esther Fu



社友  
Member  
秦善維 Ray Chun



社友  
Member  
林錦西 Jacky Lam



社友  
Member  
Zoe Cheung



社友  
Member  
蔡縣珠 Julie Choi



社友  
Member  
吳毓俊 Sam Ng



社友  
Member  
許雅妮 Octavia Hui



社友  
Member  
袁浩然 Terry Yuen



社友  
Member  
姚浩文 Tac Yiu



社友  
Member  
黃素芬 Joanne Wong



社友  
Member  
張家裕 Saken Cheung



社友及聯絡幹事  
Member &  
YMCA Liaison  
溫奕民 Raymond Wan



助理聯絡幹事  
Assistant YMCA  
蔡寶蓮 Paulin CHOI



榮譽社友  
Honorary Member  
仇永平  
Chou Wing-ping



榮譽社友  
Honorary Member  
陳遠華  
Alexander Chan



# 澳門聯青社

## Y's Men's Club of Macau

Chartered 2005

澳門聯青社成立於 2005 年，由創社社長葉頌聲醫生及一班熱心社友，在大家共同努力推動下而成立的。主要目的是支持澳門基督教青年會推行各種程序活動，以促進各地聯青社社友及基督教青年會會員之間的友誼。除此之外，亦不遺餘力地參與社會服務，熱心支持各種社會福利事業。

澳門聯青社亦十分關心本澳青少年的成長，鼓勵其參與聯青社例會活動，一方面可讓青少年多了解及認識本社的運作，同時亦能透過與社友和分享嘉賓的接觸及溝通，擴闊他們的視野及社交層面，進一步認識公民、經濟、社會及國際之各種問題。



籌備成立澳門聯青社



澳門聯青社成立就職典禮



# 澳門聯青社

## Y's Men's Club of Macau

Chartered 2005

### 摘要

2005 年

註冊成立澳門聯青社  
出席國際聯青社香港地區「2005-2006 年度聯合就職典禮」  
與新界社及西北社共同舉辦聯合例會，議題為「澳門青年工作的狀況」

2006 年

舉行澳門聯青社「成立就職典禮」  
出版紀念特刊「澳門聯青社 創社誌慶」  
出席新界國際聯青社「二十二週年社慶晚宴」  
舉辦澳門聯青社兩週年會慶  
拜訪醫院院牧

2007 年

探訪澳門明愛伯大尼安老院  
協辦國際聯青社「東南亞地域大會」  
與香港地區共同舉辦聯合例會

2008 年

出席香港地區聯青社的新春聯歡晚會

2009 年 – 2016 年

資助及參與監獄事工步行籌款及家屬活動  
冬日獨居長者送暖活動  
資助澳門家暴受害人互助會拓展社會服務  
參與澳門 YMCA「澳門傑出少年選舉」評審工作 (2010,2012,2014,2016 年)

2017 年

與香港地區共同舉辦聯合例會  
參與並協助澳門 YMCA 舉辦賣旗活動  
參與「平安通」探訪長者活動

2018 年

參與澳門明愛的「2018 綠色浪潮系列活動」  
參與 YMCA 2018 年世界挑戰日 – Run the YMCA world  
參與並協助澳門 YMCA 舉辦賣旗活動

2019 年

參與粵港澳大灣區交流活動暨聯青社春茗 (廣州社 / 羊城社 / 香港社 / 澳門社)  
捐助廣州 YMCA 進行地中海貧血兒童協助工作  
參與澳門 YMCA 的銀禧紀念慶典  
參與澳門 YMCA「第五屆澳門傑出少年選舉」評審工作  
母親節探訪活動到訪澳門 YMCA 樂陶苑，教導小朋友製作迷你花束  
與香港地區聯青社共同舉辦聯合例會，主題為「妙趣廣府話」  
參與並協助澳門 YMCA 舉辦賣旗活動

2020 年

參與澳門 YMCA「好物共享義賣月」活動，並捐贈義賣物資以作支持

2021 年

協辦香港中文大學眼科及視覺科學學系「愛共融兒童護眼服務」活動



# 澳門聯青社

## Y's Men's Club of Macau

Chartered 2005

### 創社成員

葉頌聲 (社長)  
葉培輝 (理事)  
梁景福 (監事)  
鄭曉靈 (社友)  
梁甘霖 (社友)  
唐偉強 (社友)  
葉麗萍 (社友)

陳細鈿 (副社長)  
尤西比奧 (理事)  
李少嫻 (監事)  
李婉兒 (社友)  
傅劍非 (社友)  
江振華 (社友)  
張偉樑 (社友)

張鴻俊 (義務司庫)  
陳遠華 (理事)  
陳雪心 (聯絡幹事)  
吳茵娜 (社友)  
仇永平 (社友)  
麥瑞瓊 (社友)

蔡國權 (義務書記)  
李婉麗 (監事長)  
李劍聰 (助理聯絡幹事)  
羅桂榮 (社友)  
李廣林 (社友)  
袁梓貽 (社友)

### 歷屆社長

2005 – 2008 葉頌聲  
2008 – 2018 葉培輝  
2018 – 2021 林淑心

### 2021-2022 年度成員名單



社長  
林淑心



副社長  
葉培輝



義務司庫  
劉玉桂



義務書記  
梁甘霖  
(2021 年最佳社友)



監事長  
羅桂榮



副監事長  
梁景福  
(2020 年最佳社友)



理事  
邱鈞濠



監事  
百強



名譽社友  
區金瑤



名譽社友  
李廣林



名譽社友  
仇永平



社友  
葉頌聲



社友  
張偉樑



社友  
關淑鈴



社友  
陳遠華



社友  
袁梓貽



社友  
郭彥希



聯絡幹事  
陸綺彬



聯絡幹事  
馮文洛



# 澳門聯青社

## Y's Men's Club of Macau

Chartered 2005



澳門聯青社成立就職典禮



協辦國際聯青社「東南亞地域大會」



與香港地區共同舉辦聯合例會



澳門聯青社兩週年會慶



到訪澳門 YMCA 樂陶苑，  
教導小朋友製作迷你花束



探訪澳門明愛伯大尼安老院



參與 YMCA 「第五屆澳門傑出少年選舉」  
評審工作



參與 YMCA 2018 年世界挑戰日  
— Run the YMCA world



# 新界西聯青社

## Y'S MEN'S CLUB OF N.T. WEST

### 2022-2023 年度社務報告

隨疫情逐漸穩定，新界西聯青社終可重新投入支持 YMCA 和進行社會的服務了。今年除了恆常的會議和活動讓社友互相交流外，新界西過去一年更積極參與多個不同地區服務以致國際交流項目。

首個重點項目當然是支持香港中華基督教青年會寶石湖長者鄰舍中心；我們於 2022 年 7 月率先參觀和體驗中心的先進設施，同時馬上邀請義務導師團隊在中心舉行「獨樂樂·不如眾樂樂」系列「靈性溝通」和諧粉彩班，老友記和義工們對自己的作品都十分滿意！

新界西繼續支持地區活動和友社週年大會等等，包括 10 月份「聯青與你有個約會」《不一樣的服務團體》、11 月份香港社 90 週年慶典、12 月份地區聯合會議，當天新社友 Saan 進行宣誓正式入社、然後是維聯社 60 週年鑽禧慶典暨聯合晚宴、最後是半島社 54 週年社慶。

2023 年一開始便聯同維聯社，半島社，新界社及新荃灣一同舉行五社聯合例會。1 月份參與支持於西九龍中心商場一樓舉行的「關愛共融迎躍兔」；緊接著農曆年前完成訂購設備給寶石湖長者鄰舍中心之《咖啡閣》使用，讓各位老友記可以享受沖咖啡之樂趣。2 月收到社聯通知，新界西正式獲得嘉許【同心展關懷】，感恩大家的努力得到認同。農曆年假後，新界西一同支持參加地區春茗；隨著寶石湖長者鄰舍中心之《咖啡閣》開始營運，新界西邀請了義務導師舉行多場手沖咖啡及拉花班，和老友記一同享受咖啡樂趣。3 月份我們支持地區服務「立體紙皮雕塑藝術創作」，是次地區服務與伊斯蘭脫維善紀念中學合辦，關愛青年藝術興趣，讓國際聯青社服務推進學校，更多人認識我們。5 月份 PCP Wendy 更代表新界西出外參加台灣地域大會和曼谷東南亞會議，藉此機會和其他國家聯青社互相交流學習。

6 月份香港中華基督教青年會寶石湖長者鄰舍中心（重置開幕典禮），新界西全力支持，出席參與，當天更感受到各位老友記和同工們的熱情；讓我們加深體驗「行其義毋計其利，享其權須致其功」，來年讓新界西繼續發揮聯青社精神，服務地區，同時讓更多人認識國際聯青社，加入我們大家庭。

感謝新界西全體社友、YMCA、各界友好以及支持活動之義工，讓大家可以群策群力，服務社會。承得各友社的支持，各友社社長的鼓勵，地區的帶領和指導，方能享有豐盛的一年。

黎偉誠 謹啟  
新界西社長



國際聯青社·香港地區 2022-2023 聯合就職典禮 創社社長冰姐到場支持鼓勵

## 2023 至 2024 年度社友及職員



榮譽社長  
陳冠成



創社社長  
羅艷冰



社長  
蕭成隆



副社長  
張健強



副社長  
林彩嫦



秘書/理事  
施安雅



司庫/理事  
吳蓉仙



直前社長/當然理事  
黎偉誠



前社長/當然理事  
劉麗斯



前社長/當然理事  
溫家明



理事  
湯穎華



理事  
林建昌



理事  
廖瑞貞



聯絡幹事  
冼碧琪



聯絡幹事助理  
葉素娥



名譽創社社友  
仇永平



名譽創社社友  
李廣林



名譽創社社友  
陳遠華



名譽創社社友  
梁景福

## 2022 年至 2023 年度活動花絮



寶石湖長者鄰舍中心之《咖啡閣》手沖咖啡及拉花班



「立體紙皮雕塑藝術創作」於伊斯蘭脫維善紀念中學



國際聯青社·香港地區·癸卯福兔春茗



寶石湖長者鄰舍中心 (重置開幕典禮)



# 新荃灣聯青社

## Y Service Club of New Tsuen Wan

社長的話：

### 2022-2023 社務報告

首先，本人很榮幸繼續獲得本社各社友的支持，再擔任社長一職。

本社前身是成立於 1967 年的荃灣國際聯青社，新荃灣社於 2015 年 5 月由本社創社榮譽社長陳冠成先生發起及籌組，維多利亞母社的協助支持，獲得國際聯青社總會確認成立，轉眼已 8 年矣。

本社各社友近年積極參與香港地區、友社及香港中華基督教青年會多項活動，因應疫情過去，本年亦參與出席國際聯青社於各地舉辦的國際活動：

本年 3 月 10 日至 12 日於台北舉行的世界聯青 100 週年慶典，與世界各地近千位社友共同慶祝聯青社成立 100 年，本社 3 位社友，聯同 10 多位香港地區社友專程出席，並與結盟多年的台灣高雄港都兄弟社社長社友再度歡聚交流，增進兄弟社友誼；

本年 5 月 26 至 27 日於曼谷舉行的東南亞地域會議，本社更有 6 位社友積極參與出席，並與泰國、馬來西亞、星加坡、尼泊爾、台灣等各地聯青社友相聚，增進國際友誼，在會議上商討發展國際及地域社會服務，共同發揮聯青精神。本社於當地亦鼓勵各國社友出席於本年 11 月 3 至 5 日在香港舉行的第 30 屆亞洲太平洋洲域大會。本社各社友亦將全民出動，全力協助主辦單位—香港地區，令是次洲域會議圓滿完成。

本社近數年積極增員保員，得到不少年青朋友支持加入成為社友，很榮幸獲得國際總會頒受 International Centennial Booster Club Award，有 8 位社友先後榮獲 International Booster Member Award 2021/22/23，希望本社各社友可以繼續努力，並深信在各社友的支持與合作之下，本社往後定必做得更好。

在此，我衷心感謝香港地區各友社對我們新荃灣社的支持和鼓勵。

展望未來，希望在各社友的支持與合作之下，本著「行其義毋計其利，享其權須致其功」的精神，繼續為社會服務。

在此祝願各友社社務興隆！社友身體健康！萬事如意！

陳法行社長  
2023 年 6 月

2023-2024 理事名單



創社榮譽社長  
陳冠成先生 B.H.



社長  
陳法行 Philip Chan



第一副社長  
于大衛 David Yu



第二副社長/司庫  
林雅詩 Stella Lam



秘書  
吳慧英 Viky Ng

理事：



方淑範 Sophia Fong



韓春 Rainbow Han



彭軍英 Judy Peng



何俊霖 Marco Ho



胡偉賢 Jacky Woo



王帥邦 Andrew Wong



李瑋倩 Ciel Li



梁如燕 Beattie Leung



李權新 Toby Li



寧文惠 Alex Ning



朱佩珊 Sagela Chu



董傳杰



麥小斌 Benjamin Mak



聯絡幹事 黃國基 KK



聯絡幹事助理 吳妍瑛 Maggie Ng

## 名譽社友：



仇永平



梁景福



李廣林



區金瑤



許俊輝 Frankie Hui



陳為民

## 重要日子



2015.06 本社成立



2018.10 與台灣港都兄弟社於高雄正式結盟

## 2022-2023 活動



2022.11.26 與世匯商會及嶺南大學舉辦慈善籃球賽，由本社贊助的嶺南大學隊勇奪冠軍，是次活動扣除成本後捐贈予“基督教家庭服務中心 翠林綜合職業復康服務”及“毛守救援”。



2023.01.28 冠名贊助里程銀行活動





2023.02.09 春節聯歡例會，演講主題：茶藝人生，主講嘉賓：前青年會執行幹事伍建新博士



2022.02.20 香港地區春茗



2023.03.10-12 台灣聯青 100 周年慶典



2023.05.25-28 出席泰國東南亞地域會議





新界東聯青社

Y'S MEN'S CLUB OF NEW TERRITORIES EAST

# 2023-2024年度

## 顧問及社友



Chartered President  
Pinky SEUNG



President  
Benson TSE



Vice President  
Gina CHENG



Hon. Secretary  
Iris CHENG



Hon. Treasurer  
Natasha LAM



IBC  
Melon WONG



Fellowship  
Treena LI



Programme  
Ryan YIP



Social Service  
Tony WONG



Public Relation  
Annie FUNG



Member  
Ryan CHAN



Member  
Ben TO



Member  
Yan YEUNG



Member  
Rita WONG



Member  
Cynthia YEUNG



Member  
Hugo LAM



Member  
Percy MOU



Member  
Rico YEUNG



Member  
Shirley LAU



Member  
Mandy CHUI



Member  
Ethan CHAN

### Consultant

IPRD Joan WONG  
PCP Kenny CHOI  
CP Leo CHIU  
PRD Alexander CHAN  
PRD James KONG  
PCP Wister CHAN

### Sponsored by

The Y Service Club of Lumbini, Nepal

The Y's Men's Club of Island East

## 長者健康檢查日

參與及協辦全方位健康檢查日，贊助長者提供檢查牙齒服務及派發福袋，傳遞愛心與關懷！



## 長者探訪義工服務

與不同街坊組織舉辦定期長者探訪活動，對區內獨居或生活不便的長者進行探訪，並致送不同物資予他們，希望為長者們帶來溫暖。



## 「瞳心護眼」計劃

與香港中文大學多次合作，協辦「瞳心護眼」計劃，為改善香港兒童視力健康，竭盡棉力



Y's Men's Club of New Territories East  
新界東聯青社

# 新界東聯青社



新界東聯青社  
Y'S MEN'S CLUB OF NEW TERRITORIES EAST

新界東聯青社成立已兩年有餘，經歷過持續的疫情時期，但團隊的投入與無私奉獻卻絲毫未減。病毒無情，人間有愛！我們走過了新冠疫情籠罩下的歲月，各成員無懼感染風險，秉承社團的核心價值，擔負起基層社區服務的重任！



人逢佳節倍思親，組織到粉嶺盛愛之家賞月團圓賀中秋，與一眾工場工友製作燈籠及派發月餅及生果，一同慶祝中秋佳節，送上關懷與溫暖！

由國際聯青社香港地區主辦，舉辦西貢珍珠場保育海鮮一天遊以及參觀MCO環保園，濕地公園綠色活動，宣揚低碳環保的意識！





Y's Men's Club of New Territories East  
新界東聯青社

# 新界東聯青社



新界東聯青社

Y'S MEN'S CLUB OF NEW TERRITORIES EAST



## 「馮壽如盃」

參與協辦「馮壽如盃」中學辯論比賽，鼓勵年輕人關心時事，融入社區，令建設美好香港使命可以代代相傳！

## 「格仔人生」

協辦「桌遊日」，推動青少年多參與社區益智活動，訓練團隊合作精神



與堅農圃合作，舉辦新春慈善籌款市集，為地區社會服務籌募經費，也藉此可推動低碳有機耕種及健康運動！

國際聯青社是個溫馨的大家庭，而新界東聯青社還只是個年輕的新成員，所以各社之間的定期聯合例會是必不可少，藉此互通經驗、互傳友誼、共商發展大計。我們乘著「年輕」的朝氣與幹勁，迎著一個又一個的挑戰，與大家庭各成員，共赴香港美好未來



## Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"

### History of Y'sdom – Hong Kong

#### *Club from 30's*

Y's Men's Club of Hong Kong was founded in 1932 as the second oldest service club in Hong Kong. English was chosen to be the Club's official language.



**The 1st Asia Area Conference in Hong Kong in 1957**

The Club hosted the 1st Asia Area Conference in association with the Kowloon Y's Men's Club in November 1957. In its early days, the Club sponsored schools for 'street kids', often in partnership with the YMCA and the 'Boys and Girls Clubs'. Other notable projects sponsored by the Club over the years included Chinese YMCA's youth camp facilities on the island of Wong Yi Chau, the 'Physically Handicapped and the Able Bodied Project', Chinese culture lectures by 'Hok Hoi Library', the building of two new primary schools in Hupei Province in mainland China and a charity concert to raise HK\$1 million for the 'Home of Loving Faithfulness'. While the 'Y's Menettes Committee' of the Club was replaced by the formation of the Y's Men's Club of Bauhinia in 1979, the membership of the Hong Kong Club itself has been all men until 2001, when lady members were first admitted. Many distinguished members from the Club have taken up posts at the international level such as International Vice President (the late Y's Man C S Lam), Area President (Y's Man C L Kung) and Regional Directors (Y's Men S Y Lam, B L Wong, Tony Chan, Kenneth Sit, Cary Fung and David Wong).



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

**"To acknowledge the duty that accompanies every right"**

The International Association of Y's Men's Clubs was founded in 1922. Clubs around the world celebrated the Golden Jubilee in 1972.

A Golden Jubilee Ball was organized by Hong Kong District at the Hilton Hotel on July 14, 1972. Members from Y's Men's Club of Hong Kong; Y's Men's Club of Kowloon, Y's Men's Club of Victoria, Y's Men's of Tsuen Wan and Y's Men's Club of Peninsula participated, with H.E. the Hong Kong Governor, Sir Murray and Lady MacLehose present and 500 guests.

Our Centennial celebration will be held in Hawaii in the year 2022.



In 2012, Hong Kong Club celebrated its 80th Anniversary. For the past 88 years Hong Kong Club has brought up four generations of distinguished members. It might be the only service club in Hong Kong that cultivated a tradition of succession. Many of the Club members' Y'slings (children of Y's Men) grew up with the Club, and some of them have followed in their fathers' footsteps to join the Club. There have been 6 cases of Y's Man Benjamin Lam after Y's Man CS, Y's Man Eric Li after Y's Man KH, Y's Man David Wong after Y's Man BL, Y's Man Jane Lam after Y's Man SY, Y's Man Kristine Chung after Y's Man Robert and Y's Man Cleo Ng after Y's Man Norman. A new generation of distinguished Y's Men in their own rights. Also, there are husband and wife members in the Club, Y's Men Jennie and Shiu Lee and Y's Men Alison and PL Lau.

## **Clubs chartered in 50s and 60s**

Three other Y's Men's Clubs were chartered in the Hong Kong District during this period namely Kowloon, Victoria and Tsuen Wan.

The Kowloon Club was chartered in 1952, and for many years operated a children's welfare club in a resettlement estate and provided scholarships for needy students and a special Christmas programme for patients of the Ruttonjee Geriatric Day Hospital. During SARS in 2003, the Club organized voluntary help to clean the flats of the elderly living alone. In 2003–04, the Club helped set up the YMCA 'FARM' project, a trendy flea market concept to develop the creative and entrepreneurial talents of youths. The Club nurtured the 2nd Y's Youth Club in Hong Kong, namely the Y's Youth Club of Kowloon in 2010.

The Y's Men's Club of Victoria was chartered on July 6, 1962. In 1967, Victoria Club supported the establishment of 'Y's Men's Centre for the Deaf'. Since 1975, the Club also supported young deaf people to join the 'International Summer Camp for the Deaf'. Club Past President CHOU Wing-ping took up the post of Asia President in 1998. In 2001 and 2002, Club members participated in environmental protection and plantation programme in China and Hong Kong.



## Y'S MEN INTERNATIONAL

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SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

**"To acknowledge the duty that accompanies every right"**

The Y's Men's Club of Tsuen Wan was chartered on June 16, 1967. It established brother clubbing with Y's Men's Club of Osaka–Nishi in 1979, Y's Men's Club of Kaohsiung in 1989, and Y's Men's Club of Malaysia in 1990. It also sponsored the chartering of the Y's Men's Club of New Territories. It organized the first Canoeing Competition in Hong Kong on January 1, 1968, and the first Dancing Competition in the New Territories in 1967. Due to a conflict at Tsuen Wan Club election, the board of directors was vacant during the year 2010/11 and the Tsuen Wan Club was dissolved in Hong Kong in the year 2011/12.

The Y's Men's Club of Peninsula was chartered on December 3, 1968. It served as a silent partner for the Chinese YMCA of Hong Kong on various projects and community activities for the past 46 years. It is notable that for the last 16 years, the Club participated in the fund raising project 'Bike Marathon' organized by the Chinese YMCA of Hong Kong to raise funds for deprived students at Qingyuen in the Northern Guangdong Province, China.

### ***Clubs chartered in 70's, 80's and 90's***

After the chartering of the Y's Men's Club of Peninsula, there was a long period of time with no new extension. On October 20, 1979, the first all ladies Club, Y's Men's Club of Bauhinia, was chartered in Asia.

Notable social service project in the club's early year included sponsorship of a mini bus for transport of the elderly in St James Settlement; and jointly with the Y's Men's Club of Hong Kong a mini bus for Mary Rose School in 1997, and facilities for various social service agencies and schools including YMCA Wong Yi Chau Youth Camp. For many years, the club provided scholarships and schooling related expenses for deprived students and orphans in mainland China and paid visits to them. Bauhinia Club funded Chinese YMCA School social work projects such as drug abuse awareness campaign for parents and students in 2009–2010 and out-reaching team projects for youth. The club also sponsored Women's Welfare Club Western District – Chung Hok Social Centre for the Elderly "Living Alone Elderly Community Network" project in 2001. The aim was to connect this group of lonely elderly with the society so that they felt loved and cared for. Since then, the Women's Welfare Club and the Bauhinia Y's Men's Club had jointly hosted Chinese New Year tea parties to share festive joy and deliver festive gifts to them. From approximately a hundred beneficiaries, the number had grown to 2000 elderly in 2014. The project won "The Best Social Service Programme Award" of the Y's Men International Hong Kong District in 2013–14.

The Bauhinia YMC has established triangular brother-clubbing with the Y's Men's Club of Osaka Centennial in Japan and the Y's Men's and Women's Club of Nuuanu in Hawaii in 1987. The ties proved strong and friendship lasted over all these years.

The first club related directly to the YMCA of Hong Kong on Salisbury Road was the Y's Men's Club of Tsim Sha Tsui, chartered on March 19, 1981. The Club consolidated and increased the participation in the District, Regional, Area and International arena. The high point was the International Convention in 2000 held in Hong Kong, when the Club's Past Presidents took active roles as Chairman of Promotion Committee and Youth Convocation, as well as MC at the Opening Ceremony.

With increased population in the new towns, the Y's Men's Club of New Territories was chartered on June 21, 1985. It has 2 IBCs with Y's Men's Club of Ping Tung – South MT, Taiwan, and Y's



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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Men's Club of Han Yang, Korea. In 1995, it built a primary school in Guangdong Province of China in relation to the Hope Project. In recent years, it runs a youth exchange programme to enable youth in Hong Kong and China to share experience and fellowship over a 4 – 5 day period.

The next club to join the District was the Y's Men's Club of Island South which was chartered on July 2, 1988. It established brother clubbing with the Alpha Chapter of Singapore in 1992. The Club nurtured the 11th Y's Men's Club in Hong Kong, namely the Y's Men's Club of Island East in 2001. It also nurtured the 1st Y's Youth Club in Hong Kong, namely the Y's Youth Club of Island South in 2007. In 2010, the Y's Men's Club of Island South found a new IBC with the International Association of Y's Men's Club Daegu Omega, Korea. The Club sponsored a variety of programmes for children, youth and elderly people of the Community. From 2006 onwards, in recognition of its continuous and distinguished contributions to community and social service, the Y's Men's Club of Island South was awarded the honour of the "10+ Caring Organization" by Hong Kong Council of Social Service in 2015.

The Y's Men's Club of North West was chartered on March 17, 1997. One year later in 1998, North West Club extended its service into Mainland China. It built 5 primary schools in mainland China to provide education opportunities to deprived children. It also worked closely with other social organizations e.g. for the last fourteen years, the Club and Lingnan University jointly organized the "Yuen Long and Tuen Mun District Secondary schools Debate Competition". Furthermore, it also organized sport activities such as football and tennis matches with other social organizations in their district to foster relationship with different ministries. North West Club will continue to support the Y's Men Movement, to enhance their services, and to serve the communities.

## **Clubs chartered since Year 2000**

The Y's Men's Club of Island East was chartered on January 18, 2001 bringing the number of clubs in the Hong Kong District to eleven at the very beginning of the new millennium. Club members, most living or working in the Eastern District, sponsored a variety of programmes for children, youth and elderly people of the District. In February 2004, the Club held a successful charity fund-raising dinner attended by 600 people. The Club also participated in the fund raising project 'Bike Marathon' organized by the Chinese YMCA of Hong Kong to raise funds for the deprived students in Qingyuen in the Northern Guangdong Province, China.

In 2015, Island East Club became International Brother's Club (IBC) with Tao Yuen Y's Men's Club of Taiwan and signed a treaty at Asia Area Conference in Kyoto. IN 2018, Island East Club built their strong inter-club link with Y's Men's Club of Yangcheng, Guangzhou since it was established in 2018.

IPRD Raymond Yeung passed away on Friday, April 16, 2010 in term of IPRD. He was the chartered member of Island East Club since 2000 and had been an active member of the club throughout his years as Y's Man. We remember with gratitude his commitment to promoting Y'sdom in the community. His modesty and kindness will be greatly missed by many fellow Y's Men.

Since the unveiling of the 21st century, the Hong Kong District has made an unprecedented move by expanding its territories to embrace Macau and to reach out for the youths.

The Y's Men's Club of Macau was chartered in 2006. The primary function of the Club was to



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

**"To acknowledge the duty that accompanies every right"**

support YMCA of Macau in pursuing their activities. Apart from this, it supported the Y's Men Movement to enhance their services to the communities. It also cared for the growth of teenagers. For the last 5 years, the Club supported the 'School Campus Reporter' project organized by Macau YMCA inviting teenagers to attend the monthly meetings of the Club. It helped the children to understand the operation of Y's Dom, and to enhance their social network. The Southeast Asia Regional Conference 2007 was hosted by the Hong Kong District on May 25–27, 2007 in Macau. More than 11 participants from overseas, and 50 participants from Hong Kong District joined the event held in Macau Cultural Centre. Success of the conference was largely attributed to Macau Club's assistance in planning and organization.

The emergence of the Y's Youth Club of Island South and Y's Youth Club of Kowloon respectively in 2007 and 2010 have sown the seeds for the District's succession planning. The Youth members were actively participating in the District activities. Club members sponsored a variety of programmes for youth and elderly people of the Community. Regrettably, due to age limitation on the members, the Y's Youth Club of Island South and Y's Youth Club of Kowloon ceased its operations in July 2014.

In 2010, the establishment of the Y's Men's Club of New Territories West brought the 14th Y's Men's Club to Hong Kong District's big family. The Club had actively participated in the District activities. Club members sponsored a variety of programmes for children, youth and elderly people of the Community.

Since 2011, due to vigorous collaborations among the Chinese YMCA of Hong Kong and Guangzhou together with the Y's Men International, Hong Kong District, the Y's Men's Club of Guangzhou was eventually reinstated on March 10, 2012. A new club Yang Cheng was formed in June 2018 by then. We are hopeful that the spirit of Y's Men Movement in China will continue and wishing the Club every success in its future endeavours.

## ***International Convention 2000 in Hong Kong***

The Hong Kong District hosted the 64th International Convention 2000 at the Hong Kong Convention and Exhibition Centre from August 3rd to 6th 2000, concurrent with the Youth Convocation 2000 held at the Wu Kai Sha Youth Village, Shatin. PRD Kenneth Sit of the Y's Men's Club of Hong Kong took up the Chairmanship of the IC2000 Host Committee, whilst Past Club President Rose Yun of the Y's Men's Club of Tsim Sha Tsui took an active role as Chairman of Promotion Committee and the Youth Convocation. It was a successful and memorable event in the history of the Hong Kong District and Y's Men International.

## ***New club born in Hong Kong 2015 & 2021***

In 2015, the Y Service Club of New Tsuen Wan was going to be the 16th Club in Hong Kong District. The sponsoring Club was Y's Men's Club of Victoria. The Charter Night was scheduled to take place on 25th June 2015. On October 19, 2018, Y Service Club of New Tsuen Wan signed the IBC with YMC Kaohsiung– The Port, South District of Taiwan.

2021 was remarkable that Y's Men's Club of New Territories East joined the Family of Hong Kong District. It was chartered on March 27, 2021 at the Panda Hotel in Tsuen Wan. The composition of the club was mainly from business sectors which had total of 25 chartered members.



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

"To acknowledge the duty that accompanies every right"

## *New Cross-border Extension in 2014, 2019 & 2021*

Mongolian Christian Youth Association has established its first Y Service Club of Ulaanbaatar on 21st September 2014. The Club was jointly sponsored by the Y's Men's Club of Tsim Sha Tsui and Tokyo Musashino Tama. Y Service Club of Ulaanbaatar was temporarily placed under the administration of Hong Kong District. However, due to no membership reported since August 2019, the club was closed down in June, 2020.

In 2019, Y's Men's Club of Island East fully sponsored Y Service Club of Lumbini which was chartered on October 12 in Nepal with total of 15 chartered members. Y Service Club of Lumbini is also under the Hong Kong District. This club signed a brother club since Y's Men's Club of Kitakyushu, Japan via Vitaval on May 29, 2021 and established three youth clubs: Y's Youth Club of Lumbini; Y's Youth Club of Kawasoti and Y's Youth Club of Samata school with total of 73 youth members on the same day.

On June 5, 2021, clubs in Hong Kong support the cross-border extension in Myanmar. Y's Men's Club of Island East, Tsim Sha Tsui and North West sponsored the establishment of Y's Men's Club of Tawwin Myanmar while Y Service club of Lumbini and Y's Men's Club of Island East sponsored Y's Men's Club of Myitkyina. Both Tawwin Myanmar and Myitkyina were under SMIT District.

In 2022, two new clubs were initiated by DG Deepak Bhandari in Nepal. They are namely Y Service Club of Pokhara and Y Service Club of Rampur Palpa respectively with great support from sponsor clubs in Southeast Asia Region. Pokhara club was chartered on April 29, 2022 sponsored by Y Service Club of Lumbini, Y's Men's Club of North West, New Territories and New Territories East while Rampur Palpa was chartered on April 30, 2022 sponsored by Y's Men's Club of Bangkok & Chiangmai, Y Service Club of New Tsuen Club and Y's Men's Club of Island East. Both new clubs are under the administration of Hong Kong District.

## *Y's Men Pride*

Our Y's Man Chou Wing-ping, a chartered member and Past Club President of Victoria Club, District Governor (1984–86), Regional Director (1988–90), Area President (1998–1999) and International Council Member (1997–2000) received the most Honorable Harry M. Ballantyne Award. This award recognized his dedication to the Y's Men movement over 50 years. The award presentation was held in the 72nd International Convention in Taipei, Taiwan in 2017. In 2018, Chou Wing-ping was awarded the plaque of 58 years membership in the International Convention held in Yesou, Korea. He is the only Y's Man who could personally attend the convention and receive the award from Past International President Moon Sang-bong.





## Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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### *Endowment Fund Honours*

Endowment Fund contribution, nominated by the District, is to recognize distinguished service of nominated Y's Men. This honour was conferred in 1996 to PRD Andy Fu (PCP of Tsim Sha Tsui Club), in 1999 to PDHT Fred Cheng (PCP of Island South Club) and in 2006 to PAP C L Kung (PP of Hong Kong Club) and PCP Eleanor Kung (PCP of Bauhinia Club).

List of donors for Endowment Fund which was contributed by Hong Kong Y's Men & Y's Ladies in the past:

PWAF Paul William Alexander Fellows Justin Chan 2018, Alexander Chan 2018, Chan Wai Ming 2018 Honor Roll Member Lam Chik-Suen 1993, Tony S.N Chan 1994, Charles C.C Chu 1994, Kung Chai Lung, 1994, Lam Wong Man Hing 1994, Lawrence Ma 1994, George Shak 1994, Patrick Tam 1994, Wong Bing Lai 1994, S. Y. Lam 1995, Alexander Chan 1996, Andy Fu 1996, Fred Cheng 1997, Chow Wing Ping 2020, Christine Sit 2003, Kenneth Sit 2003, Robert W. Tong 2003, C. L. Kung 2007, Eleanor Kung 2007.

In 2021-2022, Y's Men's Club of Tsim Sha Tsui and Hong Kong District donated USD 2500 in □ each to Y's Men's International Centenary fund and became an Honorary Member.

### *Hong Kong District Signature Project*

The history of Hong Kong District cannot be complete without mentioning the annual 'Chinese Speech Contests' sponsored by the Hong Kong District. This is one of the contests organized by Hong Kong Youth Cultural & Arts Competitions Committee sponsored by Home Affairs Department of the Hong Kong SAR Government in collaboration with community organizations. The annual 'Chinese Speech Contests' was originally sponsored by Y's Men's Club of Victoria in 1975. The sponsorship was taken over by Hong Kong District in the 90s. The Speech Contest and the preceding workshop help youth to develop public speaking skills. Our active involvement in this event over the past 37 years helped to raise the visibility of the Y's Men movement in the community.

### *15+ Caring Organization Award*

From 2006 in light of the continuous and distinguished contributions to social activities, the Hong Kong District was awarded the honour of the "15+ Caring Organisation" by the Hong Kong Council of Social Services.

Launched by The Hong Kong Council of Social Service (HKCSS) in 2002, the Caring Company Scheme (the Scheme) aims to foster strategic partnerships between the business and social service sectors to promote good corporate citizenship and create a more inclusive society. The scheme also helps corporations and social service organisations to know and understand each other at a deeper level. This will create more room for working together to develop cross-sector community projects focusing on the needs of the community.

(Compiled, written and updated by: George W. Keitel, Past International President & Historian (1971), Tony de Silva, District Service Director (1997), David Wong, District Governor (2001-2002), Elsie Li Woo, District Governor (2003-04), Ngan Chiu Yee Alan, Deputy District Governor (2011-12), James Kong, District Governor (2013-15), Tony Chan, District Governor (2017-18) and Joan Wong, Regional Director (2020-2022) respectively )



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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## Y's Men International • Hong Kong District Governors

	ARTHUR WE WOO	胡惠德	1994-1995	ANDY FU <sup>*1994</sup>	傅劍非
	F.I. TSEUNG	蔣法賢	1996-1998	ALEXANDER CHAN <sup>*1997</sup>	陳遠華
	C.P. WONG	黃焯奄	1998-1999	KENNETH SIT <sup>*1998</sup>	蘇海華
	HO SHIUQUE	何紹基	1999-2000	ALEX FU	傅元章
1959-1961	LAM CHIK SUEN	林植宜	2000-2001	CARY FUNG	馮嘉材
1961-1963	S.Y. LAM	林瑞源	2001-2002	DAVID WONG	黃達琪
1963-1965	LOREN E. NOREN	藍仁	2002-2003	CHARLES CHU	朱嘉楨
1967-1968	CHEN KANG	陳綱	2003-2004	ELSIE LI WOO <sup>*2004</sup>	李旋華
1968-1970	CHOW WING LAU	周永留	2004-2005	JACKSON LEUNG <sup>*2005</sup>	梁景福
1970-1972	C.L KUNG	龔甲龍	2005-2006	JAMES LEUNG <sup>*2006</sup>	梁甘霖
1972-1974	DAVID LING	林克剛	2006-2007	RAYMOND YEUNG	楊鏡生
1974-1976	IU HON LEUNG	姚漢樑	2007-2008	DICKY LAW	羅定明
1976-1978	LI KWAN HUNG	李均洪	2008-2010	CLAUDIUS CHAN <sup>*2009</sup>	陳建源
1978-1980	WONG BING LAI	黃炳禮	2010-2012	FREDERICK NG <sup>*2010</sup>	吳漢澄
1980-1982	SHUM YEUNG FAI	岑養輝	2012-2013	ABRAHAM POON	潘樹仁
1982-1984	CHAN KOON SHING	陳冠成	2013-2015	JAMES KONG <sup>*2015</sup>	江子榮
1984-1986	CHOU WING PING	仇永平	2015-2016	JORENCE TSANG <sup>*2016</sup>	曾燕君
1986-1988	TONG CHAN <sup>*1988</sup>	陳紹南	2016-2017	JUSTIN CHAN	陳秀麟
1988-1990	ANDREW YANG	楊梵城	2017-2018	TONY CHAN <sup>*2018</sup>	陳得偉
1990-1991	BENJAMIN LAM	林昭	2018-2019	MAC CHAN	陳浩庭
1991-1993	PATRICK TAM	譚顯忠	2019-2021	JOAN WONG <sup>*2021</sup>	黃茵茵
1993-1994	KAREN CHAN	陳舜凝	2021-2022	DEEPAK BHANDARI <sup>*2022</sup>	尼德栢
			2022-2023	PINKY SEUNG	商月芬
			2023-2024	SELINA CHAN	陳綺雯

\*Year means Elmer Crowe Award Recipient in that year



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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## 國際聯青社香港地區就職禮誓詞

當您（女士/先生）加入國際聯青社運動時，您做出了一個承諾：成為理想主義者，忠於基督教青年會，具有世界觀，承認伴隨著每一項權利的責任和積極主動；你加入了一個國際大家庭，關心人的尊嚴、對他人的愛和同情，而不考慮他們的種族、膚色或信仰。您還承諾會追隨我們標誌中的金色星星，它為 Y's Men's Club 這個名字散發出光芒。多年來，這顆金星一直在 Y's Men's Club 生活中領導力、奉獻精神、奉獻精神和靈感的象徵。這顆金星帶領喬治·威廉姆斯創立了基督教青年會，帶領保羅·威廉·亞歷山大創立了 Y's Men's Clubs。它引導你加入你的 Y's Men's Club，因為你意識到聯青運動的無私服務的高貴。當你變得活躍時，每個人都成為領導者，因為你擁有最重要的領導品質：理想主義、興趣、主動性和勤奮。

現在你正在開啟一種新的體驗，一種很少有人能實現的體驗，一種將挑戰你作為一名敬業領導者的能力，一種將證明你對 Y's Men 的承諾以及對 Y's Men 成立時的理想和宗旨的承諾。

您承諾無私奉獻，以成員給予您的信任來領導這個組織，這確實是一項重大責任，是你們每個人都已接受並承諾盡最大努力履行的責任。

您（女士/先生）是否接受擔任香港地區職員的職責，並承諾在您的任期內致力於 Y's Dom 的生活？如果是，請舉起你的右手並作出肯定的回答。

我現在宣佈你們正式就任國際聯青社香港地區區職員，並祝願上帝保佑每一位，因為你們在來年領導各社的社友。

### The Inaugural Charge – District Council Officers

When you (Lady/Gentleman) joined the Y's Men's movement you took a pledge: To be an idealist, to be loyal to the YMCA (Young Men's Christian Association), to be world-minded, to acknowledge the duty that accompanies every right and to be enthusiastically active. You joined an international family of concerned people; concerned for human dignity, love and compassion for others without regard of their race, colour, or creed. You also pledged to follow the golden star in our emblem, that sheds rays of light on to the name Y's Men's Club. This golden star has for many years been a symbol of leadership, dedication, devotion and inspiration in your club life. This golden star led George Williams to found the YMCA, it led Paul William Alexander to found the Y's Men's Clubs. It led you to join your Y's Men's Club because of your realization of the nobility of unselfish service of the Y's Men's movement. As you became active, each became a leader because you possessed those for most important qualities of leadership; idealism, interest, initiative and industry.

Now you are embarking on a new experience, one which few achieve, one which will challenge your abilities as a dedicated leader, one which will testify to your commitment to Y's Men and to the ideals and purposes for which it was founded.

Your pledge to give of yourself unselfishly, to lead this organization with the trust given you by your members is truly a great responsibility, a responsibility that each of you has accepted and pledge to fulfill to the utmost of your ability.

Do you (Lady/Gentleman) accept the responsibilities of being the District Council Officers and pledge a life committed to Y's Dom during your term of office? If so raise your right hand and respond in the affirmative.

I now pronounce you duly inducted officers of this District Council of Y's Men International Hong Kong District and wish God's blessing on each one as you lead our people in the year ahead.



# Y'S MEN INTERNATIONAL

ASIA PACIFIC AREA • SOUTHEAST ASIA REGION • HONG KONG DISTRICT

SERVICE CLUB IN PARTNERSHIP WITH THE YMCA

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## 國際聯青社香港地區新社友入社儀式及誓詞

### The Induction Charter of Y's Men International Hong Kong District

閣下現正加入國際聯青社，並謹遵從聯青社之社訓：「行其義毋計其利，享其權須致其功」。

*In joining the Y's Men's Club, you are joining an organization which carries the motto: TO ACKNOWLEDGE THE DUTY THAT ACCOMPANIES EVERY RIGHT*

閣下已出席貴所屬聯青社數次聚會，深信閣下對本社之理想，義務及服務宗旨已有所認識。但是，本人藉此良機，向各位新社友重新闡明作為聯青社社友應注意之事項。

*I presume you are familiar with the basic ideals, obligations and objections of (this/captioned/Y's Men's) Club, since you have already attended several meetings. However, let me stress again that it means something to be a Y's Man.*

- (1) 你們應培養無私之崇高品德及樂於幫助其他社友。

*Firstly, you should have an unselfish character and be willing to serve your fellow Y's Men.*

- (2) 你們應有國際性視覺去推動及關心世界事務，促進國際間互相了解。

*Secondly, you should be world-minded for the promotion of international understanding.*

- (3) 你們應經常惦記著國際聯青社的社訓：「行其義毋計其利，享其權須致其功」。意思是你們應該多盡你們的義務，行善積德；應少著重於跟跟計較權利之享受。

*Thirdly, you should put less emphasis on the enforcement of your rights and pay more attention to the discharge of your duties; remembering always that the Club Motto is to acknowledge the duty that accompanies every right.*

- (4) 你們應全力支持基督教青年會之公益項目及活動。

*Fourthly, you should support the programmes and activities of the YMCA.*

- (5) 你們應積極參與所屬聯青社之活動，定期出席例會，及準時繳交社費。

*Lastly, you should diligently participate in your Club activities by regularly attending its meetings and promptly paying your dues.*

如閣下同意上述各要點，並按照這些理想，義務及服務宗旨而加入本社，現在請舉起你們的右手並回答以：「誠如我願」。閣下既已公開宣示願意加入本社，本人謹授權閣下佩戴本社「社友」徽章。（扣上社章）

*If this is the basis upon which you seek membership, will you so signify by answering "I do". Having made this public avowal, you are now entitled to wear the emblem of the Y's Men (pin on the pin).*

請各位注意社徽，首先見到一個紅色三角形，三角形是基督教青年會歷年來用以代表「德、智、體」三位一體的象徵，三角形上寫上“INTERNATIONAL”表示聯青社是國際性組織，聯青社社友遍佈世界各地。而三角形內之星放射出聯青社之光芒，此星是象徵伯利恆之星，在二千年以前，引領東方三博士到聖嬰出生之地，找到普世的救贖，此星在社徽裡代表聯青社之理想，但願聯青社之光輝，帶領聯青社社友到達一個崇高而無私的境界，對服務工作更充份了解及認識。

*(An extract from Tsim Sha Tsui Club)*

### 社徽介紹

#### Y's Men's Emblem



I direct your attention to this emblem. It consists first of a red triangle, the symbol long employed by the YMCA to denote its threefold programme of SPIRIT, MIND & BODY. In the upper border of the triangle appear the word 'INTERNATIONAL', indicative of the scope of our brotherhood and the breadth of our purpose. Within the triangle, you see a star shedding rays of light on the name, "Y". This star symbolizes the star of Bethlehem, which twenty centuries ago guided the three Wise Men of the East to the Christ Child. May the star in this emblem also serve as a constant guide to Y's Men today, leading them to a fuller understanding and realization of the nobility of unselfish service.



INTERNATIONAL

# 聯青社的驕傲 香港地區

2023 - 2024

since  
1972



# Y'S MEN INTERNATIONAL

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## Long Service Award 長期服務社友 50 年



Benjamin LAM  
林昭  
Hong Kong Club

Y's Man Benjamin LAM (PCP, PDG) joined the Y's Men's Club of Hong Kong in 1973 as the 2nd generation Y's Man of PIVP C.S. LAM. He served the Club with various positions and has been the advisor of the Club since 2012.

## Long Service Award 長期服務社友 40 年



Charles CHU  
朱嘉楨  
Hong Kong Club

## Long Service Award 長期服務社友 30 年



Claudius CHAN  
陳建源  
Island South



Charles SIT  
薛焯華  
Hong Kong



Wister CHAN  
陳子瑛  
New Territories

## Long Service Award 長期服務社友 20 年



TOONG Shui Tze Wilma  
董穗子  
Bauhinia



Danny YAO  
姚興國  
Hong Kong



Norman NG  
吳世杰  
Hong Kong



Cinder YEUNG Kin Tong  
楊建塘  
Kwloon Club



Eric LI  
李家祥  
Hong Kong

## Long Service Award 長期服務社友 10 年



LAU Pak Ling  
劉伯陵  
Hong Kong



Joanne CHAN Lai Yee  
陳麗儀  
Kwloon Club



Candela YUEN  
阮佩嫻  
Island South



Aming CHAN  
陳偉明  
New Territories



Joan WONG  
黃茵茵  
Island East



香港中華基督教青年會

大學及學院青年會部



香港中華基督教青年會  
大學及學院青年會

20周年

大學及學院青年會為香港中華基督教青年會轄下組織，致力透過舉辦本地及海外非形式教育活動及社會服務，促進青年人個人成長，培育青年人成為具備適應力、解難能力及創新思維的社會棟樑。香港首間大學青年會於2003年在香港浸會大學成立，經過多年發展，至今全港共有八間大學青年會及一間學院青年會，會友人數逾7,000人，累計服務人次近70萬。



大學青年會 (香港浸會大學)	大學青年會 (香港中文大學崇基學院)	大學青年會 (香港科技大學) 學院青年會 (青年會專業書院)	大學青年會 (香港中文大學) 大學青年會 (嶺南大學)	大學青年會 (香港理工大學)	大學青年會 (香港大學)
2003	2007	2010	2011		2013



## 20周年誌慶活動預告



### Inspire2gether 國際青年會議

是次會議旨在透過多元化活動啟發當代青年，共同探討疫後社會需要，為社會帶來新點子，合力推動「YMCA 2030」社區健康 (Community Wellbeing) 願景。會議期間更將舉辦文化嘉年華會，讓來自世界各地的青年介紹當地的傳統文化、社區需要和疫後應對服務。

對象：16-29 歲本地及海外青年人  
日期：2023年7月21日至24日  
地點：烏溪沙青年新村、香港中文大學  
內容：專題演講、社區探索、專題討論、文化嘉年華會及本地導賞等。

### 「義·拾+」社會服務計劃

適逢大學及學院青年會20周年誌慶，為進一步連繫一眾學生幹事、會友及校友，以至社會各屆熱心人士，鼓勵眾人積極參與社會服務以回饋社會，本年度特意舉辦「義·拾+」社會服務計劃，由學生幹事及校友於2023年6月至2024年2月期間，策劃超過20項以「社區共融」、「身心健康」、「環境保育」和「潛能發展」為主題之本地及海外服務，推動更多人參與義務工作，共同實踐青年會「非以役人，乃役於人」的服務精神。



INSPIRE  
2GETHER

INTERNATIONAL YOUTH CONFERENCE 2023  
COMMUNITY WELLBEING IN  
POST-PANDEMIC ERA  
21-24  
JULY 2023  
HONG KONG



了解更多  
計劃詳情





大學及學院青年會20周年

# 「義·拾+」網上籌款

支持超過20項  
由青年人策動之社會服務

University & College YMCA  
20<sup>th</sup> Anniversary  
Online Fundraising Campaign

目標籌款數字  
港幣20萬

立即捐款

活動期：由即日起至2024年2月

為籌募「義·拾+」社會服務計劃各項活動之經費，本部期望透過網上籌款獲得社會各屆人士及各大企業的支持，所得之善款不但能惠及本地之服務受眾，更能支持本部Playground Builder的海外項目，助本部事工及服務精神傳播至海外。受惠對象／服務範圍包括：

本地：	兒童、長者、殘疾人士、少數族裔人士、環境保育、青年領袖培訓。
海外：	於發展中國家興建遊樂場，促進兒童身心發展及倡議兒童權益。

捐款網站



金旗貼紙



環保袋



### 網上籌款紀念品

為答謝捐款者的支持，凡捐款滿指定金額可獲不同紀念品，包括由本地著名插畫家 © Bulbble Inc. 暨大學青年會（浸大）前學生幹事所設計之金旗貼紙及環保袋。



旅行收納袋



「暖笠笠」保溫杯套裝

港幣\$20元或以上

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\*捐款港幣 \$100 或以上可獲捐款收據作稅項扣減之用。



### 20周年慈善問答大賽

凡捐款港幣\$120元或以上並回答簡單問題，即可競逐價值高達近港幣\$4,000元之精美禮品！



Dyson Super Sonic 風筒  
(價值\$3,680) (名額1個)



任天堂 Switch  
(價值\$2,090) (名額1個)



城景國際或海峽國際自助餐券2張 (名額4個) / 超市 \$1,000 禮券 (名額2個)



請慷慨解囊，多謝支持！



2022-2023 重點活動回顧

創新聯校社會服務 展現青年力量和愛心

「勁融易·Chill溫馨」聯校社區定向挑戰 X 共融嘉年華會

由九所大學青年會及學院青年會學生幹事所組成的大學及學院青年會協會於2022年11月成功舉辦「勁融易·Chill溫馨」聯校社區定向挑戰 X 共融嘉年華會，吸引逾100名來自八間大專院校會友參與，服務超過80名金齡人士、視障人士及少數族裔青少年。活動當日參加者分組前往全港各區富特色的地點進行定向挑戰，再於香港中文大學參加「共融嘉年華會」各項體驗活動及工作坊，包括由少數族裔婦女教授的Henna手繪工作坊、由長者義工教授的花藝、Walking Football健步足球體驗及由視障人士教授的點字書籤工作坊等，讓不同社群聚首一堂發揮所長，學會彼此欣賞。各人在活動過程中互相合作，一起推動社區共融。



WATCH NOW



Childrén Mon GO

聯校運動挑戰日

時下電子科技盛行，不論男女老幼，日常生活機不離身。加上過去三年在新型冠狀病毒陰霾下，學生們大部份時間均未能如常回校參與課堂和課外活動，各種防疫措施及社交距離限制亦讓學生失去戶外運動機會，影響身心健康，甚至容易產生社交恐懼。有見及此，大學及學院青年會協會於2022年6月舉辦「Childrén Mon Go」聯校運動挑戰日，由近100名大專會友與近60名來自低收入家庭的高小學生組隊參與各項團隊遊戲及新興運動（如地壺、全方位攏球），鍛鍊其身體機能和培養運動習慣，並提升他們的社交技巧。活動後大專生會友更藉參與由 GOFA Fitness 贊助之 14 日有獎運動挑戰計劃，進一步強身健體。

WATCH NOW





時尚「齡」距離——聯校金齡人士服務計劃

長者與青年人共同設計時尚服飾，任務看似艱巨，然而11名大專會友及15名長者會友卻是樂在其中！是次計劃於2022年10月啟動，參加者先學習紮染、絲綢印刷及植物拓印三種潮流藝術設計技術，隨後分組構思設計時裝主題和特色。最後，各組於2023年1月假本會寶石湖長者鄰舍中心舉行的時裝展覽及成果分享會上向社區人士展現三個月來共同努力的成果，讓長者發揮長處，達致「老有所為」及實踐「跨代共融」。



▲ 大專生與學童表演「轉碟」

▼ 大專生與老友記於成果展示日換上親自製作的潮流服飾及配件



2023年1月，19名大專會友參與義工訓練，了解特殊學習需要（SEN）學童的需要和學習與他們的相處技巧，其後與10名學童一起於石湖墟公立學校進行雜耍體驗課程，由專業導師教授基本雜耍知識及不同的雜耍動作，藉以透過雜耍提升學童的專注力和發掘他們的新興趣。

成果展示及新興活動體驗日在2月於烏溪沙青年新村舉行，大專生會友及學童一同向家長們展示他們過往一個月來的學習成果，藉以提升學童的自信心和表現能力。同日亦安排新興運動體驗及手工藝製作活動，讓學童與家長共享天倫，促進親子關係。



留一天與「祿」喘息

「留一天與『祿』喘息」福音露營於2022年12月舉行，近40名會友遠離都市煩囂，放下手提電話，於大自然放鬆身心及認識信仰。透過野外定向、營火會、詩歌合唱、見證分享及信任遊戲讓參加者感受耶穌基督的恩典，共同迎接聖誕節。參加者其後於佐敦和石硤尾區內進行營後服務日，向逾30名兒童分享見證故事、進行團體遊戲、共同製作環保樂器來合奏詩歌及訂立新一年的目標。



聯校  
信行合一活動



「三二一·你敢不『感』」聯校宿營營會於2023年1月於烏溪沙青年新村舉行。活動以「感恩」為主題，透過營內各項自我挑戰、模擬人生遊戲及嘉賓見證分享等環節讓近40名會友反思生命及信仰，讓參加者明白到縱然生命中或會經歷大大小小的困難，但仍可以積極態度面對，學會感恩所擁有的。營會後，參加者分為兩組進行社區服務，透過團隊遊戲和手工製作等，向40名南亞裔兒童及本地基層兒童傳遞學習感恩的訊息，身體力行實踐信仰。



「童」你要雜技——聯校SEN學童服務計劃

三二一·你敢不「感」



## 探索身心靈 培育青年建立正面態度

### 「Dear Emotion 假使情緒不像你預期」聯校精神健康服務日

由大學及學院青年會協會主辦的「Dear Emotion 假使情緒不像你預期」聯校精神健康服務日於2023年4月舉行，近90名會友於活動當日上午參與由九間大學青年會及學院青年會協辦的義工活動及手作坊，主題包括：真人圖書館、瑜珈體驗、校園遊蹤、酒精墨水畫創作等，服務對象及分享嘉賓包括精神復元人士、長者及中學生；而下午於香港浸會大學舉行的「擁抱情緒」嘉年華會，則讓參加者以虛擬實景（VR）體驗、密室逃脫等創新方式加深對情緒困擾人士或精神病人的理解，活動最後由資深社工吳國雄博士向參加者分享「躺平文化與精神健康的關係」作結。



### 「身心·齊Chill Fun」聯校工作坊及體驗活動



「韃so fun!」單車生態導賞遊



「密密相縫」皮革錢包工作坊



Take a "Music Break"! 療癒心靈之旅



拇指琴

## 關注夕陽店舖 記錄社區故事及人情味

聯校「『樓』下來的舖—樓梯舖社區探索計劃」一眾來自不同院校的籌委成員於2022年10月至11月期間踏遍九龍城、土瓜灣、深水埗和石硤尾尋找不同樓梯舖，記錄店舖的故事，以籌辦「樓梯舖一日城市遊踪」及製作網上社區地圖及明信片，讓更多青年人了解本地文化、感受社區中的鄰里情懷。「城市遊踪」的參加者不但有機會與樓梯舖老闆對話，更能深入樓梯舖，感受「麻雀雖小 五臟俱全」的空間，向店主們嘗試學習配匙及車衣等傳統手工藝。



閱覽電子版樓梯舖地圖及樓梯舖故事





## 疫後再出發 於發展中國家建造兒童遊樂場



### Playground Builder 聯校義工服務計劃

期待已久的海外服務團在2023年暑假重啟！由一眾聯校義工Playground Builders打響頭炮，一行18名大專會友於2023年6月11日至18日到訪菲律賓聖巴勃羅青年會，與當地青年義工一同修葺及打造色彩繽紛的兒童遊樂場，同時到訪當地小學教授學生製作簡單有趣的小玩具，從而推廣兒童玩樂權利，及向當地兒童送上關愛。

自2016年起，本部已帶領逾120名大專及高中會友到菲律賓、柬埔寨、蒙古及泰國興建共6個具治療效果的遊樂場，履行世界公民責任，並於當地進行兒童服務及文化交流，促進當地兒童全人發展。



計劃詳情 捐款支持



## 匯聚聯校校友力量 發揮所長服務社群

### 「Salon Hair 晴」義剪服務

為關顧區內弱勢社群，本部與青年會旗下社會企業「YM Hair」合作，讓8名校友於2023年8月下旬向專業髮型師學習基本剪髮技巧，隨後於9月到訪旺角宣道堂為近30名基層長者及兒童進行義剪。活動除了讓校友學習新技能外，更提供平台讓參加者活學活用，回饋社會。



### 「『相』·識無限耆」長者服務

是次服務由第三屆YMCA Alumni校友核心小組成員策劃，於2023年2月帶領13名校友參與手機攝影工作坊，學習基本手機拍攝技巧及立體相片（Fotomo）拍攝之取景方法，其後於中環大館與長者會友分組進行參觀及拍攝活動，最後合力製作立體相片及相簿，讓兩代參加者留下美好回憶。



聯絡我們



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香港基督教青年會  
YMCA OF HONG KONG

香港基督教青年會專上學生聯會 Central Club Campus YMCA of Hong Kong

### 夜間生態遊

港青專上學生聯會於9月9日舉辦「夜間生態遊」，由專業生態導遊帶領參加者於晚上探索大埔滘自然護理區。活動中的11位參加者有機會接觸夜行生物如螢火蟲、香港湍蛙等，生態導遊亦仔細介紹了各種動植物的資料，令參加者對香港的夜間生態有更深入的了解，加強對自然保育的意識。



### Eco Tour



The Central Club Campus YMCA of Hong Kong held an Eco Tour on September 9. Professional eco-tour guides led the participants to explore Tai Po Kau Nature Reserve at night, allowing participants to learn more about Hong Kong's night-time ecology and enhance their awareness of nature conservation. During the event, the eco-tour guides introduced different animals and plants in detail to the 11 participants, encountering various rarely seen nocturnal creatures, including fireflies and Hong Kong cascade frogs, etc.



香港基督教青年會專上學生聯會 香港中文大學部 Campus Y of CUHK

### 「岸」Call 3小時

基於近年海洋垃圾增加，港青專上學生聯會香港中文大學部舉行了「岸」call 3小時活動與一眾義工清潔海灘上的垃圾。活動除了為服務社會並改善海灘環境外，亦期望令參加者明白海岸保護的急切性，同時了解到香港海灘的生態系統。



### Beach Clean Up

Due to the worsening of marine pollution in recent years, Campus YMCA of CUHK held a volunteer service to clean up the beach. In addition to serving the society and improving the beach environment, it is expected that the event will raise participants' awareness of the urgency of beach protection, while understanding the ecosystem of Hong Kong's beaches.





### 輪家劍將

為了支持香港殘奧日2022，港青專上學生聯會理工大學部於10月29日舉行「輪家劍將」，邀請了香港輪椅劍擊隊隊員鍾婉萍女士分享自身的經歷，讓26位參加者了解殘障運動員所面對的挑戰及困難。當日更設有體驗環節，加深參加者對輪椅劍擊的認識。



### Sportsbility

To support the Hong Kong Paralympic Day 2022, Campus YMCA of Poly U held an event named "Sportsbility" on October 29 with 26 participants. Ms. Chung Yuen Ping from the Hong Kong Wheelchair Fencing Team was invited to share her personal journey, including challenges and how to overcome them as a disabled athlete. A trial session was also arranged for participants to have more understanding on wheelchair fencing.

### 耆望



港青專上學生聯會理工大學部於2月至4月期間為長者提供了一個名為「耆望」的服務。22名參加者於服務中教導長者如何使用智能電話包括打電話、拍照及使用不同應用程式等的功能。活動中，長者除了學懂如何使用智能電話外，亦感受到年輕人的愛與關懷。活動希望透過學懂如何使用智能電話，從而拉近獨居長者與社會之間的距離。



### Agespiration



A long-term service – Agespiration was held from February to April by the Campus Y of Poly U. 22 participants joined as a volunteer to teach the elderly who lives alone to use smartphones' different functions, such as phone calls, taking photos, and apps. The event aimed to provide an opportunity for the youth to communicate with the elderly and spread love and care to the elderly, while connecting the elderly with the society.



# 新人事 新氣象



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# 兒童發展綜合訓練



本訓練是針對兒童的個人發展需要而進行，透過「**言語表達訓練**」、「**認知行為治療法**」及「**密集互動模式**」，再融入「**遊戲治療**」的介入方式，讓小朋友在舒適及輕鬆的氣氛下接受幫助。

我們相信每一位小朋友都是獨一無二的，以最自然的方式與他們溝通相處，可有效地改善成長發展上的不足，循序漸進地幫助他們踏上適齡發展的軌道，建立理想的成長步伐。



鄭sir  
訓練課程發展總監  
兒童發展訓練專家

十年間，我們的訓練專家已為超過1000名小朋友進行成長發展訓練，改善率高達95%，成效超卓，為有發展障礙的小朋友及家庭帶來新希望。

\* 本訓練或會按小朋友的發展需要，有部份時間安排與其他小朋友共同上課。

6618 2868

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www.icshongkong.com



學費: \$2400/月 (該月有四個星期)

\$3000/月 (該月有五個星期)

堂數: 每星期1小時/堂

地點: 荃灣南豐中心11樓1104室



## 心理輔導

- 認知行為治療\*
- 情緒治療
- 創傷及哀傷治療
- 個人成長輔導
- 戀愛及婚前輔導
- 婚姻及家庭治療
- 輔導課程教室



## 專業評估

- 情緒智商
- 學習障礙
- 過度活躍
- 智能發展
- 性格測試

\* **認知行為治療 (CBT)** 是訓練小朋友及成年人改變思維的其中一個有效方法。透過「認知行為治療法」，治療師會將小朋友或成年人的問題行為以「情景、思想、情緒、生理反應、行為」等等元素去分析問題所在之關聯，協助他們改變不合理的負面思想和行為，更能提升正向心理質素。

\* **「密集互動模式」** 訓練法是要改變小朋友非常規化的溝通及行為模式，治療師會透過自然、愉快的相處方式跟他們進行互動和交流，從而提升小朋友的溝通技巧及正向思維模式，使他們學懂使用正確的方法與別人溝通。在治療過程中，一般會以非語言方式來進行，讓小朋友能夠容易明白及理解正確的行為觀念，如：眼神接觸、面部表情、觸摸及聲音等，與小朋友建立信任關係，使他們更容易對別人產生安全感及信任感，以提升他們語言及非語言的溝通能力和社交技能，並建立他們的自信心。(最適合特殊學習需要的小朋友)

鄭SIR

資深情緒治療師  
 家庭及婚姻輔導員  
 T-JTA性格分析執行師  
 兒童情緒行為教育執行師  
 特殊教育(SEN)執行師  
 兒童遊戲治療執行師  
 言語訓練治療執行師

幼兒 · 兒童 · 學生 · 青少年 · 成年人 · 長者

婚前 · 婚後 · 家庭



# Smart Bin

Recyclable waste:

- Food waste
- Plastic bottle
- Aluminum can
- Glass bottle
- Tetra Pak





機票

酒店

自由行  
套票

主題  
行動

個性化  
訂制旅遊

包團

創意旅遊專家千億假期，緊貼時代脈博，創新旅遊科技，注入旅遊新元素，香港獨家加入AI及VR原素，令井崗山故事更精彩；更有令人嘩然的航天夢，高新科技大灣區研學團，觸目的中港時尚老爺奶奶團也等着你參與，鏡頭下的世界，你會來望一眼嗎？



疫情期首創  
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令冰封旅遊業務持續運作，  
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千億假期

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## 時尚化活動場館



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交誼聚會研習



操曲彩排歌唱演練

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文化創意活動推廣

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### Mission

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Valid from 1 March 2023 to 29 February 2024  
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